# Occupational Disease in Connecticut, 2020



This report covers data for 2018
and was prepared under contract for the
State of Connecticut Workers' Compensation Commission,
Stephen M. Morelli, Chairman,
As part of the Occupational Disease Surveillance Program, in cooperation with the Connecticut Department of Labor and the Connecticut
Department of Public Health

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September 2020

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## A. Executive Summary

This report focuses on occupational *disease* reports for 2018 and recent trends in reported cases. It does not address traumatic occupational *injuries*; data for Connecticut injuries can be found at the national Bureau of Labor Statistics at <a href="https://www.bls.gov/iif/oshstate.htm">https://www.bls.gov/iif/oshstate.htm</a>. Occupational diseases are typically harder to detect than injuries, since they often occur over longer periods of time, and can have multiple (including non-occupational) risks. Therefore, this report uses data from three primary sources as a way of establishing a more complete picture of occupational disease: Workers' Compensation First Report of Injury cases (WCC), physicians' reports under the Occupational Illnesses and Injury Surveillance System (OIISS), and the Bureau of Labor Statistics/Connecticut Dept. of Labor Annual Survey (BLS/CTDOL).

Table A-1: Summary of Diseases Reported by Systems, 2016-2018

| Type of Disease    | BLS/CTDOL |       |       | WCC   |       |       | OllSS (Physicians) |       |       | Unique Cases* |       |       |
|--------------------|-----------|-------|-------|-------|-------|-------|--------------------|-------|-------|---------------|-------|-------|
|                    | 2016      | 2017  | 2018  | 2016  | 2017  | 2018  | 2016               | 2017  | 2018  | 2016          | 2017  | 2018  |
| Lung & poisonings  | 200       | 100   | 200   | 315   | 301   | 433   | 133                | 155   | 241   | 431           | 431   | 621   |
| Lead **            |           |       |       |       |       |       | 330                | 292   | 268   | 330           | 292   | 268   |
| Skin               | 500       | 400   | 300   | 193   | 222   | 183   | 158                | 168   | 118   | 313           | 348   | 273   |
| Musculoskeletal*** | ***       | ***   | ***   | 2,916 | 2,501 | 2,429 | 633                | 562   | 603   | 3,430         | 2,918 | 2,869 |
| Infectious         |           |       |       | 1,155 | 1,398 | 1,194 | 1513               | 1365  | 1148  | 2,408         | 2,384 | 2,148 |
| Hearing loss       | 300       | 200   | 400   | 105   | 103   | 81    | 12                 | 12    | 15    | 115           | 111   | 92    |
| Other***           | 1,300     | 900   | 1,000 | 770   | 810   | 895   | 238                | 208   | 195   | 978           | 973   | 1057  |
| Total****          | 2,300     | 1,700 | 1,800 | 5,454 | 5,335 | 5,215 | 3,017              | 2,762 | 2,588 | 8,005         | 7,457 | 7,328 |

**Sources**: BLS: Bureau of Labor Statistics/CTDOL survey; WCC: CT Workers' Compensation Commission (First Report of Injury) OIISS: Occupational Illnesses and Injury Surveillance System (physician reports)

Table A-1 summarizes the data from the three different sources for the last 3 years. The BLS/CTDOL survey rounds to the nearest 100, so the subcategories do not always sum exactly to the total and yearly changes should be viewed with caution. The OIISS draws from physician reports for known or suspected occupational illnesses and are required of all physicians but in practice are mostly from the network of occupational health clinics (and therefore are likely to over-represent illnesses from those hospitals).

Approximately 1,800 cases of occupational diseases were reported under the BLS/CTDOL survey, 5,215 through the workers' compensation first report of injuries and 2,588 for OIISS (including lead reports) for 2018. The number of reports in 2018 increased 6% from 2017 in the BLS system, decreased by 2% for workers' compensation, and decreased 6% for physicians' reports. Reports from workers' compensation and physicians combined (adjusting for matching cases reported to both systems) totaled 7,328 unique reports (including the 268 lead poisoning cases from laboratory reporting), a decrease of 2% from the previous year. Statistically adjusting for estimated unreported cases produces an estimate of approximately 25,500 cases of occupational illnesses in Connecticut for 2018 (Table B1).

**Musculoskeletal disorders** (MSD) such as Carpal Tunnel Syndrome and tendonitis dominated the workers' compensation reports, accounting for 47% of reports (26% of the physician reports, excluding lab-based lead cases). MSD has not been broken out by BLS since 2002, but MSD cases are presumed to be the main portion of the "other illness" category, which is by far the largest BLS category. **Respiratory diseases and poisonings,** which include respiratory conditions and lung disease such as asthma, as well as poisonings such as from

<sup>\*</sup>Unique cases are the combined total of workers' compensation cases and physician reports, adjusted for cases reported to both systems

<sup>\*\*</sup>Laboratory reports of adult blood lead levels are from the Connecticut Adult Blood Lead Epidemiology and Surveillance program
\*\*\* Musculoskeletal Disorders (MSD) definitions vary somewhat between systems. MSD is included in the "other" category for
BLS/CTDOL data

<sup>\*\*\*\*</sup>BLS data sometimes does not sum to total due to rounding errors in the survey reporting

carbon monoxide and lead, accounted for 8% of cases for workers' compensation and 10% of physician reports. **Infectious diseases**, which include bloodborne diseases such as HIV and hepatitis, Tb, scabies, Lyme disease (and including exposures as well as diagnosed disease) accounted for 23% in workers' compensation but 49% of physician reports (infectious disease is categorized under "other disease" in BLS; also, needlesticks and other bloodborne exposures with lost time are counted under injuries rather than illness in BLS). "Other diseases", which includes infectious diseases and MSD in BLS, physical hazards such as heat and cold exposures, allergies, cancer, and others in Workers' Compensation and physician reports, accounted for 17% (WC) and 9% (physicians). **Skin conditions** accounted for 4% (WC) and 5% (physicians). **Lead poisoning** is tracked separately and is based on laboratory reports to the Connecticut Department of Public Health; very few of those cases are reported to the other systems.

There was an overall illness rate of 14.1 cases per 10,000 workers based on the BLS survey, 9% higher than the previous year. The CT rate was 8% lower than the average national rate of 15.4. The highest specific sector rate was for local government at 38.4 cases per 10,000 workers, followed by manufacturing at 30.8 and health care at 20.6. Workers' Compensation was somewhat similar, with the highest rates for Government (77.6), Manufacturing (44.2), and Trade (31.2).

Overall (based on Workers' Compensation reports), 50% of reports were for women, but this varied by type of case, with a higher proportion than average for infectious diseases (66% women) but lower for all other types of illness. Based on workers' compensation reports, occupational illnesses occurred more in older workers, with almost half (46%) involving workers between 40 and 59 years old (Table D-2), with 21% involving workers in their 30's, and 18% in their 20's. Based on physician reports where **race and ethnicity** were known, 16% of cases were black and 12% Hispanic.

The most common specific diagnoses for musculoskeletal disorders were epicondylitis (tennis elbow) with 18% of the cases, carpal tunnel syndrome (10%), nerve disorders (10%), strains and sprains (9%), and tenosynovitis (8%). The most common specific **causes** (aside from the commonly used terms "repetition" or "cumulative") for MSD in workers' compensation reports were lifting and carrying, tool use, computer use and data entry, and pushing or pulling.

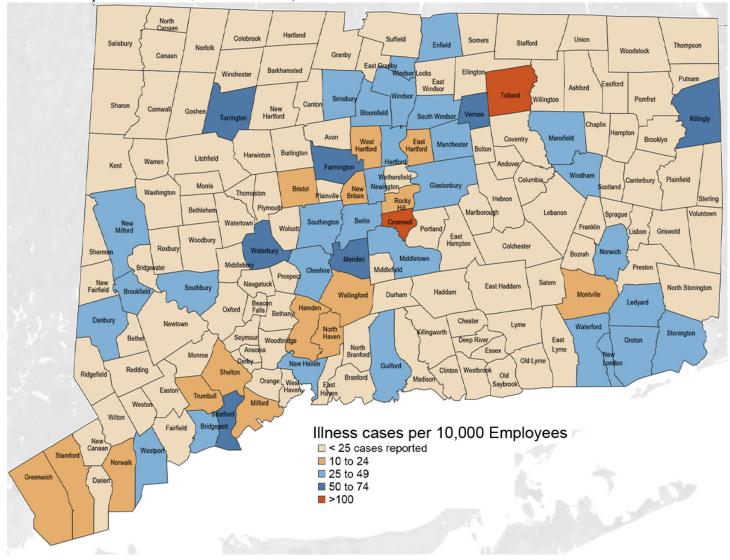
Nonspecific respiratory illnesses were the most common type of condition, with 26% of reports, followed by asthma or reactive airways dysfunction syndrome (RADS) with 8%, cough (7%), poisonings such as from carbon monoxide, lead, or mercury (5%) and asbestos disease or exposures (5%). Exposures associated with respiratory conditions included fumes (including gas, carbon monoxide, metals, and lead), chemicals (including solvents, cleaning chemicals, paint, and oil), mold or indoor air quality, and smoke.

**Infectious disease** and exposures, based on workers' compensation reports, included 995 reports of potential exposure to bloodborne pathogens (including reports of exposure to HIV/AIDS and Hepatitis C), including 369 needlesticks or sharps exposures, accounting for 83% of all infectious disease reports. There were 72 reports of tick bites, rashes from tick bites and/or a diagnosis of Lyme disease attributed to occupational exposures. There were 30 cases of tuberculosis infection, usually determined by PPD conversion (which is a skin test based on immune response) or based on exposure to patients or clients with TB.

Rates of illness varied widely by **municipality** based on workers' compensation reports. Often the highest rates appear to be related to having large employers in high rate industries. There were 54 towns and cities with at least 25 cases of occupational disease reported to workers' compensation, and the overall state mean (average) was 31.2 cases per 10,000 employees. For towns with at least 25 cases, Cromwell had the highest rate at 123 cases per 10,000 employees, almost 4 times higher than the state average. Cromwell was followed by Tolland (117), Vernon (72), Killingly (68), Meriden (57), Stratford (57), Waterbury (55), Torrington (51), and Farmington (50).

Figure A-1, a map of the rates by town is below, with rates listed in Table D-6. The map is based on 25 or more cases (prepared by Connie Cox Cantor at the Center for Population Health of UConn Health).

Figure A-1: Map of Occupational Illness Rates by Town, 2018 (map prepared by Connie Cox Cantor, Center for Population Health, UConn Health)



## **B. Summary of Diseases**

Figure B-1 shows the totals by disease category for 2018 for three reporting systems: the Bureau of Labor Statistics/CT Dept. of Labor (BLS) survey; Workers' Compensation (WC) First Reports of Injury; and the Occupational Illnesses and Injury Surveillance System (OIISS) which are physician reports. Categories have been combined to make comparisons as close as possible; however, differences in the three systems' definitions make comparisons incomplete. For example, Workers' Compensation only requires reporting for lost-time or restricted duty cases, while the other two reporting systems require all occupational illnesses to be reported, although the BLS data is based on a sample of employers. Although all physicians are legally required to report occupational disease, only a small minority report, usually from the occupational health clinic network. Lead reports from the laboratory reporting system are combined into "lung and poisoning" for the OIISS. The BLS/CTDOL system discontinued collecting "repetitive trauma" as a category in 2002, so MSD has been estimated based on the proportion of "other illness" in the 2001 dataset, which was 85%. See Appendix 1 for a complete description of methods.

