



Through funding from the SNAP-Education grant of the USDA, the Husky Nutrition team of dietitians, researchers, and UConn students, delivers health education to preschoolers, parents, and adults throughout Connecticut.

Our programs include:



Husky Nutrition & literacy program for **Reads** preschoolers



Husky On-the-Go

Nutrition Nutrition education for parents



Little City Sprouts

Gardening program for Hartford youth conducted with Hartford Food System

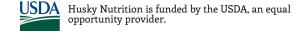


Husky Smart Consumer education on healthy and economical choices at grocery stores and farmers markets.

SNAP₄CT.org



An online platform providing healthy recipes, nutrition videos, CT farmers market locations, and more, 24/7.



SNAP4CT.org

Since 1994, Husky Nutrition has been engaging Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development. and research.



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