# 59 year old female, with dysphagia to solids and liquids, x3 months

Allan Zhang DO



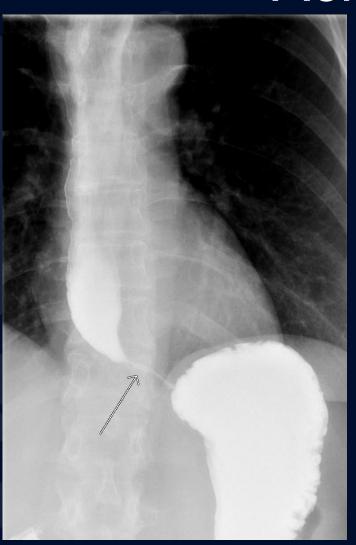












- Single contrast UGI
- Uniform dilatation of the esophagus to the level of the gastroesophageal junction, where a smooth fixed narrowing is present.
- Results in stasis of ingested contrast material



- Form of esophageal dysmotility characterized by loss of distal esophageal peristalsis and failure of lower esophageal sphincter relaxation <sup>1</sup>
- Symptoms include dysphagia to both liquids and solids, difficulty belching, weight loss.



- Usually idiopathic, failure of DES to relax
- Pseudoachalsia > pathologic causes of esophageal dismotility i.e. maliganancy, amyloid, scleroderma, etc
- Treated by:
  - Nitrates, CCB→relaxation of DES
  - Pneumatic dilatation
  - Surgical myotomy