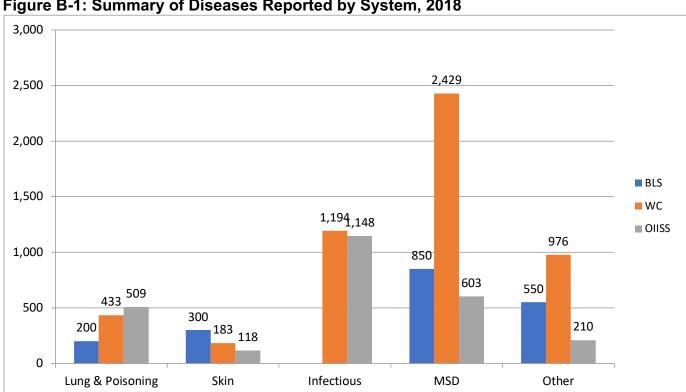


Figure B-1: Summary of Diseases Reported by System, 2018

Notes: BLS=Bureau of Labor Statistics/ConnOSHA survey; WC=Workers' Compensation First Report of Injury Database; OIISS= Physicians reports from the Occupational Illnesses and Injury Surveillance System combined with laboratory reports of lead poisoning. MSD for the BLS database was estimated using prior proportions from "other" (85%) since they are no longer broken out by BLS.

The Workers' Compensation database showed the highest number of cases, with 5,215 total cases reported, followed by the physicians' reporting/laboratory database with 2,588 cases, and by the BLS survey with 1,800. There is a low amount of overlap between these systems, so total cases are higher than these figures might indicate (see section below on case matching estimates).

### Case Matching and Total of Unique and Estimated Cases of Occupational Illness

There is a fairly low number of cases that are reported to both workers' compensation and by physicians although in theory they should generally be reported to both. In order to get a better estimate of the total number of cases of occupational illness in Connecticut, cases were matched by name, employer, and type of illness for the WC and OIISS reports (Table B-1). This allows a sum of unique cases that were reported to at least one of the two systems and an estimate of cases that were not reported to either. Individual level BLS/ConnOSHA data

from their survey was not available for matching, and lab-based lead reports did not have enough detail to match, so BLS and lead reports are not included.

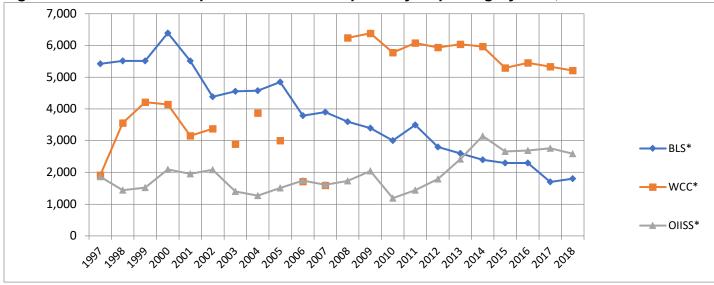
Table B-1: Matched, Unique, and Estimated Total Cases of Occupational Illness, CT, 2018

| Illness Type | Matched | WC<br>Only | OIISS<br>Only | Unique<br>Cases | Estimated<br>Unreported | Estimated<br>Total |
|--------------|---------|------------|---------------|-----------------|-------------------------|--------------------|
| Infectious   | 194     | 1,000      | 954           | 2,148           | 4,918                   | 7,066              |
| Lung         | 53      | 380        | 188           | 621             | 1,348                   | 1,969              |
| MSD          | 163     | 2,266      | 440           | 2,869           | 6,117                   | 8,986              |
| Other        | 33      | 862        | 162           | 1,057           | 4,232                   | 5,289              |
| Skin         | 28      | 155        | 90            | 273             | 498                     | 771                |
| Hearing loss | 4       | 77         | 11            | 92              | 212                     | 304                |
| Total*       | 475     | 4,740      | 1,845         | 7,060           | 18,411                  | 25,471             |

<sup>\*</sup>Total is different than the sum of the categories due to rounding errors in estimating subcategories. Does not include labreported lead cases.

There was a total of 475 cases that were reported to **both** workers' compensation (WC) and by physicians to OIISS; 1,845 cases were reported only to the physician report system, and an additional 4,740 cases were reported only to the workers' compensation system. This gives a total of 7,060 unique cases that were reported to at least one of the two systems, with approximately 2,100 infectious cases, 600 lung cases, 3,000 musculoskeletal (MSD) cases, 300 skin conditions, 100 hearing loss cases, and 1,000 "other" cases. Using a statistical method called "capture-recapture" analysis, an estimate was made of the unreported cases (cases not reported to either workers' compensation nor by physicians), which was about 18,500 cases. When combined with the unique cases, this provides an estimate of approximately 25,500 occupational illness cases in Connecticut for 2018.

Figure B-2: Trend in Occupational Disease Reports by Reporting System, 1997-2018



**Notes:** BLS= Bureau of Labor Statistics/CTDOL survey; WCC= Workers' Compensation First Report of Injury; OIISS= Occupational Illness and Injury Surveillance System (physician reports).

\*Notes

BLS figures starting in 2002 not comparable to prior years due to changes in data collection.

WCC data was not complete for 2003 and 2005-2007.

OIISS was not complete for 2010 and did not include most bloodborne infectious diseases/exposures in 2011.

Longer term trends in number of reports are complex (Figure B2) and should be interpreted with caution due to some changing definitions as well as incomplete data for some years (see notes for figure). BLS trends generally were declining then leveling since 2015; Workers' Compensation data generally declining since 2008 (the Workers' Compensation database appears incomplete in 2003 and 2005-2007); and physician reports (OIISS) fluctuating but generally increasing since 2010 with a peak in 2014 and then a slight drop and leveling since 2015.

## C. Bureau of Labor Statistics/Connecticut Dept. of Labor Surveys

In cooperation with the U.S. Bureau of Labor Statistics (BLS), the Connecticut Department of Labor's (CTDOL) Office of Research conducts an annual survey of employers for job-related injuries and illnesses; data on **injuries** in Connecticut can be accessed through the national Bureau of Labor Statistics website at https://www.bls.gov/iif/oshstate.htm. Our report focuses on **illnesses** and includes data from CTDOL that is not published in that report. Since these statistics are based on a survey rather than a census, numbers and rates are estimated and rounded. The Connecticut Department of Labor acknowledges that the BLS/CTDOL survey under-counts occupational diseases, particularly chronic diseases, since these are frequently not recognized nor reported.

#### **Occupational Illnesses in 2018**

There were approximately 1,800 reported cases of occupational illnesses in 2018 (Table C-1 and Figure C-1) with an overall rate of 14.1 per 10,000 workers, a 9% increase from the prior year.

Table C-1: Occupational Disease by Type, BLS/CTDOL 2017-2018

|              | 2     | 017   | 20 <sup>-</sup> | 18    | % Change |
|--------------|-------|-------|-----------------|-------|----------|
|              | Cases | Rates | Cases           | Rates | in Rate  |
| Respiratory  | 100   | 1.1   | 200             | 1.4   | 27%      |
| Skin         | 400   | 2.9   | 300             | 1.9   | -34%     |
| Hearing Loss | 200   | 1.9   | 400             | 3.0   | 58%      |
| Poisonings   |       | 0.4   |                 |       |          |
| Other*       | 900   | 6.7   | 1,000           | 7.8   | 16%      |
| Total        | 1,700 | 12.9  | 1,800           | 14.1  | 9%       |

**Source:** BLS/CTDOL; Rates are per 10,000 workers, adjusted for hours worked. The data includes public sector. Blanks indicate numbers that are too small or unreliable to publish. Total Illnesses may differ from sum due to rounding errors.

\*Musculoskeletal disorders (MSD) is categorized under the "Other" category by BLS.

Overall rates for Connecticut in 2018 were lower than the U.S., driven primarily by lower rates of Other Illnesses, which includes repetitive trauma (Figure C-1). The overall Connecticut rate (14.1 cases per 10,000 workers) was 8% lower than the U.S. rate of 15.4. Rates increased in 2018 for both Connecticut and the U.S.

Connecticut's illness rate of 14.1 cases per 10,000 workers ranked 20<sup>th</sup> highest out of 43 states with publishable data (19 states had higher rates and 23 had lower rates). Maine had the highest rate of 30.5 and the Delaware had the lowest at 7.2. Private sector rates for occupational illness were 11.9 in Connecticut and 12.6 nationally. Connecticut's public sector rate was 32.0; the U.S. public sector rate was 34.0.

In Connecticut, the rate of illnesses increased slightly from 2002-2005, then generally decreased through 2018 with the exception of 2011 (Figure C-2).

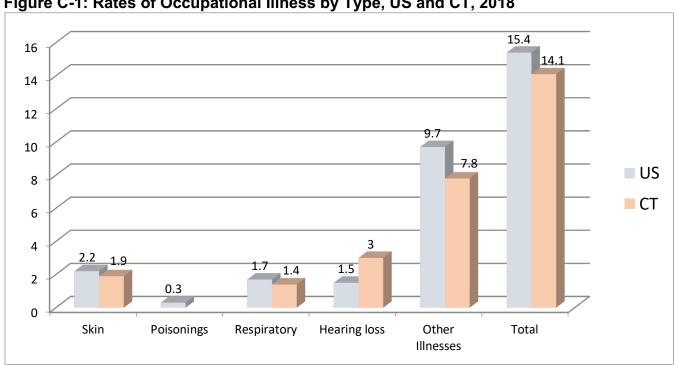
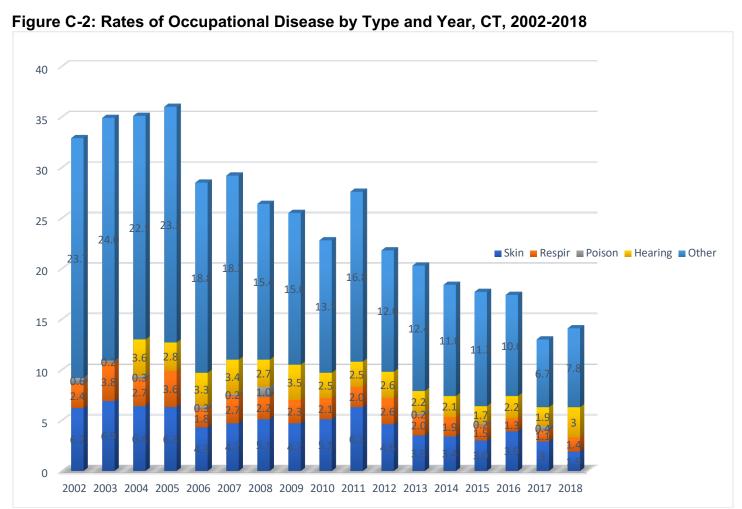


Figure C-1: Rates of Occupational Illness by Type, US and CT, 2018

Source: BLS and CTDOL. Rates per 10,000 workers, adjusted for hours worked.



Source: BLS and CTDOL. Rates per 10,000 workers, adjusted for hours worked.

#### **Illnesses by Industry**

Numbers and rates by industry sector for 2018 are presented in Table C-2. Overall, the adjusted rate was 14.1 cases of occupational illness per 10,000 CT workers, 9% higher than the 2017 rate of 12.9. The overall private sector rate was 11.9, with a government rate of 32.0 (almost triple the private sector rate).

