31 year old female with hx of IVDA presents with left hip pain, fever.

Ryan Joyce, MD





T2 Fat sat





T2 Fat sat





T2 Fat sat









T1 Fat sat post-contrast





T1 Fat sat post-contrast



RADIOLOGY









Subchondral marrow T2 hyperintensity

T2 Fat sat coronal oblique







T2 Fat sat axial



Subchondral marrow T2 hyperintensity



T2 Fat sat coronal oblique

Intra-articular fluid signal



Subchondral marrow T2 hyperintensity





Subchondral marrow enhancement



T1 Fat sat post-contrast

Intra-articular enhancement



RADIOLOGY



T1 Fat sat post-contrast



RADIOLOGY

Septic arthritis

- Can occur in any joint.
- Most common in adults = knee. Children = hip.
- Sacroiliac joint and sternoclavicular joint at particular risk in diabetics, HIV/AIDS patients, and IV drug abusers.
- Increased risk also in chronically ill patients on steroids, rheumatoid arthritis, ESRD, joint surgery, prosthesis.



Septic arthritis on radiograph and/or CT

- Insensitive early on, often normal. 1st sign will be a joint effusion.
- Progresses to periarticular osteoporosis, cartilage destruction with joint space narrowing, cortical erosion.
- When chronic, sclerosis develops.



Septic arthritis on MRI

- Abnormal within 24 hours of onset.
- Extremely sensitive and rather specific.
- Low T1 signal within subchondral bone on both sides of joint.
- Fluid-sensitive sequences demonstrate hyperintense effusion, hyperintense subchondral bone, and perisynovial soft tissue enhancement.
- Post-contrast T1 fat-saturated imaging demonstrates synovial thickening surrounding effusion, subchondral bone enhancement, and sometimes adjacent soft tissue abscess and/or infectious myositis.
- Unilaterality should raise suspicion for infectious etiology.



Septic arthritis on US

- Highly sensitive for joint fluid if joint can be seen with probe.
- Method of choice for hip effusion in children, can also be used to guide aspiration.



Septic arthritis – additional considerations

- Clinical emergency; failure to diagnose and treat results in rapid joint damage and ultimately destruction.
- Immediate aspiration for definitive diagnosis. Fluoroscopy or US for guidance.
- Method of choice for hip effusion in children, can also be used to guide aspiration.
- Treatment: antibiotics and drainage. Surgery/arthroplasty in select cases. Infected prosthesis and cement must be removed.
- 60% recover completely; remainder have permanent joint damage to joint.



References

1. www.statdx.com

 Lin HM et al: Emergency joint aspiration: a guide for radiologists on call. Radiographics. 29(4):1139-58, 2009
Ranson M: Imaging of pediatric musculoskeletal infection. Semin Musculoskelet Radiol. 13(3):277-99, 2009



References

EDUCATION EXHIBIT



Emergency Joint Aspiration: A Guide for Radiologists on Call¹

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CME FEATURE

