Husky Nutrition Programs engage Connecticut residents in highest need in food, nutrition, and physical activity programming, policy development, and research.

**Our Mission**

Husky Nutrition Programs is funded by the USDA, an equal opportunity provider.

**Our Impact**

- Individuals Reached: 17,855
- Community Partners: 204
- Individuals Reached: 17,855
- Online Interactions: 448,981
- Education Sessions: 1414
- eNewsletter Subscribers: 1326
- Towns & Cities Reached: 165

**Our Work**

- **Community Nutrition Education & Policy Development**
  - Husky Reads: Nutrition & literacy program for preschoolers
  - Little City Sprouts*: Gardening program for Hartford youth
  - Husky Nutrition On-the-Go: Nutrition ed for parents
  - Policy Development: Workshops & mentorship for health leaders

- **Husky Smart Shopping**
  - Community-based program teaching participants how to make healthy and economical choices at grocery stores and farmers markets.

- **SNAP4CT.org**
  - An online platform featuring dietitians, information on CT farmers markets, easy recipes, healthy living tips, videos and more.

**www.SNAP4CT.org**

*Little City Sprouts is a partnership project with Hartford Food System

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