Table C-2: Illness Rates per 10,000 Workers by Industry and Type of Illness, CT, 2018

| able 0-2. Illiess Rates per 10,00   | Tot  |     | Sk   |     | Respir |     | Pois |     | Hear |     | Oth  |     |
|---|------|-----|------|-----|--------|-----|------|-----|------|-----|------|-----|
|   | Rate | No. | Rate | No. | Rate   | No. | Rate | No. | Rate | No. | Rate | No. |
| All industries including state and local government                         | 14.1 | 1.8 | 1.9  | 0.3 | 1.4    | 0.2 |      |     | 3.0  | 0.4 | 7.8  | 1.0 |
| Private industry  | 11.9 | 1.4 | 1.4  | 0.2 | 0.9    | 0.1 |      |     | 3.2  | 0.4 | 6.5  | 0.8 |
| Goods-producing   | 26.7 | 0.6 | 2.0  |     | 1.4    |     |      |     | 13.8 | 0.3 | 9.6  | 0.2 |
| Natural resources and mining  |      |     |      |     |        |     |      |     |      |     |      |     |
| Agriculture, forestry, fishing and hunting                                  |      |     |      |     |        |     |      |     |      |     |      |     |
| Mining, quarrying, and oil and gas extraction                               |      |     |      |     |        |     |      |     |      |     |      |     |
| Construction  | 5.6  |     |      |     |        |     |      |     |      |     |      |     |
| Manufacturing   | 30.8 | 0.5 | 2.4  |     |        |     |      |     | 18.7 | 0.3 | 9.4  | 0.1 |
| Service-providing   | 8.5  | 0.8 | 1.3  | 0.1 | 0.7    | 0.1 |      |     | 0.7  | 0.1 | 5.8  | 0.6 |
| Trade, transportation, and utilities  | 8.0  | 0.2 | 1.1  |     |        |     |      |     |      |     | 5.8  | 0.1 |
| Wholesale trade   |      |     |      |     |        |     |      |     |      |     |      |     |
| Retail trade  | 6.8  | 0.1 | 1.4  |     |        |     |      |     |      |     | 4.9  | 0.1 |
| Transportation and warehousing  | 20.4 | 0.1 |      |     |        |     |      |     |      |     | 14.5 | 0.1 |
| Utilities   |      |     |      |     |        |     |      |     |      |     |      |     |
| Information   | 15.5 |     |      |     |        |     |      |     |      |     |      | _   |
| Finance, insurance, and real estate   | 1.4  |     |      |     |        |     |      |     |      |     |      | _   |
| Finance and insurance   | 1.6  |     |      |     |        |     |      |     |      |     |      | _   |
| Real estate and rental and leasing  |      |     |      |     |        |     |      |     |      |     |      | _   |
| Professional and business services  | 3.3  | 0.1 |      |     |        |     |      |     |      |     | 1.6  | _   |
| Professional, scientific, and technical services                            | 4.1  |     |      |     |        |     |      |     |      |     | 1.8  | _   |
| Management of companies and enterprises                                     |      |     |      |     |        |     |      |     |      |     |      | _   |
| Administrative and support and waste<br>management and remediation services | 3.1  |     |      |     |        | _   |      | -   |      | -   | -    | _   |
| Educational and health services   | 18.2 | 0.4 | 3.1  | 0.1 | 1.8    |     |      |     |      |     | 13.0 | 0.3 |
| Educational services  | 7.1  |     |      |     |        |     |      |     |      |     |      | _   |
| Health care and social assistance   | 20.6 | 0.4 | 3.7  | 0.1 | 2.1    |     |      |     |      |     | 14.6 | 0.3 |
| Leisure, entertainment, and hospitality                                     | 5.3  | 0.1 |      |     |        |     |      |     |      |     |      | -   |
| Accommodation and food services   |      |     |      |     |        |     |      |     |      |     |      | -   |
| Other services (except public administration)                               |      |     |      |     |        |     |      |     |      |     |      | -   |
| State and local government  | 32.0 | 0.5 | 6.4  | 0.1 | 5.8    | 0.1 |      |     | 1.7  |     | 18.0 | 0.3 |
| State government  | 19.1 | 0.1 | 11.0 | 0.1 |        |     |      |     |      |     | 6.7  | -   |
| Local government  | 38.4 | 0.4 | 4.1  |     | 8.3    | 0.1 |      |     | 2.3  |     | 23.7 | 0.2 |

**Source:** CTDOL; Rates are adjusted for hours worked and are per 10,000 full-time workers. Number of cases are in thousands (i.e 0.2 means 200 cases). Blanks indicate too little data for reliable estimates. Detailed subcategories with no publishable data are omitted.

The highest specific sector rate was for Local Government at 38.4 cases per 10,000 workers. Local Government was followed by Manufacturing at 30.8, Health Care at 20.6, and Transportation and Warehousing at 20.4. Specific conditions varied by which sector was highest, though these are difficult to evaluate since so many sectors had too few cases in the sample to generate a meaningful rate.

#### **Lost-Time Illnesses**

BLS obtains additional data for the subset of cases that result in lost worktime and provides additional detail on specific conditions and causes. The following draws from this data for conditions that are more chronic in nature (usually classified as occupational illness). Restricted work cases are not included in this data, which is about half again the number of lost worktime cases.

#### **Musculoskeletal Conditions**

The rate of musculoskeletal disorders (MSD) with lost time was 13% lower than the previous year at 42.5 cases per 10,000 workers (Figure C-3). The Connecticut rate is 46% higher than the national MSD rate of 29.1. MSD rates in Connecticut have generally decreased over the last five years. National rates for all private and public employees have only been available since 2008.

Musculoskeletal conditions are the most common category of specific injury and illness conditions and is a category that includes both chronic conditions and sprains and strains from overexertion. BLS defines this fairly complex category as "includes cases where the nature of the injury or illness is pinched nerve; herniated disc; meniscus tear; sprains, strains, tears; hernia (traumatic and non-traumatic); pain, swelling, and numbness; carpal or tarsal tunnel syndrome; Raynaud's syndrome or phenomenon; musculoskeletal system and connective tissue diseases and disorders, when the event or exposure leading to the injury or illness is overexertion and bodily reaction, unspecified; overexertion involving outside sources; repetitive motion involving microtasks; other and multiple exertions or bodily reactions; and rubbed, abraded, or jarred by vibration."

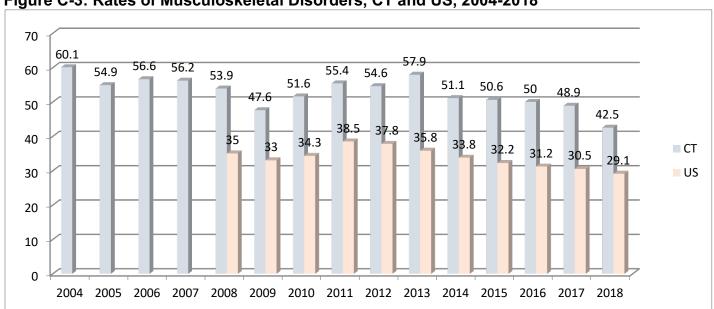


Figure C-3: Rates of Musculoskeletal Disorders, CT and US, 2004-2018

**Source:** U.S. Bureau of Labor Statistics (Customized Tables); http://data.bls.gov Rates are cases per 10,000 full time employees, public and private

**Tendonitis** was the most common specific lost-time illness in CT, with a rate of 0.9 cases per 10,000 workers in 2018 (Figure C-4), and 0.8 cases per 10,000 of **Carpal Tunnel Syndrome** (CTS). The rate of CTS in CT was 60% higher than the national rate and 80% higher for tendonitis. CTS had a very high number of lost work days, with a median of 41 days of lost time per case (compared to 8 days for all cases of injury and illness) in CT. Tendonitis (and related soft-tissue disorders) was also high at 14 days, and musculoskeletal disorders had 13.

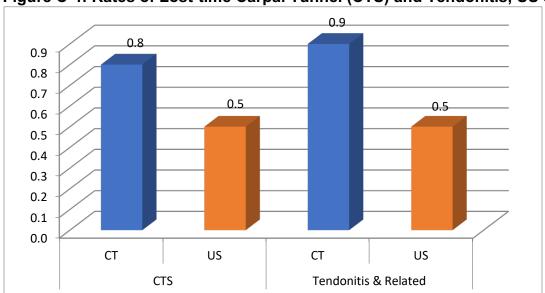


Figure C-4: Rates of Lost-time Carpal Tunnel (CTS) and Tendonitis, US & CT, 2018

Source: BLS Website <a href="http://www.bls.gov">http://www.bls.gov</a> customized tables, private and public, cases per 10,000 full time employees.

Connecticut lost time cases coded as "**repetitive motion**" for cause increased slightly to 2.9 cases per 10,000 workers from 2.7 in the previous year. Grasping objects was the largest specific cause of repetitive motion (Table C-3). The CT rate was 53% higher than the national rate of 1.9. Repetitive motion lost time cases in CT had a median of 33 days away from work.

Table C-3: Illnesses involving Repetitive Motion by Type, 2017-2018

| Repetitive Motion Injuries             | 2017 | 2018 |
|--|------|------|
| Microtasks (unspecified)               | 0.7  | 0.6  |
| Typing and computer                    | 0.9  | 0.5  |
| Tools                                  | 0.5  | 0.7  |
| Grasping, placing, moving              | 0.5  | 0.9  |
| Hand use (not tools)                   | 0.1  | 0.1  |
| Multiple types of repetitive motions   | 0.1  | 0.2  |
| Other microtasks                       | 0.2  | 0.3  |
| All repetitive with microtasks (total) | 2.7  | 2.9  |

## D. Workers' Compensation First Report of Injury Data

There was a total of 5,215 reports in the Workers' Compensation First Report of Injury Database for 2018 (Table D-1), a 2% decrease from 2017, with a 18% decrease in skin disorders and 15% decrease in infectious diseases but with a 44% increase in lung disorders, and a 7% increase in "other illnesses"; Musculoskeletal Disorders (MSD) were almost unchanged with a 3% decrease.

Approximately half (47%) of the reports were due to chronic musculoskeletal disorders (MSD) such as carpal tunnel syndrome and tendonitis. Infectious diseases accounted for 23% of the cases, lung diseases (including nonspecific respiratory illness and chronic lung conditions such as asthma and asbestos-related illnesses and exposures) 8%, skin disorders 4%, and "Other Illnesses" (which includes heart conditions, stress cases, noise-induced hearing loss, and other conditions), 19%.

Table D-1: Occupational Disease by Type, WCC, 2017-2018

|                                 | 2017  |       |            |          |
|---------------------------------|-------|-------|------------|----------|
| Illness type                    | Cases | Cases | % of Total | % Change |
| Musculoskeletal Disorders (MSD) | 2,501 | 2,429 | 47%        | -3%      |
| Infectious Disease              | 1,398 | 1,194 | 23%        | -15%     |
| Lung Disorders                  | 301   | 433   | 8%         | 44%      |
| Skin Disorders                  | 222   | 183   | 4%         | -18%     |
| Other Illnesses                 | 913   | 976   | 19%        | 7%       |
| Total                           | 5,335 | 5,215 | 100%       | -2%      |

Overall, 50% of reports were for women, but this varied by type of case, with a higher proportion than average for infectious diseases (66% women) but lower for all other types of illness (Figure D-1).

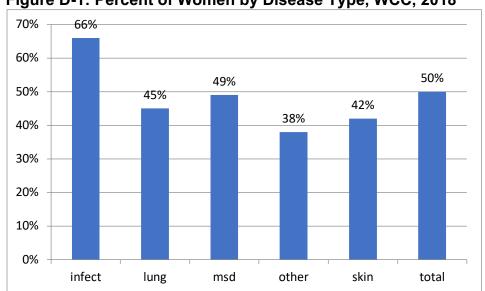


Figure D-1: Percent of Women by Disease Type, WCC, 2018

Reported occupational illnesses occurred more in older workers, with almost half (46%) involving workers between 40 and 59 years old (Table D-2), with 21% involving workers in their 30's, and 18% in their 20's.

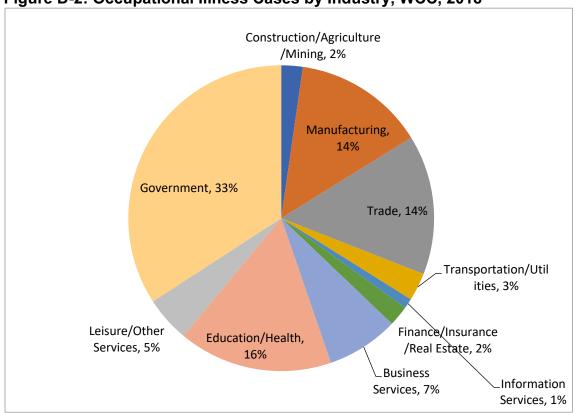
Numbers and rates of occupational illnesses by industry sector are presented by major North American Industry Classification System (NAICS) classifications in Figure D-2 and Table D-3. Ninety-eight percent (98%) of

reported cases were able to be coded for major industry sector. The largest sectors in terms of overall numbers were Government (33%), Education/Health (16% of all cases; there are also health and education cases classified under government, such as employees in public schools), Manufacturing (14%), and Trade (14%).

