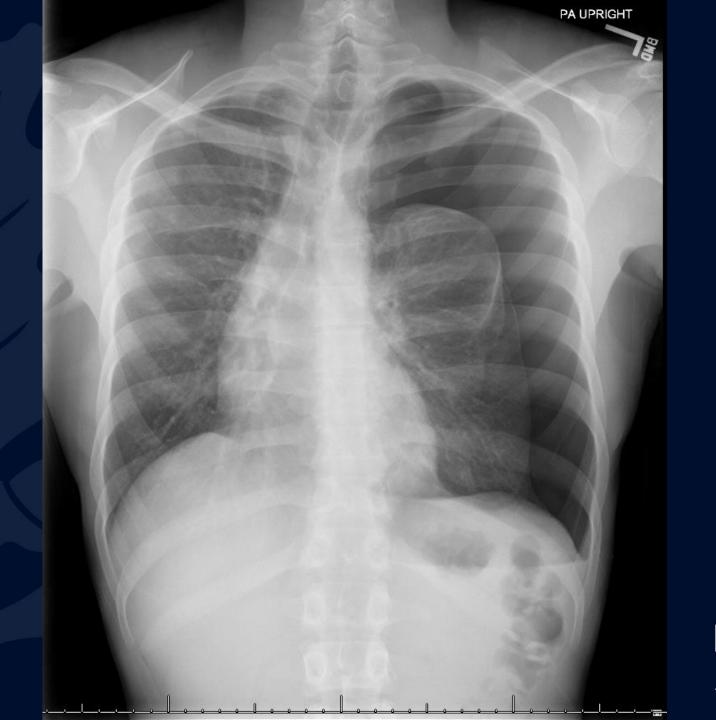
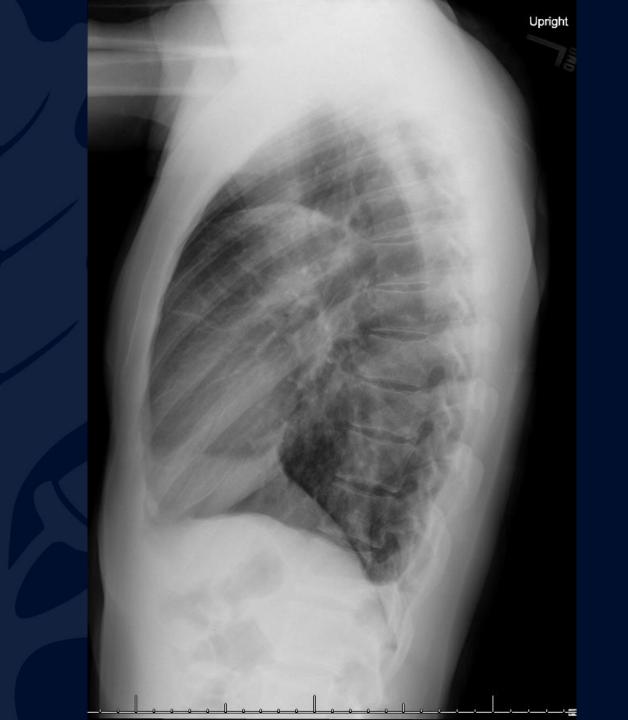
#### 24 year-old male presents with shortness of breath. No trauma.

Ryan P. Joyce, MD



















# Primary spontaneous tension pnuemothorax



## Primary spontaneous tension pneumothorax

Pneumothorax without precipitating event in an otherwise healthy patient.

- Pneumothorax evidenced by a visible pleural line and lack of peripheral lung markings. Be aware of deep sulcus sign as well.
- Tension evidenced by mediastinal shift and tracheal deviation contrateral to pneumothorax, and ipsilateral diaphragmatic flattening and rib splaying.
- Small: <20% of hemithorax volume. Large: >20% hemithorax volume.
- Increased incidence in Marfan, Ehlers-Danlos, Birt-Hogg-Dube, and Cutis Laxa.
- Upright radiography usually diagnostic. Sometimes decubitus to help confirm. CT more sensitive.
- Patients present with chest pain and dyspnea.
- Usually affects young men (20-40 years), tall, thin patients.
- Treatment: Oxygen, chest tube, resection of bullae/blebs.
- Patients with PSP should avoid air travel for 6 weeks & scuba diving for life.

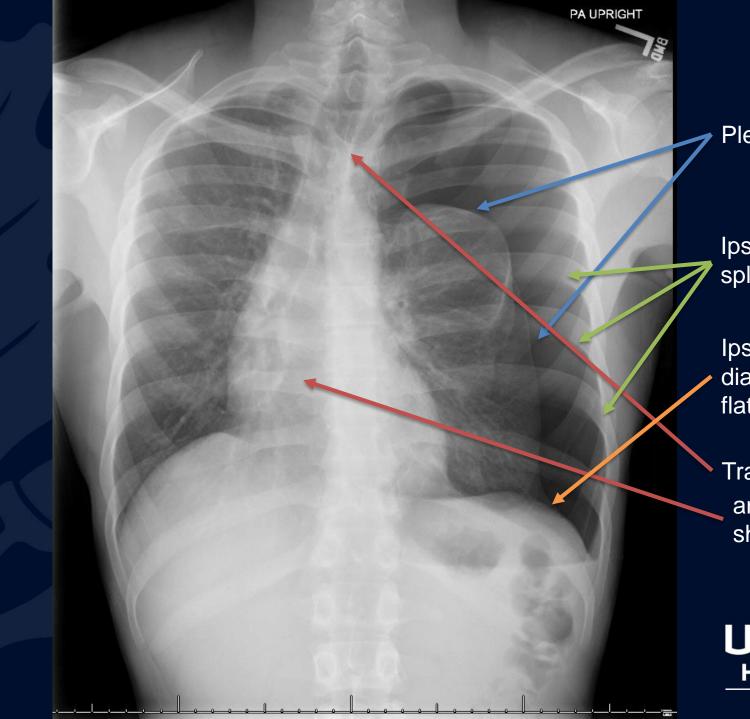


## Primary spontaneous tension pneumothorax

#### Pneumothorax differential:

- PSP
- latrogenic
- Traumatic
- Secondary spontaneous pneumothorax (infection, malignancy, cystic lung disease, catamenial pneumothorax, asthma, bronchiolitis, cystic fibrosis, cavitary lesion).
- Mimics: skin folds, life support devices, pneumomediastinum.





Pleural margin

Ipsilateral rib splaying

Ipsilateral diaphragmatic flattening

Tracheal deviation and mediastinal shift to the right





Pleural margin



