

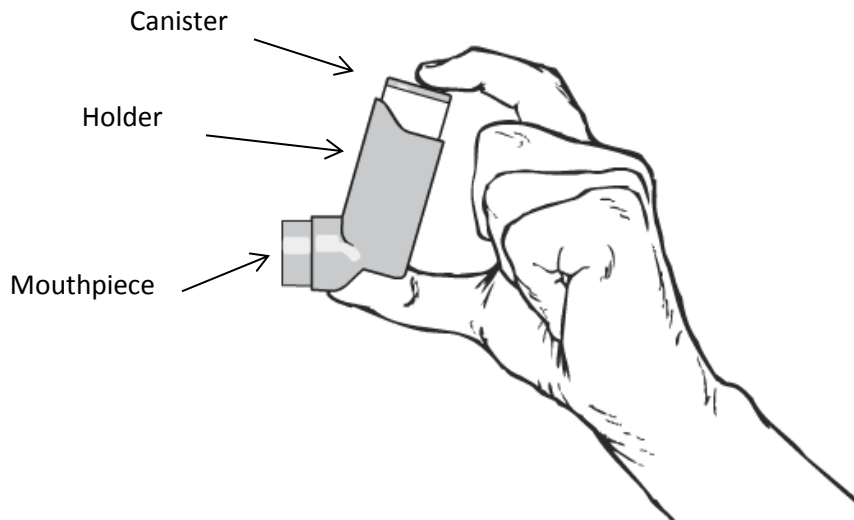
# ProAir™ HFA Inhaler (Albuterol sulfate 90 mcg)

This guide will teach you how to use your inhaler.

**Follow these steps before you use your inhaler for the first time:**



1. Remove the plastic holder and the metal canister from the package.
2. Place the canister into the holder with the canister's needle pointing down.



3. Hold the inhaler with your thumb and index finger as shown. Point the mouthpiece away from you.
4. Shake well for 5 seconds.
5. Remove the white cap from the mouthpiece.
6. Push down with your index finger to spray. The mist will spray out through the mouthpiece.
7. Repeat steps 5 and 6 three more times for a total of four sprays. This is called "priming." You will only need to prime the inhaler again if you do not use it for two weeks. If you prime it every time, you will waste a lot of your medication.

Now your inhaler is ready for you to take your dose.

**When you are ready to take a dose, please follow these instructions for use without a spacer:**

1. Shake the inhaler for 5 seconds.
2. Remove the cap.
3. Breathe out as much as possible. Never blow air into the inhaler.
4. Put the mouthpiece in your mouth, between your teeth. Close your lips around the mouthpiece.
5. Start to **slowly** breathe in through your mouth. Then, spray the inhaler once. Keep breathing in slowly until you have breathed in all the way. **\*\*Spraying the inhaler and breathing in must be SYNCHRONIZED.\*\***
6. Take inhaler out of your mouth.
7. Hold your breath for 5-10 seconds.
8. Breathe out away from the inhaler.
9. If you need another dose now, wait a minute then repeat steps 1 through 8.



**Important Notes:**

- The inhaler should be cleaned once a week. Remove the canister from the holder. Rinse the holder and cap under warm water for 30 seconds. Do NOT get the canister wet. Lay them on a towel overnight to air dry. When completely dry, replace the canister in the holder, shake, and spray once into the air to make sure the inhaler still works. Do NOT share your inhaler with anyone.
- Store in a safe location, like a drawer in the bedroom or kitchen. Keep away from children and pets; do NOT store in the bathroom.