Table D-2: Occupational Illness by Age, 2018

| Age Range | Cases | Percent |
|-----------|-------|---------|
| Under 20  | 39    | 1%      |
| 20-29     | 935   | 18%     |
| 30-39     | 1,068 | 21%     |
| 40-49     | 1,084 | 21%     |
| 50-59     | 1,301 | 25%     |
| 60-69     | 693   | 13%     |
| 70+       | 61    | 1%      |
| Unknown   | 34    |         |
| Total     | 5,215 |         |

Figure D-2: Occupational Illness Cases by Industry, WCC, 2018



The number of illnesses by industry may be compared to the size of employment in those industries to understand which industries are at higher risk for illness. Table D-3 shows these figures, excluding cases where the industry was unknown. Overall, the rate of illness is 31.2 cases per 10,000 workers, a decrease of 2.5% from the 32.0 cases per 10,000 in 2017. The highest employment rates by industry sector were for Government (77.6, 149% higher than the overall rate) and Manufacturing (44.2 or 42% higher), with all other sectors at or below the average rate.

Table D-4 provides the detail of industry sector by type of condition. Patterns of illness by industry differed by the type of illness, although Government was relatively high in all categories. Table D-4 is based on **numbers** of cases and not **rates**, so they are not adjusted for employment size in the different sectors (rates are shown in Tables D-3 and D-5).

Table D-3: Cases of Occupational Disease by Major Industry Sector, WCC, 2018

| NAICS Sector                    | Cases | Case % | Employment | Emp. % | Rate |
|---------------------------------|-------|--------|------------|--------|------|
| Construction/Agriculture/Mining | 116   | 2%     | 64,041     | 4%     | 18.1 |
| Manufacturing                   | 710   | 14%    | 160,500    | 10%    | 44.2 |
| Trade                           | 755   | 14%    | 242,310    | 14%    | 31.2 |
| Transportation/Utilities        | 151   | 3%     | 53,866     | 3%     | 28.0 |
| Information Services            | 54    | 1%     | 31,734     | 2%     | 17.0 |
| Finance/Insurance/Real Estate   | 110   | 2%     | 123,655    | 7%     | 8.9  |
| Business Services               | 389   | 7%     | 221,027    | 13%    | 17.6 |
| Education/Health                | 832   | 16%    | 326,812    | 20%    | 25.5 |
| Leisure/Other Services          | 246   | 5%     | 224,616    | 13%    | 11.0 |
| Government                      | 1,745 | 33%    | 224,852    | 13%    | 77.6 |
| Unknown                         | 107   | 2%     |            |        |      |
| Total                           | 5,215 | 100%   | 1,673,867  | 100%   | 31.2 |

**Notes:** Employment is adjusted for hours worked. A small number of reports that could not be coded for industry are categorized as unknown. Rates are illnesses per 10,000 workers. Total employment and percent do not equal the sum of components due to rounding errors. \*Government sector includes cases that could alternately be classified under health and education (i.e. public schools). NAICS is the North American Industry Classification System.

Local Government had a high number of cases in almost all categories of illnesses. **Infectious diseases** were concentrated in Local Government (45%) and Education/Health (31%). **Lung diseases** were concentrated in Local Government (45%), State Government (11%), and Education/Health (10%). **Musculoskeletal disorders** (MSD) were spread across Manufacturing (23%), Trade (21%), and Education/Health (13%). **Skin disorders** were spread across Local Government (26%), Education/Health (22%), Trade (14%), and Manufacturing (13%). **"Other" illnesses**, including heart conditions and hypertension, stress, and hearing loss cases (see below) were most common in Local Government (28%), Trade (19%) and Manufacturing (12%).

Table D-4: Type of Disease by Industry Sector, WCC, 2018

| 14510 5 4. 1990 01 5      |     | ther | L   | ung  | Infec | tious | M     | SD   | S   | kin  | Total |      |
|---------------------------|-----|------|-----|------|-------|-------|-------|------|-----|------|-------|------|
| Construction/Agric/Mining | 24  | 3%   | 4   | 1%   | 4     | 0%    | 81    | 3%   | 3   | 2%   | 116   | 2%   |
| Manufacturing             | 114 | 12%  | 36  | 9%   | 4     | 0%    | 533   | 23%  | 23  | 13%  | 710   | 14%  |
| Trade                     | 178 | 19%  | 30  | 7%   | 13    | 1%    | 508   | 21%  | 26  | 14%  | 755   | 15%  |
| Transport/Utilities       | 28  | 3%   | 4   | 1%   | 14    | 1%    | 102   | 4%   | 3   | 2%   | 151   | 3%   |
| Information Services      | 9   | 1%   | 1   | 0%   | 0     | 0%    | 41    | 2%   | 3   | 2%   | 54    | 1%   |
| Finance/Insurance/RE      | 23  | 2%   | 6   | 1%   | 3     | 0%    | 76    | 3%   | 2   | 1%   | 110   | 2%   |
| Business Services         | 55  | 6%   | 17  | 4%   | 113   | 10%   | 191   | 8%   | 13  | 7%   | 389   | 8%   |
| Education/Health          | 87  | 9%   | 42  | 10%  | 363   | 31%   | 300   | 13%  | 40  | 22%  | 832   | 16%  |
| Leisure/Other Services    | 73  | 8%   | 26  | 6%   | 11    | 1%    | 123   | 5%   | 13  | 7%   | 246   | 5%   |
| Local Government          | 264 | 28%  | 191 | 45%  | 531   | 45%   | 202   | 9%   | 47  | 26%  | 1,235 | 24%  |
| State Government          | 102 | 11%  | 65  | 15%  | 128   | 11%   | 208   | 9%   | 7   | 4%   | 510   | 10%  |
| Subtotal                  | 957 | 100% | 422 | 100% | 1,184 | 100%  | 2,365 | 100% | 180 | 100% | 5,108 | 100% |
| Unknown                   | 19  |      | 11  |      | 10    |       | 64    |      | 3   |      | 107   | _    |
| Total                     | 976 |      | 433 |      | 1,194 |       | 2,429 |      | 183 |      | 5,215 |      |

Table D-5: Specific Industry Sectors with over 25 Cases of Occupational Disease, WCC, 2018

| Table D-5: Specific Industry Sectors with over 25 Cases of Occupational Disease, WCC, 2018 |       |       |            |      |       |        |
|--|-------|-------|------------|------|-------|--------|
| Specific Industry Sector   | NAICS | 2018  | Employment | Rate | 2017  | Change |
| Computer and Electronic Product Manufacturing  | 334   | 96    | 10,931     | 87.8 | 121   | -21%   |
| Local Government   |       | 1,235 | 145,761    | 84.7 | 1,220 | 1%     |
| State Government   |       | 510   | 60,994     | 83.6 | 590   | -14%   |
| Electric Power Generation  | 221   | 38    | 5,172      | 73.5 | 37    | 3%     |
| Non-store Retailers  | 454   | 60    | 8736       | 68.7 | 31    | 94%    |
| Electrical Equip, Appliance, Component Manuf   | 335   | 46    | 8,072      | 57.0 | 42    | 10%    |
| Food and Beverage Stores   | 445   | 238   | 42,804     | 55.6 | 272   | -13%   |
| Hospitals  | 622   | 309   | 58,330     | 53.0 | 387   | -20%   |
| Transportation Equipment Manufacturing   | 336   | 232   | 45,619     | 50.9 | 224   | 4%     |
| Telecommunications   | 517   | 36    | 7,264      | 49.6 | 18    | 100%   |
| Food Products  | 311   | 39    | 8,145      | 47.9 | 30    | 30%    |
| Chemical Manufacturing   | 325   | 33    | 7,761      | 42.5 | 28    | 18%    |
| Couriers and Messengers  | 492   | 34    | 8,315      | 40.9 | 28    | 21%    |
| Merchant Wholesalers, Nondurable Goods   | 424   | 82    | 21,140     | 38.8 | 76    | 8%     |
| Fabricated Metal Product Manufacturing   | 332   | 114   | 29,715     | 38.4 | 127   | -10%   |
| General Purpose Machinery Manufacturing  | 333   | 46    | 13,045     | 35.3 | 34    | 35%    |
| General Merchandise Stores   | 452   | 99    | 28,245     | 35.1 | 82    | 21%    |
| Administrative and Support Services  | 561   | 274   | 84,980     | 32.2 | 276   | -1%    |
| Nursing and Residential Care Facilities  | 623   | 192   | 60,714     | 31.6 | 179   | 7%     |
| Misc. Retail Stores  | 453   | 29    | 9,690      | 29.9 | 23    | 26%    |
| Accommodation  | 721   | 33    | 11,768     | 28.0 | 36    | -8%    |
| Non-residential Construction   | 236   | 30    | 10,887     | 27.6 | 29    | 3%     |
| Merchant Wholesalers, Durable Goods  | 423   | 82    | 31,866     | 25.7 | 79    | 4%     |
| Transit and Ground Passenger Transport   | 485   | 33    | 14,339     | 23.0 | 24    | 38%    |
| Motor Vehicle Dealers  | 441   | 48    | 21,756     | 22.1 | 50    | -4%    |
| Clothing and clothing accessories  | 448   | 34    | 16,415     | 20.7 | 35    | -3%    |
| Personal and Laundry Services  | 812   | 45    | 22,290     | 20.2 | 26    | 73%    |
| Physician Offices  | 621   | 187   | 92,630     | 20.2 | 175   | 7%     |
| Educational Services   | 611   | 99    | 58,228     | 17.0 | 121   | -18%   |
| Membership Associations and Organizations  | 813   | 25    | 16,786     | 14.9 | 24    | 4%     |
| Specialty Trade Contractors  | 238   | 60    | 41,157     | 14.6 | 79    | -24%   |
| Credit Intermediation & Related Activities (Banks)   | 522   | 34    | 23,464     | 14.5 | 37    | -8%    |
| Professional, Scientific, and Technical Services   | 541   | 94    | 96,341     | 9.8  | 66    | 42%    |
| Social Assistance  | 624   | 44    | 56,910     | 7.7  | 47    | -6%    |
| Food Services and Drinking Places  | 722   | 77    | 117,451    | 6.6  | 96    | -20%   |
| Insurance Carriers and Related Activities  | 524   | 28    | 57,435     | 4.9  | 36    | -22%   |

Table D-5 shows those specific industry subsectors (3-digit NAICS code) that reported 25 or more cases of occupational illness in 2018, ordered by the highest *rate* of illness. Local Government and State Government do not show detailed sector (such as Education or Health) since the data did not provide reliable detail. The highest rates were in Computer and Electronic Product Manufacturing (87.8 cases per 10,000 workers), Local Government (83.6), State government (86.2), Electric Power Generation (73.5), and Non-store retailers (68.7). Rates for sectors listed below Nursing and Residential Care Facilities are below the average overall state rate of 31.2 per 10,000 workers (the high number of cases for those subsectors is primarily because they employ large numbers of workers).

#### Illnesses by Town/Municipality

Occupational illnesses were coded by the town where the illness occurred (typically the town where the employer is located). Table D-6 (and Figure A-1 in the Summary section) show the rates of illness per 10,000 employees per town (based on total employment by town of employment, provided by the CT Dept. of Labor) for all towns and municipalities with at least 25 cases of occupational illness reported in 2018. The table is ordered by rates, with the highest rates first. Rates of illness varied widely by municipality; often high rate towns appear to have large employers in high rate industries. The overall state average was 31.2 cases per 10,000 employees.

For towns with at least 25 cases, Cromwell had the highest rate at 123 cases per 10,000 employees, almost 3 times higher than the average rate of 31. Cromwell was followed by Tolland (117), Vernon (72), Killingly (68), Meriden (57), Stratford (57), Waterbury (55), Torrington (51), and Farmington (50).

