## Skeletally immature patient with left hand pain after a fall

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## Idiopathic short 4<sup>th</sup> and 5<sup>th</sup> metacarpals



Positive metacarpal sign: yellow line tangent to the heads of the 4<sup>th</sup> and 5<sup>th</sup> metacarpals intercepts the third metacarpal







Oblique view demonstrates shortened 4<sup>th</sup> and 5<sup>th</sup> metacarpals with no evidence of fracture.



## Short 4<sup>th</sup> and 5<sup>th</sup> metacarpals

- Radiographic imaging features:
  - Line drawn across heads of 4<sup>th</sup> and 5<sup>th</sup> metacarpals, should not intersect the 3<sup>rd</sup>metacarpal. If it does, this indicates that the 4<sup>th</sup> metacarpal is shortened.
  - Metacarpal sign may be positive in up to 10% of normal individuals
- 4<sup>th</sup> and 5<sup>th</sup> metacarpals can be shortened in many conditions.
- Idiopathic is most common
- Differential includes infection, trauma (premature growth plate closure), pseudohypoparathyroidism, Turner Syndrome, and Albert's hereditary osteodystrophy



## References

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