

CT SBIRT Screening and Brief Intervention Training Agenda

SAMPLE

Time	Description
1:00-1:20	Introductions and Training Goals
1:20-1:45	Batting Practice- Getting to Know SBIRT
1:45-2:15	CT SBIRT: A Public Health Approach
2:15-2:45	Screening with the ASSIST-Tobacco, Alcohol and Other Drug Use
2:45-3:00	Break
3:00-3:30	FRAMES Approach using Motivational Interviewing Skills
3:30- 4:00	Brief Intervention Step by Step
4:00-4:30	SBI Role Play
4:30-4:45	Implementation in the Field: Discussion
4:45-5:00	Game On! Wrap up Discussion

Training Objectives

Participants will be able to:

1. Describe the public health principles that support the concept of SBIRT.
2. Define the principles and strategies of Motivational Interviewing interventions.
3. Develop capacity for delivering brief intervention using Motivational Interviewing skills.
4. Describe a plan to implement a screening and brief intervention program.