

Heart Failure Medication Guide

Here are types of some of the common medications that your doctor **may** prescribe for your congestive heart failure. This does not include every medication that may be prescribed for you. Be sure to ask your doctor, nurse, or pharmacist if you need more information.



1. ACE Inhibitors
2. Angiotensin II Antagonists
3. Angiotensin Receptor Neprilysin Inhibitor
4. Anticoagulants ("Blood Thinners")
5. Beta-Blockers
6. Calcium Channel Blockers
7. Digoxin
8. Diuretics ("Water Pills" or "Fluid Pills")
9. Platelet Inhibitors
10. Potassium
11. Statins
12. Vasodilators
13. Combination Medications

1. ACE Inhibitors: protect your heart and kidneys.

Generic Name	Brand Name	Possible Side Effects
benazepril	Lotensin	Cough, dizziness, headache, and or a lower blood pressure
captopril	Capoten	
enalapril	Vasotec	
fosinopril	Monopril	
lisinopril	Prinivil or Zestril	
moexipril	Univasc	
quinapril	Accupril	
perindopril	Aceon	
ramipril	Altace	
trandolapril	Mavik	

2. Angiotensin II Antagonists: protect your heart and kidneys.

Generic Name	Brand Name	Possible Side Effects
azilsartan	Edarbi	Dizziness, nausea, muscle cramps, and or a lower blood pressure
candesartan	Atacand	
eprosartan	Teveten	
irbesartan	Avapro	
losartan	Cozaar	
olmesartan	Benicar	
telmisartan	Micardis	
valsartan	Diovan	

3. Angiotensin Receptor Neprilysin Inhibitor: protect your heart by blocking potentially harmful hormones.

Generic Name	Brand Name	Possible Side Effects
sacubitril and valsartan	Entresto	Low blood pressure, high blood potassium levels, and poor function of the kidneys.

4. Anticoagulants or “Blood Thinners”: helps prevent blood clots.

Generic Name	Brand Name	Possible Side Effects
apixiban	Eliquis	bleeding, bruising, and or an upset stomach
dabigatran	Pradaxa	
rivaroxaban	Xarelto	
warfarin	Coumadin	

5. Beta-Blockers: lessens the work your heart has to do.

Generic Name	Brand Name	Possible Side Effects
atenolol	Tenormin	lower blood sugar, heart may beat slower, may feel tired, dizziness, and or a lower blood pressure
bisoprolol	Zebeta	
carvedilol	Coreg	
metoprolol succinate	Toprol XL	
metoprolol tartrate	Lopressor	
nebivolol	Bystolic	

6. Calcium Channel Blockers: used to treat heart rhythm disturbances and chest pain. Your doctor will decide if it is suitable for you to be on this type of medication.

Generic Name	Brand Name	Possible Side Effects
amlodipine	Norvasc	dizziness, heart may beat slower or faster, and or a lower blood pressure
diltiazem	Cardizem	
nifedipine	Adalat or Afeditab Nifediac or Nefederal or Procardia	

7. Digoxin: helps strengthen the heart muscle.

Generic Name	Brand Name	Possible Side Effects
digoxin	Lanoxin	If any of these occur, call your doctor <u>right away</u> : nausea, loss of appetite, confusion, blurred vision, and or a rapid heartbeat

8. Diuretics or “Water Pills” or “Fluid Pills”: help rid your body of excess water and prevents fluid from collecting in your feet, ankles, legs and abdomen.

Generic Name	Brand Name	Possible Side Effects
amiloride *	Midamor	may urinate more often, leg cramps, blood sugar may rise, and or a skin rash* (*notify your doctor right away if this occurs)
bumetanide	Bumex	
eplerenone *	Inspira	
furosemide	Lasix	
Hydrochlorothiazide (HCTZ)	Hydrodiuril	
metolazone	Zaroxolyn	
spironolactone *	Aldactone	
triamterene *	Dyrenium	
torseamide	Demadex	
*These are potassium sparing diuretics. They prevent potassium (an essential mineral) from leaving your body.		

