Medical Student Mentoring Families
Objectives

• Improve peer mentoring and support at UConn SOM
• Longitudinal in nature, spanning all four years of training
• Allow students to benefit from simultaneously playing the role of mentor and mentee in one group setting
• HAVE FUN!

LaChance et al. 2013
Roles

• **M4s: Leader**
  • Coordinates meeting time/place
  • Provides direct guidance to M3s
  • Supports entire family

• **M3s: M2 Guides**
  • Provides direct guidance to M2s regarding classwork/boards
  • Coordinates meetings in M4’s absence

• **M2s: M1 Guides**
  • Primary contact between M1s and M3/4s
  • Direct guidance to M1s regarding new curriculum

• **M1s: REAP THE PLENTIFUL BENEFITS**
Tentative Schedule

- 6 meetings per year
- **Meeting 1:** September
  - Ice Cream Social/Welcome!
- **Meeting 2:** October
  - Anatomy/new Curriculum 1\textsuperscript{st} year check in
  - 2\textsuperscript{nd} year check in 3\textsuperscript{rd} year rotation check in
- **Meeting 3:** December/January
  - 1\textsuperscript{st} year check in, 2\textsuperscript{nd} year boards
- **Meeting 4:** February
  - Setting up M3/M4 schedule
- **Meeting 5:** April
  - 1\textsuperscript{st} year summer plans, 2\textsuperscript{nd} year boards check-in, 3\textsuperscript{rd} year VSAS
- **Meeting 6:** May
  - Transitions

**Every meeting:** Mental health check, self-care check, issues, concerns, trials and triumphs
- Testimony

- Questions?

- TIME TO MEET THE FAMILY

Information adapted from: LaChance A, Weddle A et al. The Medical Student Mentoring Family: Improving peer mentoring through longitudinal mentoring relationships. 2013.