Since 1994, Husky Nutrition has been engaging Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development, and research.

Our programs include:

- **Husky Smart Shopping**
  - Consumer education on healthy and economical choices at grocery stores and farmers markets.

- **Husky Nutrtition On-the-Go**
  - Nutrition education for parents

- **Little City Sprouts**
  - Gardening program for Hartford youth conducted with Hartford Food System

- **Husky Reads**
  - Nutrition & literacy program for preschoolers

- **SNAP4CT.org**
  - An online platform providing healthy recipes, nutrition videos, CT farmers market locations, and more, 24/7.

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