9. Platelet Inhibitors: prevent platelets from sticking together in the blood, in order to prevent dangerous clots.

Generic Name	Brand Name	Possible Side Effects
aspirin	Ecotrin or Bufferin	bleeding, upset stomach, and or a rash
clopidogrel	Plavix	
prasugrel	Effient	
ticlopidine	Ticlid	

10. Potassium: Some of the “Water Pills” make your body lose a mineral that you need called potassium. This medication will give your body back that potassium.

Generic Name	Brand Name	Possible Side Effects
potassium	Micro-K or K-Dur or Klotrix	upset stomach (take with food to prevent this)

11. Statins: block the body’s ability to make cholesterol. Cholesterol can adhere to the walls of the blood vessels to prevent blood from flowing smoothly.

Generic Name	Brand Name	Possible Side Effects
atorvastatin	Lipitor	<u>rare</u> side effect: severe cramps in muscles (call your doctor if this occurs)
fluvastatin	Lescol	
lovastatin	Mevacor or Altoprev	
pitavastatin	Livalo	
pravastatin	Pravachol	
rosuvastatin	Crestor	
simvastatin	Zocor	

12. Vasodilators: help to relax the blood vessels so that blood flows more easily.

Generic Name	Brand Name	Possible Side Effects
hydralazine	Apresoline	dizziness, nausea, and or a lower blood pressure
isosorbide dinitrate	Isordil	
isosorbide mononitrate	Imdur	

13. Combination Medication:

Sometimes your doctor may prescribe a combination medication that contains two or more medications in the same pill. Double check that you aren't taking the combination medication along with one of ingredients in that combination!

Brand Name	Ingredients
Accuretic	Quinapril and Hydrochlorothiazide
Advicor	Lovastatin and Niacin
Aldactazide	Spironolactone and Hydrochlorothiazide
Apresazide	Hydralazine and Hydrochlorothiazide
Atacand HCT	Candesartan and Hydrochlorothiazide
Azor	Olmesartan and Amlodipine
Benicar HCT	Olmesartan and Hydrochlorothiazide
Bidil	Isosorbide Dinitrate and Hydralazine
Caduet	Amlodipine and Atorvastatin
Capozide	Captopril and Hydrochlorothiazide
Corzide	Nadolol and Bendroflumethazide
Diovan HCT	Valsartan and Hydrochlorothiazide
Dyazide <u>or</u> Maxzide	Triamterene and Hydrochlorothiazide
Edarbyclor	Azilsartan and Chlorthalidone
Exforge	Amlodipine and Valsartan
Exforge HCT	Amlodipine and Valsartan and Hydrochlorothiazide
Hyzaar	Losartan and Hydrochlorothiazide
Inderide	Propranolol and Hydrochlorothiazide
Inderide LA	Propranolol ER and Hydrochlorothiazide
Lexxel	Felodipine and Enalapril
Lopressor HCT	Metoprolol and Hydrochlorothiazide
Lotensin HCT	Benazepril and Hydrochlorothiazide
Lotrel	Amlodipine and Benazepril
Micardis HCT	Telmisartan and Hydrochlorothiazide

Moduretic	Amiloride and Hydrochlorthiazide
Monopril HCT	Fosinopril and Hydrochlorthiazide
Prinzide or Zestoretic	Lisinopril and Hydrochlorthiazide
Simcor	Niacin and Simvastatin
Tarka	Verapamil and Trandolapril
Teczem	Diltiazem and Enalapril
Tenoretic	Atenolol and Chlorthalidone
Teveten HCT	Eprosartan and Hydrochlorthiazide
Timolide	Timolol and Hydrochlorthiazide
Tribenzor	Olmesartan and Amlodipine and Hydrochlorthiazide
Twynsta	Telmisartan and Amlodipine
Uniretic	Moexipril and Hydrochlorthiazide
Vaseretic	Enalapril and Hydrochlorthiazide
Ziac	Bisoprolol and Hydrochlorthiazide

Notes About Your Medication