



# **TIPS FROM YOUR PHARMACIST**

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- **Try to use only one pharmacy to get all your medications.**
- **Take all your medications as directed by your doctor. If you miss a dose, do not take with the next dose. Do not skip or increase doses unless your doctor tells you to. Do not stop taking your medication unless your doctor tells you to.**
- **Try to learn what each medication does and possible side effects. Let your doctor know if you notice any side effects.**
- **Let your doctor and your pharmacist know about any other medications that you take, including any over-the-counter products like pain relievers, cold remedies, vitamins and herbal products.**
- **Carry a list of all your medications with you at all times, and bring all your medication bottles with you to your doctor appointments.**
- **Talk to your doctor, nurse, or pharmacist if you have any questions or concerns.**