## 13-year-old male with 2-month history of progressive shortness of breath

Hanako Agresta, MS3 Racquel Helsing, MD



### PA Chest Radiograph





RADIOLOGY

### Ultrasound Right Pleural Space



RADIOLOGY













RADIOLOGY

































# Anterior Mediastinal Mature Teratoma



#### PA Chest Radiograph



Leftward tracheal deviation

Leftward mediastinal shift

Near complete opacification of the right hemithorax with some apical aeration



#### **Ultrasound Right Pleural Space**



RADIOLOGY







Complex right pleural effusion with septations

Left mediastinal shift





Leftward tracheal deviation

Cystic components

Large heterogeneous mass

Right pleural effusion





Heterogeneous anterior mediastinal mass crossing midline

> HEALTH RADIOLOGY





Aerated right apex

Leftward deviation of the heart and mediastinal structures

Heterogeneous mediastinal mass with calcifications





# Mature Mediastinal Teratoma

Epidemiology

- Constitute 8-13% of anterior mediastinal masses
- 1-10% of germ cell tumors are in the mediastinum
- Risk factor: Klinefelter syndrome

Pathology

• Formed from well-differentiated tissues derived from greater than one of three embryonic germ cell layers (ectoderm, mesoderm, endoderm)

**Clinical Presentation** 

- Usually slow growing, often found incidentally on imaging
- When symptomatic symptoms include chest pain, cough, dyspnea, bronchial obstruction, superior vena cava syndrome, and Horner syndrome secondary to compression/obstruction of surrounding organs
- If tumor erodes into bronchus, patients may present with expectoration of hair (trychoptysis) or sebaceous material



# Mature Mediastinal Teratoma

#### Diagnosis

#### Imaging

- Chest CT or MRI show evidence of heterogeneous anterior mediastinal mass with soft-tissue, fluid, fat, and/or calcium attenuation
- Diagnosis confirmed with biopsy during surgical excision
- Differential
  - Thymolipoma, thymic tumor, cyst, lymphoma, choriocarcinoma, seminoma, yolk sac tumor, endodermal sinus tumor, mixed germ cell tumor, neuroendocrine tumor

#### Treatment

- Surgical excision is nearly always curative
- Generally unresponsive to chemotherapy or radiation therapy



### References

Anushree, C. N., & Shanti, V. (2015). Mature mediastinal teratoma. *Journal of Clinical and Diagnostic Research: JCDR*, *9*(6), ED05.

Feldman D. Extragonadal germ cell tumors involving the mediastinum and retroperitoneum. In: UpToDate, Connor RF (Ed), Wolters Kluwer. (Accessed on April 28, 2024.)

Juanpere, S., Cañete, N., Ortuño, P., Martínez, S., Sanchez, G., & Bernado, L. (2013). A diagnostic approach to the mediastinal masses. *Insights into imaging*, *4*, 29-52.

Moeller, K. H., Rosado-de-Christenson, M. L., & Templeton, P. A. (1997). Mediastinal mature teratoma: imaging features. *AJR. American journal of roentgenology*, *169*(4), 985-990.