Table D-6: Illnesses by Town/Municipality, 25 or more cases, WCC, 2018

| Town          | Cases | Employment | Rate per 10,000 | Rank |
|---------------|-------|------------|-----------------|------|
| Cromwell      | 94    | 7,671      | 123             | 1    |
| Tolland       | 43    | 3,676      | 117             | 2    |
| Vernon        | 61    | 8,478      | 72              | 3    |
| Killingly     | 61    | 9,025      | 68              | 4    |
| Meriden       | 133   | 23,246     | 57              | 5    |
| Stratford     | 142   | 24,926     | 57              | 6    |
| Waterbury     | 221   | 39,841     | 55              | 7    |
| Torrington    | 76    | 14,828     | 51              | 8    |
| Farmington    | 161   | 32,264     | 50              | 9    |
| Manchester    | 135   | 27,667     | 49              | 11   |
| Middletown    | 134   | 27,576     | 49              | 10   |
| South Windsor | 63    | 14,265     | 44              | 12   |
| Windsor       | 118   | 26,966     | 44              | 14   |
| Groton        | 123   | 28,126     | 44              | 13   |
| Westport      | 65    | 15,255     | 43              | 15   |
| New Milford   | 34    | 8,124      | 42              | 16   |
| Stonington    | 31    | 7,681      | 40              | 17   |
| Windsor Locks | 51    | 13,145     | 39              | 19   |
| Windham       | 39    | 10,144     | 38              | 20   |
| Mansfield     | 44    | 11,586     | 38              | 18   |
| Brookfield    | 27    | 7,276      | 37              | 23   |
| Newington     | 61    | 16,528     | 37              | 21   |

|       |  |   | 1  |
|-------|--|---|--|
| 61    | 16,845   | 36  | 22   |
| 29    | 8,351  | 35  | 25   |
| 40    | 11,725   | 34  | 24   |
| 37    | 11,157   | 33  | 27   |
| 26    | 7,903  | 33  | 28   |
| 55    | 16,851   | 33  | 26   |
| 44    | 13,674   | 32  | 29   |
| 25    | 7,879  | 32  | 30   |
| 5,215 | 1,673,867  | 31  | CT Average   |
| 342   | 109,780  | 31  | 31   |
| 59    | 19,534   | 30  | 33   |
| 126   | 42,033   | 30  | 32   |
| 52    | 17,390   | 30  | 34   |
| 55    | 18,461   | 30  | 35   |
| 127   | 43,591   | 29  | 36   |
| 241   | 83,424   | 29  | 37   |
| 45    | 17,187   | 26  | 38   |
| 27    | 10,680   | 25  | 39   |
| 36    | 15,688   | 23  | 40   |
| 29    | 12,755   | 23  | 41   |
| 49    | 22,346   | 22  | 42   |
| 53    | 24,534   | 22  | 43   |
| 37    | 17,157   | 22  | 44   |
| 57    | 27,616   | 21  | 45   |
| 59    | 28,830   | 20  | 46   |
| 51    | 24,942   | 20  | 47   |
| 38    | 18,680   | 20  | 48   |
| 66    | 34,443   | 19  | 49   |
| 63    | 33,496   | 19  | 50   |
| 52    | 27,983   | 19  | 51   |
| 81    | 44,503   | 18  | 52   |
| 33    | 20,607   | 16  | 53   |
| 79    | 76,350   | 10  | 54   |
|       | 40 37 26 55 44 25 5,215 342 59 126 52 55 127 241 45 27 36 29 49 53 37 57 59 51 38 66 63 52 81 33 | 29       8,351         40       11,725         37       11,157         26       7,903         55       16,851         44       13,674         25       7,879         5,215       1,673,867         342       109,780         59       19,534         126       42,033         52       17,390         55       18,461         127       43,591         241       83,424         45       17,187         27       10,680         36       15,688         29       12,755         49       22,346         53       24,534         37       17,157         57       27,616         59       28,830         51       24,942         38       18,680         66       34,443         63       33,496         52       27,983         81       44,503         33       20,607 | 29       8,351       35         40       11,725       34         37       11,157       33         26       7,903       33         55       16,851       33         44       13,674       32         25       7,879       32         5,215       1,673,867       31         342       109,780       31         59       19,534       30         126       42,033       30         52       17,390       30         55       18,461       30         127       43,591       29         241       83,424       29         45       17,187       26         27       10,680       25         36       15,688       23         29       12,755       23         49       22,346       22         53       24,534       22         57       27,616       21         59       28,830       20         51       24,942       20         38       18,680       20         66       34,443       19         63 |

<sup>\*</sup>Lower rank indicates higher rates of illness (i.e. the town ranked first has the highest rate of illness). Ranks are based on the towns with at least 25 cases of illness reported for the year. Employment figures are based on the town of employment. The Connecticut rate is the average of all towns, not just those with 25 or more cases.

#### Musculoskeletal Disorders (MSD)

"Musculoskeletal disorders" is the currently-used term for conditions also known as cumulative trauma disorders or repetitive strain injuries. There were 2,429 cases of MSD reported to Workers' Compensation in 2018, a 3% decrease from 2017 (Table D-7). MSD accounted for just under half (47%) of the reported occupational diseases to Workers' Compensation. MSD do not include cases for conditions determined to be injuries caused from sudden events (this is a different definition than that used by BLS/CTDOL for lost time MSD, which includes some acute injuries). Most cases for the lower back are not included (since the descriptions of back conditions are typically insufficient to be able to distinguish between acute injuries and cumulative back injuries) unless they specifically noted that they were due to repetitive exposures.

Strains and sprains (which do not include acute strains or sprains such as those from single events/accidents) was the most common category of MSD, with 71% of reports (Table D-7) coded for that general category. Carpal Tunnel Syndrome (CTS), which is a very debilitating pinching of the median nerve at the wrist, accounted for 10% of total MSD reports. Other nerve-related problems (with descriptions of numbness or tingling) accounted for an additional 5% of cases. Tendon-related problems including tendonitis and tenosynovitis, epicondylitis ("tennis elbow" or "golfer's elbow"), trigger finger, and rotator cuff accounted for 3% of cases. A large number of cases did not have a specific description other than inflammation, swelling, or pain.

Table D-7: Musculoskeletal Disorders (MSD) by Type, WCC, 2017-2018

|                          | 2017  | 2018  |      |        |
|--------------------------|-------|-------|------|--------|
| MSD Type                 | Cases | Cases | %    | Change |
| Sprain/strain            | 1,756 | 1,718 | 71%  | -2%    |
| Carpal Tunnel Syndrome   | 263   | 255   | 10%  | -3%    |
| Numbness                 | 91    | 118   | 5%   | 30%    |
| Tendonitis/tenosynovitis | 38    | 34    | 1%   | -11%   |
| Trigger finger           | 29    | 25    | 1%   | -14%   |
| Epicondylitis            | 13    | 20    | 1%   | 54%    |
| Ganglion cyst            | 16    | 15    | 1%   | -6%    |
| Rotator cuff             | 7     | 9     | 0%   | 29%    |
| Arthritis/bursitis       | 11    | 9     | 0%   | -18%   |
| Other/Unknown            | 279   | 226   | 9%   | -19%   |
| Total                    | 2,503 | 2,429 | 100% | -3%    |

Almost three-quarters (73%) of the cases of MSD were in the upper limbs of the body such as hands, arms, elbows, and shoulders (Table D-8). Another 14% were for the lower extremity (legs, knees and feet), and 7% for the neck, upper back, and torso (note that lower back cases were excluded from these figures unless they explicitly indicated they were due to cumulative exposures).

Causes of conditions were often incomplete, overlapping, and not consistently coded nor described. Approximately 80% of MSD cases had enough description to show some cause. Of the MSD that could be classified (Table D-9), the most frequently mentioned cause was the broad category of "repetitive" (29% of cases). This term is often used as a general description to describe any chronic musculoskeletal problem. Repetitive motion was followed by lifting and carrying (19%), pushing or pulling (12%), tool use (including references specifically to pneumatic tools or vibration exposure; 9%), and computing and clerical tasks (8%).

Table D-8: Musculoskeletal Disorders by Part of Body, WCC, 2018

| Part of body                         | Cases | Percent |
|--------------------------------------|-------|---------|
| Lower Arm, Wrist, Hand               | 1,021 | 42%     |
| Upper Arm, Shoulder, Upper Extremity | 560   | 23%     |
| Legs, Knees, and Feet                | 336   | 14%     |
| Elbow                                | 195   | 8%      |
| Neck, Back, Torso                    | 169   | 7%      |
| Multiple                             | 132   | 5%      |
| Other/Unknown                        | 16    | 1%      |
| Total                                | 2,429 | 100%    |

Table D-9: Musculoskeletal Disorders (MSD) with Identified Cause, WCC, 2018

| Cause of MSD                         | Reports | %      |
|--------------------------------------|---------|--------|
| Repetitive                           | 574     | 29%    |
| Lifting/carrying                     | 373     | 19%    |
| Push/Pull                            | 228     | 12%    |
| Tools/vibration                      | 180     | 9%     |
| Computer/clerical                    | 155     | 8%     |
| Reaching                             | 71      | 4%     |
| Bending/kneeling/crawling            | 61      | 3%     |
| Assembly                             | 48      | 2%     |
| Walking/running/moving               | 38      | 2%     |
| Machine                              | 32      | 2%     |
| Twisting                             | 30      | 2%     |
| Grasping/gripping/squeezing          | 27      | 1%     |
| Climbing                             | 25      | 1%     |
| Driving                              | 23      | 1%     |
| Patient care                         | 22      | 1%     |
| Sitting/standing                     | 18      | 0.9%   |
| Cleaning/mopping/sweeping            | 14      | 0.7%   |
| Shoveling                            | 13      | 0.7%   |
| Scanning/cashier                     | 9       | 0.5%   |
| Selecting/sorting/inspecting/packing | 7       | 0.4%   |
| Posture                              | 5       | 0.3%   |
| Sub-Total                            | 1,953   | 100.0% |
| Unknown/other                        | 476     |        |
| Total                                | 2,429   |        |

#### **Infectious Diseases**

There were 1,194 reports of infectious diseases or exposures in the database for 2018 (Table D-10), a 15% decrease from the previous year. Infectious disease reports include both actual disease and exposure to infectious agents. There were 995 reports of exposure to bloodborne pathogens (including reports of exposure to HIV/AIDS and Hepatitis C), accounting for 83% of all infectious disease reports and a 3% decrease from the previous year. These included 369 needlestick injuries or cuts from sharps or surgical instruments that may have resulted in exposure to a patient's blood, 473 reports of exposures to human bites (cases were excluded if they specifically indicated the skin was not broken), and 153 reports of skin or eye exposure to blood or bodily fluids. There were additional reports of exposure to "spit" or "sputum" that are not reported here, since risks tend to be extremely low from such exposures. Diseases that can be contracted through blood and body fluid exposures include hepatitis B and C and HIV.

Human bites are considered to be relatively low risk exposures in terms of bloodborne disease transmission. Exposure to blood and fluids are somewhat higher risk (especially if the worker has open wounds or sores). Sharps (i.e. scalpels) and needlesticks are considered the highest risk (especially if they are deep cuts or injections). Incidents concerning prisoners or clients (including special needs students) accounted for the vast majority of human bites as well as some of the other bloodborne exposures. The data does not have consistent information on whether the source patient is known to be infected with a bloodborne illness such as HIV or hepatitis, so many of these reported incidents will have little or no actual risk of disease transmission. However, preventive efforts focus on universal precautions, so it is important to reduce these incidents regardless of whether patients/clients are known to be infected.

