



Drs. Riddhi Doshi, Jayesh Kamath, and Robert H Aseltine Jr., along with UConn Health's Center for Population Health and in collaboration with the Department of Psychiatry are conducting a research study called "Video Directly Observed Therapy (VDOT) to Improve Medication Adherence among Depression Patients". The purpose of this research study is to test whether using a smartphone application called SureAdhere improves how regularly patients take their depression medicine and depression symptoms. In order to be eligible to participate in this study, you must be 18 years of age or older, proficient in English (speaking, reading and writing), have a clinical diagnosis of depression and currently on prescription medication for depression. You must own a mobile phone with active phone plan capable of receiving text messages. Participation will last approximately 3 months.

Psychiatry Outpatient Clinic
10 Talcott Notch Road
Farmington, CT 06032

THIS STUDY INVOLVES THE COMPLETION OF THREE BRIEF QUESTIONNAIRES OVER 3 MONTHS. SOME SUBJECTS MAY RECEIVE TEXT REMINDERS FOR THEIR MEDICATION AND BE REQUIRED TO VIDEO RECORD THEIR DAILY MEDICATION COMPLIANCE USING A SMARTPHONE APP.

PARTICIPANTS WHO COMPLETE ALL REQUIRED ACTIONS WILL RECEIVE \$100

To learn more about the study, please talk to your provider or contact our research staff at (860) 679-7539 or (860) 679-8848.

**UConn
HEALTH**