44 year old male with shoulder pain after fall

Allan Zhang DO











Acromioclavicular injury



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Findings: Asymmetrically widened CC and AC interval when compared with right. No Fractures.

Impressions: At least grade 3 left AC injury.



Acromioclavicular injury

- Presentation
 - Pain and tenderness over AC joint, usually after trauma
- Radiographic findings
 - -Grade 1: usually normal
 - -Grade 2: Increase in AC distance >6mm, measured at the narrowest
 - In borderline cases, compare with other shoulder
 - -Grade 3: Grade 2 + increase in coracoclavicular distance >14mm OR greater than 5mm in difference between shoulders
 - -Grade 4-6:Marked superior, posterior, or inferior dislocation of distal clavicle relative to acromion
- Treatment
 - Depends on degree of injury
 - Grade 1, 2→conservative management
 - Grade 3, varies
 - Grade >4, may require surgery

