

Respimat™ Inhalers

This guide will teach you how to use your Respimat™ inhaler.

Select your medication:



- Combivent™ (Ipratropium 20mcg / Albuterol 100mcg) [orange cap]
- Stiolto™ (Tiotropium 2.5mcg / Olodaterol 2.5mcg) [green cap]
- Spiriva™ (Tiotropium 18mcg) [blue cap]
- Striverdi™ (Olodaterol 2.5mcg) [yellow cap]

Follow these steps before you use your inhaler for the first time:

1. Take the inhaler device out of the box and identify all of the parts that are labeled in the picture.
2. Locate the colored indicator on the backside that shows how much medication is left.
3. With the cap closed, press the safety catch while pulling off the base.
4. Write discard by date on the label of the inhaler, which is 12 weeks from the date the cartridge is inserted.
5. Take the cartridge out of the box. Push the narrow end into the Respimat™ Inhaler. The base will not sit flush. It can be pushed against a firm surface to make sure it is correctly inserted (e.g. table top).
6. Put the clear base back into place.
7. Twist the clear bottom of the inhaler to the right while holding your inhaler upright at the top with the cap closed.
8. After you hear a click, open the top of the inhaler.
9. Point the mouthpiece of the inhaler toward the ground, away from your face.
10. Then, press the dose release button to release a spray of mist.



11. Repeat steps 6 through 9 until a spray is visible or if inhaler not used for more than 21 days. This is called “priming”. It gets the inhaler ready for you to use it. Now your inhaler is ready to use. Close the cap.

When you are ready to take a dose, please follow these instructions:

1. Make sure the colored indicator is at empty. If it does, you inhaler is empty. Throw it away and get another one.
2. Start by twisting the clear base of the inhaler to the right while holding your inhaler upright with the cap closed.



3. After you hear a click, open the top of the inhaler.
4. Breathe out releasing as much air from your lungs as you can. Never blow out into the inhaler.
5. Bring the mouthpiece of the inhaler to your lips. Put it between your teeth.



6. Close your lips around the mouthpiece without covering the air vents.
7. Press the dose release button.
8. Breathe in **slowly and fully** through your mouth.
9. Take the inhaler out of your mouth.
10. Hold your breath for 5-10 seconds.
11. Breathe out, away from the inhaler mouthpiece.
12. After a minute, repeat steps 2-10 if another dose is needed.
13. Close the cap of the inhaler.

Important Notes:

- To clean the inhaler, use a damp cloth or tissue once weekly. Lay the pieces on a towel to dry overnight.
- Store your inhaler in a cool, dry, and dark place, such as a drawer in your bedroom or kitchen; do NOT store your inhaler in the bathroom. Keep away from children and pets.