TIPS FROM YOUR PHARMACIST

- Try to use only one pharmacy to get all your medications.

- Take all your medications as directed by your doctor. If you miss a dose, do not take with the next dose. Do not skip or increase doses unless your doctor tells you to. Do not stop taking your medication unless your doctor tells you to.

- Try to learn what each medication does and possible side effects. Let your doctor know if you notice any side effects.

- Let your doctor and your pharmacist know about any other medications that you take, including any over-the-counter products like pain relievers, cold remedies, vitamins and herbal products.

- Carry a list of all your medications with you at all times, and bring all your medication bottles with you to your doctor appointments.

- Talk to your doctor, nurse, or pharmacist if you have any questions or concerns.