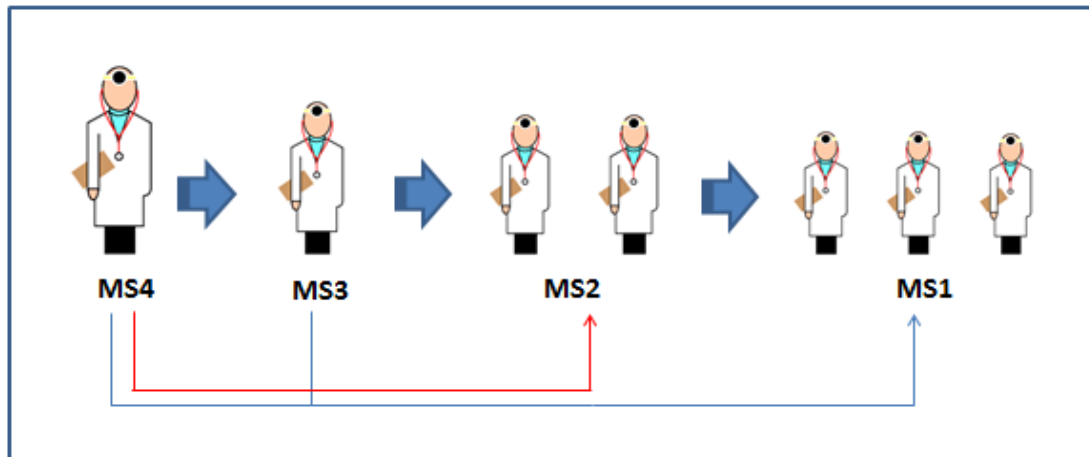


Medical Student Mentoring Families



Objectives

- Improve peer mentoring and support at UConn SOM
- Longitudinal in nature, spanning all four years of training
- Allow students to benefit from simultaneously playing the role of mentor and mentee in one group setting
- **HAVE FUN!**



Roles

- **M4s: Leader**
 - Coordinates meeting time/place
 - Provides direct guidance to M3s
 - Supports entire family
- **M3s: M2 Guides**
 - Provides direct guidance to M2s regarding classwork/boards
 - Coordinates meetings in M4's absence
- **M2s: M1 Guides**
 - Primary contact between M1s and M3/4s
 - Direct guidance to M1s regarding new curriculum
- **M1s: REAP THE PLENTIFUL BENEFITS**

Tentative Schedule

- 6 meetings per year
- **Meeting 1:** September
 - Ice Cream Social/Welcome!
- **Meeting 2:** October
 - Anatomy/new Curriculum 1st year check in
 - 2nd year check in 3rd year rotation check in
- **Meeting 3:** December/January
 - 1st year check in, 2nd year boards
- **Meeting 4:** February
 - Setting up M3/M4 schedule
- **Meeting 5:** April
 - 1st year summer plans, 2nd year boards check-in, 3rd year VSAS
- **Meeting 6:** May
 - Transitions

****Every meeting: Mental health check, self-care check, issues, concerns, trials and triumphs**

- Testimony

- Questions?

- TIME TO MEET THE FAMILY



Information adapted from:

LaChance A, Weddle A et al. The Medical Student Mentoring Family: Improving peer mentoring through longitudinal mentoring relationships. 2013.