Table D-10: Infectious Diseases and Exposures by Type, WCC, 2017-2018

| ·   | 2017  |      | 2018  |      |        |
|---|-------|------|-------|------|--------|
| Illness                                     | Cases | %    | Cases | %    | Change |
| Bloodborne: Human bite                      | 461   | 33%  | 473   | 40%  | 3%     |
| Bloodborne: Sharp and needlestick exposures | 378   | 27%  | 369   | 31%  | -2%    |
| Bloodborne: Blood/body fluids               | 192   | 14%  | 153   | 13%  | -20%   |
| Lyme Disease/Tick bite                      | 86    | 6%   | 72    | 6%   | -16%   |
| Other infectious                            | 43    | 3%   | 41    | 3%   | -5%    |
| TB/PPD conversion/exposure                  | 197   | 14%  | 30    | 3%   | -85%   |
| Meningitis exposure                         | 7     | 0%   | 21    | 2%   | 200%   |
| Scabies/lice                                | 17    | 1%   | 13    | 1%   | -24%   |
| MRSA/staph/strep                            | 8     | 1%   | 12    | 1%   | 50%    |
| Rabies                                      | 12    | 1%   | 8     | 1%   | -33%   |
| Chicken pox, measles, whooping cough        | 2     | 0%   | 2     | 0%   | 0%     |
| Total                                       | 1,403 | 100% | 1,194 | 100% | -15%   |

There were 72 reports of tick bites, rashes from tick bites and/or a diagnosis of Lyme disease attributed to occupational exposures, a 16% decrease. There were 30 cases of tuberculosis infection (usually determined by PPD conversion, a skin test based on immune response to TB) or exposure to clients with TB; this was a large decrease of 85% from 2017. In addition, there were 21 reports of meningitis exposure or illness, 13 cases of scabies or lice exposures/illnesses, 12 reports of exposure or cases of MRSA (Methicillin-resistant Staphylococcus aureus, or staph infection that responds poorly to antibiotics) or other staph or strep infections, 8 cases of exposure to rabies, and 2 cases of chicken pox, measles or whooping cough.

Court decisions have broadened the definition of compensable disease under Workers' Compensation to include exposures, particularly where exposure requires medical treatment such as prophylactic treatments for

tuberculosis (TB) and AIDS (HIV) exposures. It is often difficult to determine whether the first report of injury was actual disease or only exposure (for example, actual Lyme disease or only a report of a tick bite).

#### **Respiratory Illness and Poisonings**

There were 255 cases of respiratory illnesses (mostly nonspecific respiratory illness from relatively acute chemical or biological exposures) for 2018 (Table D-11), a 42% increase from 2017. In addition, *chronic* lung disease such as asbestos-related illnesses, asthma, and lung cancer are addressed in the following section. There were 47 cases of poisonings from carbon monoxide, other gases, mercury, or lead, a 194% increase from the previous year.

Chemical exposures were the most common cause of respiratory illness, (42% of cases) followed by smoke or fire (16%), general indoor air quality (IAQ) or mold (11%), and dust or fumes (6%). There were 34 cases of poisoning from exposure to carbon monoxide or other gases and fumes, 5 reports of lead poisoning, and 8 other poisonings or exposure in 2018.

A large number of respiratory cases (at least 25) were from emergency personnel responding to a large fire at an auto recycling facility which resulted in exposures to smoke, chemicals, and runoff. In addition to the more general categories of smoke and mold, specific substances were reported as connected to the respiratory cases: broken fluorescent light, cleaning chemicals and/or bleach (10 cases), fentanyl from a police suspect (2), liquid CO2, dry ice and resin in a spray booth, ammonia, refrigerant, hair salon chemicals (2), degreasing fluid, chemicals at a transfer station (3), vaporized fiberglass, vaping fumes, Peridox RTU, acid, brake cleaner, antifreeze, illegal drugs (2), solvents, paint (2), chlorine, fire extinguisher chemicals (3), vinyl repair glue, perfume, spray adhesive, gasoline (3), varnish, sealant, pepper spray (2), acetaldehyde, glycol, and coolant.

Table D-11: Respiratory Conditions and Poisonings by Cause, WCC, 2017-2018

| Cause                           | 2017  |      | 201   | 18   |        |
|---------------------------------|-------|------|-------|------|--------|
| Respiratory                     | Cases | %    | Cases | %    | Change |
| Chemical Exposure               | 60    | 33%  | 107   | 42%  | 78%    |
| Smoke, Fire                     | 36    | 20%  | 42    | 16%  | 17%    |
| IAQ/mold/odor                   | 17    | 9%   | 28    | 11%  | 65%    |
| Dust/fumes                      | 38    | 21%  | 16    | 6%   | -58%   |
| Other Respiratory               | 32    | 17%  | 62    | 24%  | 94%    |
| Respiratory subtotal            | 183   | 100% | 255   | 100% | 39%    |
|                                 |       |      |       |      |        |
| Poisoning                       |       |      |       |      |        |
| Carbon monoxide/gas             | 15    | 94%  | 34    | 72%  | 127%   |
| Lead                            | 0     | 0%   | 5     | 11%  |        |
| Other Poisoning                 | 1     | 6%   | 8     | 17%  | 700%   |
| Poisoning Subtotal              | 16    | 100% | 47    | 100% | 194%   |
| Total Respiratory and Poisoning | 199   | 100% | 302   | 100% | 53%    |

#### **Chronic Lung Conditions**

There were 131 cases of chronic lung conditions in 2018, a 28% increase from the previous year (Table D-12). These included asbestos-related diseases and exposures, occupational asthma, and other chronic lung diseases. Acute respiratory illnesses are classified under respiratory conditions and poisonings (above).

#### **Asbestos**

There were 41 reports of asbestos-related disease or exposures in 2018, a very large increase (almost 200%) from the prior year. The descriptions of the cases often make it difficult to determine whether the cases are actual disease or current exposure to asbestos; the notations may be either describing historic exposures that contributed to current disease, or current exposures that raise the risk of future disease. Cancers, including those caused by asbestos, are noted below (under "other illnesses"). See also separate data from the Occupational Health Indicators project in relation to asbestosis and mesothelioma deaths in the Summary of Disease section above. Asbestos exposure is known to increase the risk of lung disease and cancer. If disease occurs as a result, it often appears between 10-40 years after exposure. Diseases caused by Asbestos exposure are known to be under-reported by traditional surveillance sources such as Workers' Compensation.

Table D-12: Chronic Lung Diseases by Type, WCC, 2017-18

| Illness            | 2017 | 2018 | Change |
|--------------------|------|------|--------|
| Asthma/bronchitis  | 20   | 29   | 45%    |
| Asbestos-related   | 14   | 41   | 193%   |
| Allergies          | 4    | 11   | 175%   |
| Other chronic lung | 64   | 50   | -22%   |
| Total              | 102  | 131  | 28%    |

#### **Other Chronic Lung Conditions**

There were 29 occupational asthma cases reported in 2018 (a 45% increase from the previous year), 11 lung-related allergies, and 50 other chronic lung conditions. The causes mentioned for asthma and other chronic lung conditions were construction and other dust (18), indoor air quality and mold (14), food allergies (4), illegal drugs (3; law enforcement), bleach and cleaning chemicals (3), exertion (3), copper dust, nail salon chemicals, pepper spray, chlorine, raw silver dust, color samples, gasoline, paint, aqua seal, acid fumes, pesticides perfumes, and plants.

#### **Skin Conditions**

There were 183 skin conditions in the database in 2018 (Table D-13), a decrease of 18% over the previous year. These included 56 cases of contact dermatitis from poison ivy or other plants (31% of all skin cases).

Table D-13: Skin Diseases by Cause, WCC, 2017-2018

| Category              | 2017 | 2018 | %    | Change |
|-----------------------|------|------|------|--------|
| Poison Ivy/plants     | 79   | 56   | 31%  | -29%   |
| Chemical              | 42   | 31   | 17%  | -26%   |
| Soap/Cleaning         | 24   | 10   | 5%   | -58%   |
| Allergic              | 19   | 9    | 5%   | -53%   |
| Gloves/Latex/clothing | 10   | 9    | 5%   | -10%   |
| Rash/Other/Unknown    | 48   | 68   | 37%  | 42%    |
| Total                 | 222  | 183  | 100% | -18%   |

There were 31 cases of skin conditions caused by chemicals, as well as 10 additional cases attributed specifically to cleaning chemicals. There were 9 cases caused by allergic reactions to clothing, gloves, or latex, and 9 other allergic skin conditions. There were 68 cases of poorly defined skin conditions, frequently just described as rashes. In addition to cleaning chemicals, bleach and latex, specific substances associated with skin conditions included coolant (3), dog dander (2), cement (2), fiberglass, salt, drain cleaner, weed control chemicals, ink, Mykrostat, dust, mold, and standing in water.

#### **Stress and Heart Conditions**

#### **Heart and Hypertension**

There were 308 cases involving heart conditions, stroke, chest pain, hypertension, or stress in the database for 2018 (Table D-14), a 2% increase from the previous year. Reports noted 167 cases of heart attacks, myocardial infarctions or acute heart events and 6 reported strokes or blood clots, often associated with emergency care at a hospital. There were 19 cases that described the condition as hypertension or "heart and hypertension" (the usual legal term for heart or hypertension cases that are covered under workers' compensation for police and fire fighters).

Approximately one-half of the heart cases appeared to involve police or firefighters or other municipal and state employees who are frequently covered under heart and hypertension laws that presume those conditions to be work-related for Workers' Compensation purposes. Though not generally well described, causes of the heart cases included exertion (5 cases), violence (4) and stress (5).

Table D-14: Heart, Hypertension and Stress Conditions by Type, WCC, 2017-2018

| Category                     | 2017 | 2018 | %    | Change |
|------------------------------|------|------|------|--------|
| Heart attack/severe symptoms | 149  | 167  | 54%  | 12%    |
| Hypertension                 | 27   | 19   | 6%   | -30%   |
| Stroke/clots                 | 15   | 6    | 2%   | -60%   |
| Stress/anxiety/depression    | 110  | 116  | 38%  | 5%     |
| Total                        | 301  | 308  | 100% | 2%     |

#### **Mental Stress**

Table D-15: Stress Conditions by Cause, WCC, 2017-2018

| Sources of Stress Conditions          | 2017 | 2018 | %    |
|---------------------------------------|------|------|------|
| Violence/robbery/trauma/auto accident | 33   | 35   | 30%  |
| Harassment/hostile work environment   | 19   | 16   | 14%  |
| Supervisor/co-worker/customer         | 11   | 13   | 11%  |
| Excessive work demands                | 6    | 2    | 2%   |
| Unknown/other                         | 41   | 50   | 43%  |
| Total                                 | 110  | 116  | 100% |

There was a total of 116 stress-related claims in the database in 2018, a 5% increase over the previous year. Approximately one third (30%) of the cases where cause was noted referred to violence or post-traumatic stress disorders after violence (Table D-15), 16 cited either harassment or a hostile work environment, and 13 noted conflicts with supervisors, co-workers, or customers.

Stress cases included customer complaints or conflicts, having audio clips or photo posted about a worker, coworker abuse, threatening letters from a student, being in or observing a motor vehicle accident (6), a student throwing a chair, being involved with or observing a police shooting (2), finding a boss dead in the office, observing juveniles threatening to jump from a ledge, being struck by students or supervisor (4), sexual assault (2), getting stuck in an elevator, a co-worker seizure, new procedures while being under-staffed, suicidal thoughts, and panic attacks (8).

Stress-related claims that are not also associated with a physical injury are typically not compensable under the Workers' Compensation statute, so it is likely that there are additional unreported (non-compensable) cases. It should be noted that this report is based on First Reports of Injury for compensation, and the number of cases that were ultimately awarded compensation was not determined.

# Other Occupational Diseases Hearing Loss

There were 81 reports of hearing loss in 2018 (Table D-16), a 21% decrease from the previous year. Of these cases, 24 appeared to be caused by acute (single incident) noises or injuries such as rifle training, tire blowouts, chain saw, a car blower next to the ear, getting hit by a baseball, a disconnected air hose, alarms, trumpet players, dragging a pallet, drill hose explosion, backfires, and a battery explosion. Of all the hearing loss cases, most were from manufacturing (48 cases), in particular transportation equipment manufacturing (41 cases), as well as schools/police/firefighting/government (22 cases).

