



Ellipta™ Inhalers



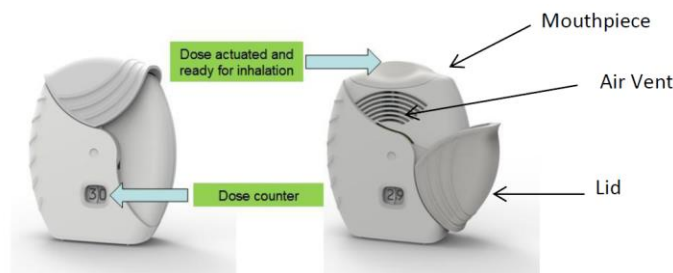
This guide will teach you how to use your Ellipta™ Inhaler.

Select your medication:

- Anora™ (Umeclidinium 62.5mcg/Vilanterol 25mcg)
- Arnuity™ (Fluticasone furoate 100mcg or 200mcg)
- Breo™ (Fluticasone 100mcg /Vilanterol 50mcg)
- Incruse™ (Umeclidinium 62.5mcg)

Follow these steps before you use your inhaler for the first time:

1. Open the box and remove the packaging tray. Peel back the lid from the tray and remove the inhaler. Identify all of the parts that are labeled in the picture below such as the air vent.



2. There are two dates you must write on the label of the inhaler right after you open the tray. Write today's date in the space where it says "Tray opened." The discard date is 6 weeks from today. Look at a calendar to figure this out. Write this second date below today's date. The inhaler must be thrown away on this date, because it is only good for 6 weeks after you open the tray.
3. Notice the dose counter. This tells you how many doses are left in the inhaler.
4. Look at the lid. It rotates to the side to show the mouthpiece. Do not open the lid unless you are about to take a dose. Opening the lid activates the dose, and if not inhaled right away, it will be wasted.

When you are ready to take a dose, please follow these instructions:

1. Slide the cover down until it clicks to show the mouthpiece. The dose counter should decrease by one. Make sure that the counter does not say "0." If it does, your inhaler is empty. Throw it away and get a new one.
2. Hold the inhaler like a sandwich. The dose counter should be facing towards the ceiling. DO NOT cover any part of the air vent with your hands. Covering the air vent will prevent the medicine from coming out.

Do not block the air vent with your fingers.



3. Breathe out releasing as much air from your lungs as you can. Never blow out into the inhaler.
4. Bring the inhaler to your mouth. Put the mouthpiece between your teeth and close your lips around it.
5. Breathe in through your mouth **quickly and deeply**.
6. Take inhaler out of your mouth.
7. Hold your breath for 5-10 seconds.
8. Breathe out away from your inhaler. You are now done taking your dose.
9. You are done taking your dose. Close the cover over the mouthpiece.
10. Rinse your mouth with water and spit to prevent infection in your mouth.

Important Notes:

- To clean the inhaler, rub the mouthpiece with a dry tissue.
- Never get your inhaler wet. Store your inhaler in a cool, dry, and dark place, such as a drawer in your bedroom or kitchen; do NOT store your inhaler in the bathroom. Keep away from children and pets.