

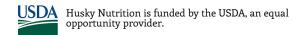


For over 20 years, the Husky Reads nutrition literacy program has been serving Connecticut preschoolers. The much-loved program combines the benefits of reading with the basics of good nutrition.

Taught by UConn students as a service-learning course and as part of the Husky Summer Scholars Internship, Husky Reads:

- is a series of 10, 30-minute lessons
- educates and excites young children about fruits & vegetables
- enables college students to gain valuable teaching experience
- assists underserved children in Hartford, E. Hartford, Willimantic, Bloomfield, Manchester, Vernon, Wethersfield, and Groton

"When we talk with our children about nutrition and MyPlate, they always said: 'The teacher from Husky told me.' They have a lot of knowledge about the different [food] groups because you helped them to learn about it. Thank you very much." - ECE Staff



In FY 2018, Husky Reads:

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Impacted **2,915** preschoolers



Conducted **882** sessions at **46** community sites



Supported the early childhood education in 8 under-served towns



Gave UConn students 1,185 service-learning hours



Program Coordinator

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