Table D-16: Other Occupational Illnesses, WCC, 2017-2018

| Type of illness              | 2017 | 2018 | %    | Change |
|------------------------------|------|------|------|--------|
| Chemicals in eye             | 78   | 99   | 15%  | 27%    |
| Hearing loss                 | 103  | 81   | 12%  | -21%   |
| Dizziness/fainting/seizure   | 142  | 154  | 23%  | 8%     |
| Cold/heat related conditions | 65   | 73   | 11%  | 12%    |
| Allergic                     | 73   | 68   | 10%  | -7%    |
| Cancer                       | 13   | 9    | 1%   | -31%   |
| Other conditions             | 138  | 184  | 28%  | 33%    |
| Total                        | 612  | 668  | 100% | 9%     |

#### **Other Disease Conditions**

There were 154 reports of workers becoming dizzy, fainting, or seizures, an 8% increase. Some of these are likely from pre-existing conditions that occurred while at work (such as epilepsy or diabetes) and some of these were accompanied by an injury from a fall. Some may reflect more serious conditions such as heart attacks but are just described based on initial symptoms.

There were 99 reports of chemical exposures to the eyes (this does not include other physical acute eye injuries such as particles or dust), a 27% increase. There were 73 reports of temperature-related problems from heat or cold, a 12% increase from the previous year. There were 68 cases of allergic reactions reported in addition to those noted above under respiratory and skin conditions, a 7% decrease. There were 9 cases of cancer reported, which included asbestos-related cancers. There were 184 "other" conditions that were difficult to classify, usually due to incomplete information.

## E. Occupational Illnesses and Injury Surveillance System (OIISS)

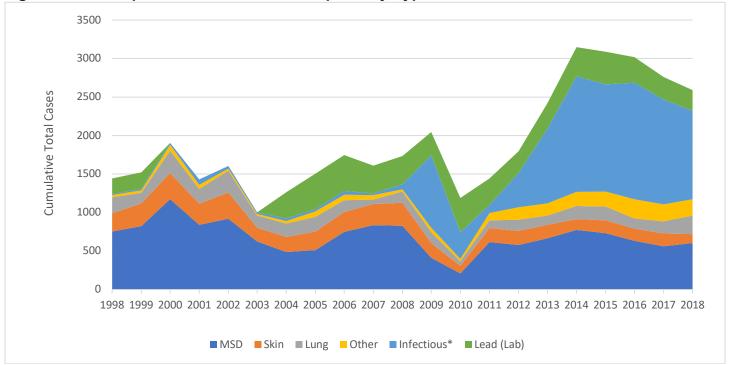
Physicians are required to report known and suspected occupational disease to the Occupational Illnesses and Injury Surveillance System (OIISS) that is maintained by the Department of Public Health. Although all physicians are required to report, most reports are from Connecticut's occupational health clinics and industrial medicine programs. Information on blood lead level laboratory reports is received from the Connecticut Adult Blood Lead Epidemiology and Surveillance (ABLES) program. Data for lead and infectious diseases were incomplete for certain years prior to 2012 (as noted in the table and figure below), so comparisons for total disease with earlier years should be made cautiously.

Table E-1: Occupational Disease Case Reports by Type, OIISS and ABLES, 2009-2018

| Category    | 2009  | 2010  | 2011  | 2012  | 2013  | 2014  | 2015  | 2016  | 2017  | 2018  | %<br>change<br>2017-<br>18 |
|-------------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----------------------------|
| MSD         | 411   | 208   | 616   | 580   | 666   | 774   | 734   | 633   | 562   | 603   | 7%                         |
| Skin        | 193   | 102   | 183   | 180   | 174   | 140   | 166   | 158   | 168   | 118   | -30%                       |
| Lung        | 140   | 56    | 101   | 146   | 120   | 171   | 178   | 133   | 155   | 241   | 55%                        |
| Other       | 59    | 33    | 96    | 164   | 159   | 184   | 195   | 250   | 220   | 210   | -5%                        |
| Infectious* | 939   | 347   | 103   | 443   | 973   | 1500  | 1,390 | 1,513 | 1,365 | 1,148 | -16%                       |
| Sub-total   | 1,742 | 746   | 1,099 | 1,513 | 2,092 | 2,769 | 2,663 | 2,687 | 2,470 | 2,320 | -6%                        |
| Lead (Lab)  | 304   | 443   | 345   | 283   | 327   | 379   | 425   | 330   | 292   | 268   | -8%                        |
| Total       | 2,046 | 1,189 | 1,444 | 1,796 | 2,419 | 3,148 | 3,088 | 3,017 | 2,762 | 2,588 | -6%                        |

<sup>\*</sup>Infectious did not include most bloodborne pathogen exposures in 2008 and 2011

Figure E-1: Occupational Disease Case Reports by Type, OIISS and ABLES, 1998-2018



<sup>\*</sup>Infectious category did not include most bloodborne pathogen exposures up to 2008, and again in 2011.

<sup>\*\*</sup> Lead values for 1998-99 did not include cases in the blood lead level range of 10-19 micrograms per deciliter (ug/dl).

There were 2,320 occupational illness reports received from physicians for 2018 (Table E-1). Physician reports decreased 6% in 2018 compared to the prior year. Infectious disease (such as bloodborne diseases and exposures) was the largest category of reports, accounting for 49% of the reports, followed by musculoskeletal conditions (MSD) such as tendonitis and carpal tunnel syndrome (26%). Skin disorders (including poison ivy and chemicals as causes) accounted for 5% and lung conditions (including respiratory conditions, asthma, and other lung diseases) comprised 10% of the physician reports. "Other" conditions (including heart disease, stress, and noise-induced hearing loss) accounted for 9%. There were 268 laboratory-reported adult blood lead levels of 10 micrograms per deciliter (ug/dl) or greater (an 8% decrease from the prior year), giving a total of 2,588 occupational illnesses reported by physicians or laboratories in 2018.

In 2018, 99 physicians from 14 clinics (at 17 locations) reported at least one case of occupational illness to the OIISS. Fourteen of the physicians reported 50 or more cases, accounting for 47% of the reports. Nine clinics reported 100 or more cases and contributed 92% of the cases.

Many workers with occupationally-related illness seek care from their primary care providers. Although it is a state law that known and suspected occupational diseases diagnosed by any physician in the state must be reported to CT Departments of Labor and Public Health (CGS § 31-40a), the majority of reporters are from the academic occupational health clinics and auxiliary occupational health clinics that are funded under the state occupational disease surveillance network. Therefore, these reports should be viewed as a small portion of physician-diagnosed occupational diseases in Connecticut.

Where certainty was reported, 77% of the cases were classed as "high certainty" for being an occupationallyrelated disease, 14% were "moderate certainty," and 9% "low certainty". There was a fairly low amount of reporting on whether exposure was continuing or if others are likely to be exposed, but 17% of those reported that the exposure that caused the illness was continuing, and 9% reported other workers were likely to be exposed to the same hazard.

Of the reports where race or ethnicity were known, 16% were identified as black and 12% were identified as Hispanic.

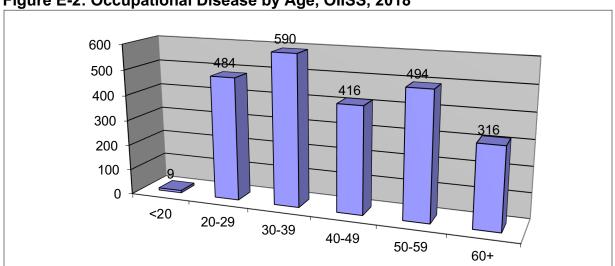


Figure E-2: Occupational Disease by Age, OIISS, 2018

Figure E-2 shows the age distribution of reported cases (where data was available). The most common age was for workers in their 30's with 25% of cases, followed by 50's (21%), 20's (21%), and 40's (18%).

The Education and Health sector had the most cases (49%), followed by Local Government (18%), Manufacturing (12%), and State Government (8%); see Figure E-3 and Table E-2. It should be noted that the Education and Health sector workplaces that were also government workers (such as public schools or hospitals) were counted as government.

State Govt, 8%

Manuf, 12%

Trade, 3%

Trans/Utility, 2%

Info, 1%

Fin/Insur/RE, 1%

Business Serv, 3%

Fduc/Health, 49%

Figure E-3: Occupational Disease by Industry Sector, OIISS, 2018

Table E-2: Type of Illness by Industry Sector (NAICS\*), OIISS, 2018

| - a.c                     | able 2 2. Type of filless by filadstry occitor (NAIGO ), Office, 2010 |      |        |       |       |      |       |      |       |      |       |      |
|---------------------------|---|------|--------|-------|-------|------|-------|------|-------|------|-------|------|
| Industry                  | Α   | II   | Infect | tious | Lung  |      | MSD   |      | Other |      | Skin  |      |
|                           | Cases   | %    | Cases  | %     | Cases | %    | Cases | %    | Cases | %    | Cases | %    |
| Construction/ Agriculture | 20  | 1%   | 1      | 0%    | 7     | 3%   | 10    | 2%   | 1     | 0%   | 1     | 1%   |
| Manufacturing             | 270   | 12%  | 8      | 1%    | 44    | 18%  | 171   | 28%  | 28    | 13%  | 19    | 16%  |
| Trade                     | 81  | 3%   | 6      | 1%    | 9     | 4%   | 56    | 9%   | 7     | 3%   | 3     | 3%   |
| Transport/Utilities       | 48  | 2%   | 5      | 0%    | 6     | 2%   | 32    | 5%   | 2     | 1%   | 3     | 3%   |
| Information Services      | 14  | 1%   | 3      | 0%    | 3     | 1%   | 5     | 1%   | 2     | 1%   | 1     | 1%   |
| Finance/Insur/Real Estate | 21  | 1%   | 3      | 0%    | 6     | 2%   | 9     | 1%   | 2     | 1%   | 1     | 1%   |
| Business Service          | 73  | 3%   | 28     | 2%    | 9     | 4%   | 20    | 3%   | 7     | 3%   | 9     | 8%   |
| Education/Health          | 1,126   | 49%  | 838    | 73%   | 49    | 20%  | 132   | 22%  | 77    | 37%  | 30    | 25%  |
| Other Services            | 43  | 2%   | 6      | 1%    | 10    | 4%   | 21    | 3%   | 5     | 2%   | 1     | 1%   |
| Local Govt                | 412   | 18%  | 145    | 13%   | 60    | 25%  | 104   | 17%  | 55    | 26%  | 48    | 41%  |
| State Govt                | 184   | 8%   | 101    | 9%    | 24    | 10%  | 36    | 6%   | 21    | 10%  | 2     | 2%   |
| Unknown                   | 28  | 1%   | 4      | 0%    | 14    | 6%   | 7     | 1%   | 3     | 1%   | 0     | 0%   |
| Total                     | 2,320   | 100% | 1,148  | 100%  | 241   | 100% | 603   | 100% | 210   | 100% | 118   | 100% |

<sup>\*</sup> North American Industry Classification System

Industry distribution was somewhat different by condition (Table E-2), although Education and Health was prominent in all the categories of illness. Infectious disease was highly concentrated in Education and Health (73%), with Local Government contributing another 13%. MSD were primarily from Manufacturing (28%),

Education and Health (22%), and Local Government (17%). Dermatitis (skin disorders) was primarily from Local Government (41%), Education and Health (25%), and Manufacturing (16%). Respiratory cases ("Lung") were primarily from Local Government (25%), Education and Health (20%), and Manufacturing (18%). "Other" illnesses were from Education and Health (37%), Local Government (26%) and Manufacturing (13%).

#### Musculoskeletal Disorders (MSD)

There was a total of 603 reports of musculoskeletal disorders (MSD) in 2018, an increase of 7% from the previous year (Table E-3). This table does not include MSD caused by acute incidents such as falls or individual lifts and also excludes all lower back diagnoses unless specifically defined as caused by cumulative strain. The most common specific diagnoses for musculoskeletal disorders were epicondylitis (tennis elbow) with 18% of the cases, carpal tunnel syndrome (10%), nerve disorders (10%), strains and sprains (9%), and tenosynovitis (8%).

