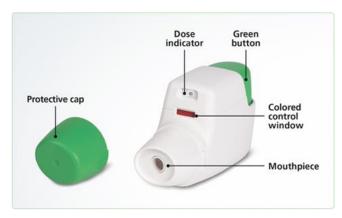
## Tudorza™ Pressair™ (Aclidinium) 400mcg

This guide will teach you how to use your inhaler.

## Follow these steps before you use your inhaler for the first time:

- 1. Take the inhaler out of the box and identify all of the parts that are labeled in the picture below.
- 2. Locate the dose indicator. This tells you how many doses remain in your inhaler. It changes at intervals of 10.
- 3. Locate the colored control window. This will help you take your dose the right away.



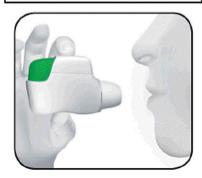
## When you are ready to take a dose, please follow these instructions:

- 1. Make sure the dose indicator does not say "0". If it does, your inhaler is empty. Throw it away and get a new one.
- 2. Press down on the green button on the back of the inhaler until it clicks, then <u>release</u>. The colored control window should be green. This means the inhaler is ready to use. If the window does not turn green, press the green button again.
- 3. Hold the inhaler level with one hand and remove the green protective cap.
  Only touch the white part of the inhaler. DO NOT keep your finger over the green button while you inhale your dose.

Source: Tudorza™ Pressair™ Package Insert



Hold with the green button facing straight up. Do not tilt.



- 4. Breathe out releasing as much air from your lungs as you can. Never blow out into the inhaler.
- 5. Bring the inhaler to your mouth while still holding it level and put the mouthpiece between your teeth. Close your lips around it.
- 6. Breathe in **quickly and deeply** through your mouth. You should hear a click indicating that you are getting the dose.
- 7. Take the inhaler out of your mouth.
- 8. Hold your breath for 5-10 seconds.
- 9. Breathe out, away from your inhaler mouthpiece. You are now done taking your dose.
- 10. Put the cap back on the mouthpiece
- 11. Check the colored control window. It should be red now. If it is still green, repeat steps 2 through 10 because the dose was not received.

## **Important Notes:**

- You do not need to clean your inhaler. If you wish to clean it, wipe the
  outside of the mouthpiece with a dry tissue.
- Never get your inhaler wet. Store your inhaler in a cool, dry, and dark place, such as a drawer in your bedroom or kitchen; do NOT store your inhaler in the bathroom. Keep away from children and pets.

Source: Tudorza™ Pressair™ Package Insert

