Drs. Riddhi Doshi, Jayesh Kamath, and Robert H Aseltine Jr., along with UConn Health’s Center for Population Health and in collaboration with the Department of Psychiatry are conducting a research study called “Video Directly Observed Therapy (VDOT) to Improve Medication Adherence among Depression Patients”. The purpose of this research study is to test whether using a smartphone application called SureAdhere improves how regularly patients take their depression medicine and depression symptoms. In order to be eligible to participate in this study, you must be 18 years of age or older, proficient in English (speaking, reading and writing), have a clinical diagnosis of depression and currently on prescription medication for depression. You must own a mobile phone with active phone plan capable of receiving text messages. Participation will last approximately 3 months.

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