

## Telemed Video and Phone Visit Instructions for Patient Vision Chart

Dear Patient,

Thank you for following these instructions for your Vision Test to be performed the day before the Telemedicine visit. You will find the Patient Vision Chart to download on the website or we will email it to you.

The day before your scheduled appointment, please **print the Patient Vision Chart** that you downloaded from the website. **Use your distance glasses for the 5 ft. chart.** Follow the instructions for the distance chart to stand 5 feet from the chart and have good lighting to get the optimal result. If you have any questions or concerns on how to do the vision test, please call.

The Ophthalmic Technician will call you 15 minutes before your appointment to make sure you are all set.

Thank you,  
Your Ophthalmology Team  
860-679-3540

### What You Need to Test Your Vision at Home

- Something to cover the eye, like a facial tissue.
- Tape or tack to hang the test chart on the wall.
- A pencil or pen to record the results. A yardstick, tape measure, or ruler.
- A flashlight, if available.
- A well-lighted room at least 5 feet long.

### Prepare the Test Area

- Select the chart on the first page for distance vision.
- Measure 5 feet from a wall with no windows and place a chair at this point.
- Tape or pin the chart on the bare wall, level with the eyes of the person you will test
- Sit in the chair, 5 feet from the chart. Make sure the chart is level with his or her eyes.
- Have the person being tested cover one eye. If he or she uses eyeglasses for distance vision, the glasses should be worn during the test.
- Shine the flashlight on each line of the chart, Reads the letters. Continue to the bottom row or until the letters are too difficult for the person to see.
- Write down the number of the smallest line seen correctly (the line with most of the letters correctly identified).
- Now repeat the test with the other eye covered and record the results. Fill in the number of the smallest line red for each eye below.

Home Visual Acuity Screening    **20/\_\_\_**                      **20/\_\_\_**