Table E-3: Musculoskeletal Disorders (MSD) by Type, OIISS, 2017-2018

| Illness   | 2017 | 2018 | Percent | Change |
|---|------|------|---------|--------|
| Epicondylitis                                     | 122  | 110  | 18%     | -10%   |
| Carpal Tunnel Syndrome (CTS)                      | 85   | 62   | 10%     | -27%   |
| Other Neuropathy & Radiculopathy (nerve disorder) | 50   | 59   | 10%     | 18%    |
| Strain/Sprain                                     | 59   | 56   | 9%      | -5%    |
| Tenosynovitis (including deQuervain's)            | 69   | 47   | 8%      | -32%   |
| Trigger Finger                                    | 22   | 38   | 6%      | 73%    |
| Bursitis/Arthritis                                | 27   | 32   | 5%      | 19%    |
| Tendonitis  | 25   | 32   | 5%      | 28%    |
| Ganglion  | 13   | 25   | 4%      | 92%    |
| Plantar fasciitis                                 | 17   | 13   | 2%      | -24%   |
| Rotator Cuff                                      | 5    | 9    | 1%      | 80%    |
| Other MSD   | 68   | 120  | 20%     | 76%    |
| Total   | 562  | 603  | 100%    | 7%     |

Musculoskeletal disorders (also referred to as cumulative trauma disorders or repetitive strain injuries) include tendon-related conditions, nerve problems, circulatory, as well as combined conditions.

#### Tendon Disorders

- Tendonitis: swelling of the tendons
- Epicondylitis: tendon irritation in the elbow area, including "golfer's elbow" and "tennis elbow"
- Rotator Cuff Syndrome: tendonitis in the shoulder area
- Tenosynovitis: inflammation of the tendon sheaths, lubricated covers that surround the tendons, particularly in the hand
- deQuervain's Syndrome: tendon sheath disorder of side of wrist and base of thumb
- Trigger Finger: a bump on the tendon that catches on the tendon sheath that makes the finger or thumb difficult to move
- Ganglion Cysts: swelling of the tendon sheaths from excess lubricating fluid
- Bursitis: inflammation of the fluid-filled sacs around ligaments and tendons

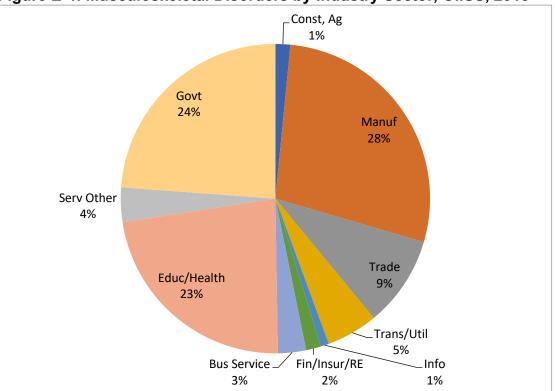
#### Nerve Disorders

• Carpal Tunnel Syndrome: pinching of the median nerve in the wrist, usually by swollen tendons that pass through the carpal tunnel (median and ulnar nerves can also be pinched in the elbow, shoulder, or neck)

#### Circulatory/Combined/Other

• Thoracic Outlet Syndrome: pinching of the nerves and blood vessels in the neck/ shoulder area

Figure E-4: Musculoskeletal Disorders by Industry Sector, OIISS, 2018



Note: Government includes education and health care facilities such as city schools and state hospitals

Table E-4: Common causes of MSD, OIISS, 2018

| Cause                       | Cases |
|-----------------------------|-------|
| Repetitive                  | 70    |
| Lifting                     | 69    |
| Tools, Machines & Vibration | 47    |
| Computer/clerical           | 39    |
| Push/pull                   | 29    |
| Patient-related             | 17    |
| Gripping/grasping/reaching  | 15    |
| Standing/walking/running    | 13    |
| Assembly                    | 11    |
| Kneeling                    | 7     |
| Climbing                    | 4     |
| Other                       | 14    |
| Sub-Total                   | 335   |
| Unknown                     | 268   |
| Total                       | 603   |

The largest number of MSD's were in Manufacturing (28%), followed by Government (24%), Education and Health (23%), and Trade (9%); see Figure E-4 and Table E-2. Causes for MSD are difficult to classify since they are frequently described differently by the various people recording the case, and most case reports do not describe cause. The most common specific causes noted for MSD (Table E-4) were lifting (69 cases), tool use (47 cases), computer use and data entry (39), and pushing or pulling (29). Seventy (70) additional cases were attributed to the general description of "repetitive".

#### **Skin Conditions**

There were 118 reports of skin disorders in 2018 (Table E-5), a 30% decrease from the previous year. The largest single cause was poison ivy or other plant exposures (40% of all cases) followed by other types of contact dermatitis (20%) and allergic dermatitis (19%). Other causes of dermatitis or other skin conditions included cleaning chemicals (4 cases), oil or coolants (4), and other chemicals (14).

Table E-5: Skin Conditions by Type, OIISS, 2017-2018

| Illness                   | 2017 | 2018 | Percent | Change |
|---------------------------|------|------|---------|--------|
| Poison ivy & other plants | 53   | 47   | 40%     | -11%   |
| Contact dermatitis        | 54   | 24   | 20%     | -56%   |
| Allergic                  | 20   | 23   | 19%     | 15%    |
| Dermatitis                | 32   | 12   | 10%     | -63%   |
| Other skin conditions     | 9    | 12   | 10%     | 33%    |
| Total                     | 168  | 118  | 100%    | -30%   |

#### **Lung/Respiratory Diseases and Poisonings**

There were 241 cases of respiratory and other lung diseases and poisonings reported by physicians in 2018 (Table E-6), an increase of 55% from the previous year. Nonspecific respiratory illnesses were the most common type of condition, with 26% of reports, followed by asthma or reactive airways dysfunction syndrome (RADS) with 8%, cough (7%), poisonings such as from carbon monoxide, lead, or mercury (5%) and asbestos disease or exposures (5%). In addition to asbestos (some of the asbestos cases appeared to be reports of asbestos exposures rather than asbestos-related disease) exposures associated with lung conditions included mold (32 cases), dust (14), indoor air quality (12), metal fumes (9), and smoke (8). There were 67 lung cases caused by chemicals including cleaning chemicals (11 cases), ammonia, antifreeze, oxivir, battery acid, fire extinguisher, mykrostat, pepper spray, penetrating oil, welding fumes, painting, candle scent, heroin, benefiber powder, jet fuel, acetone, silver, and formaldehyde.

Table E-6: Respiratory Diseases and Poisoning by Type, OIISS, 2017-2018

| Illness                   | 2017 | 2018 | Percent | Change |
|---------------------------|------|------|---------|--------|
| Respiratory               | 40   | 62   | 26%     | 55%    |
| Asthma/RADS               | 34   | 20   | 8%      | -41%   |
| Cough                     | 8    | 18   | 7%      | 125%   |
| Poisoning                 | 7    | 13   | 5%      | 86%    |
| Asbestos exposure/disease | 18   | 12   | 5%      | -33%   |
| Rhinitis/sinusitis        | 5    | 12   | 5%      | 140%   |
| Allergic                  | 6    | 7    | 3%      | 17%    |
| Bronchitis                | 4    | 1    | 0%      | -75%   |
| Other Lung                | 33   | 96   | 40%     | 191%   |
| Total                     | 155  | 241  | 100%    | 55%    |

#### **Lead Poisoning (Laboratory Reports)**

Connecticut requires laboratories to report all blood lead tests of 10 micrograms per deciliter (ug/dl) of whole blood or greater to the Connecticut Department of Public Health (CGS § 19a-110). These cases are classified into childhood (less than 16 years of age) and adult cases (only adult cases are reported here), with the majority of adult cases being attributed to an individual's occupation (although some cases occur in individuals engaged in activities such as home paint removal or target shooting). Up to a third or more of cases in recent years are related to the use of indoor shooting ranges. The numbers are based on the highest level measured for each individual during the calendar year; they do not include multiple tests on the same individual. OSHA medical removal protections apply at the level of 50 ug/dl of whole blood or above (and require a reduction to 40 ug/dl before return to work). Lead can have neurological, reproductive and other negative effects on health at much lower levels of exposure.

The 268 lead poisoning reports in 2018 decreased 8% from the previous year. The lowest category (10-24 ug/dl) of recorded elevated lead levels accounted for 80% of all cases (Table E-7). There was a decrease in all categories of lead levels. Almost all of the reported lead poisoning cases (90% of cases) occurred in men; there were only 26 reports for women. Thirty-three percent (39%) were under 40 years old, 36% were between 40 and 59, and 25% were age 60 or older.

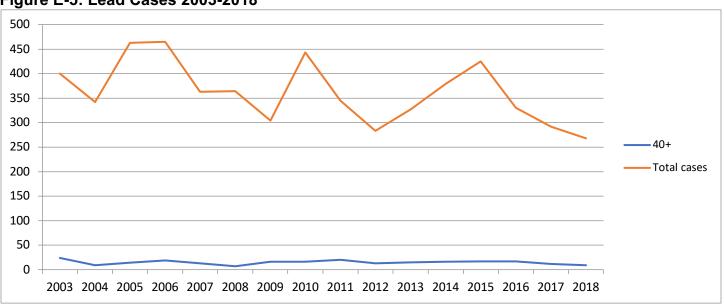
Table E-7: Lead Cases by Level of Blood Lead, CT ABLES, 2017-2018

| Blood lead level* | 2017 | 2018 | Percent | Change |
|-------------------|------|------|---------|--------|
| 10-24             | 230  | 215  | 80%     | -7%    |
| 25-39             | 50   | 44   | 16%     | -12%   |
| 40-49             | 5    | 5    | 2%      | 0%     |
| 50-59             | 3    | 2    | 1%      | -33%   |
| >=60              | 4    | 2    | 1%      | -50%   |
| Total             | 292  | 268  | 100%    | -8%    |

Source: Connecticut Adult Blood Lead Epidemiology and Surveillance (ABLES program), CT Dept. of Public Health

\* Micrograms per decilitor (up/dl) of whole blood. Number of individuals with elevated lead levels (multiple texts for individuals).

Figure E-5: Lead Cases 2003-2018



<sup>\*</sup> Micrograms per deciliter (ug/dl) of whole blood. Number of individuals with elevated lead levels (multiple tests for individuals were eliminated.)

NIOSH (The National Institute of Occupational Safety and Health) has lead level data for 26 states for 2016 (most recent year available; https://www.cdc.gov/niosh/topics/ables/data.html). Connecticut is the 9<sup>th</sup> highest among those states for the rate of lead levels above 10 ug/dl, with a rate of 1.83 per 10,000 employed adults (compared to the average of 1.58 for the 26 states as a whole). Connecticut was 6<sup>th</sup> highest for rates of lead levels above 25 ug/dl, with a rate of 0.40 compared to the overall average of 0.28.

Lead cases have fluctuated since 2003, from 400 in 2003 to 268 in 2018, with a high of 465 cases in 2006 and a low of 268 cases in 2018. Cases at or above the OSHA level of 40 ug/dl have stayed relatively constant at 15 to 20 cases since 2004 (Figure E-5), but dropped to 9 in 2018. Fluctuations in the past have been observed due to lead screening programs and special bridge maintenance projects involving the removal of lead paint.

#### **Infectious and Other Diseases**

Infectious diseases decreased 16% to 1,148 cases in 2018. Bloodborne pathogen exposures (to needlesticks, blood, body fluids or human bites) or diseases (such as HIV or Hepatitis) were the most common infectious diseases reported, with 1,033 reports in 2018, a 4% decrease over 2017. Bloodborne exposures are of most concern when there is a needlestick or other sharp injury, particularly if there is an injection of blood into the caregiver's body. These reports do not generally specify whether the source patient/client was infected with a bloodborne illness such as HIV or Hepatitis B or C. Other infectious disease reports such as TB and meningitis also may reflect exposures rather than actual illness.

Table E-8: Infectious and Other Illnesses, 2017-2018

| Illness               | 2017  | 2018  | % Change |
|-----------------------|-------|-------|----------|
| Bloodborne            | 1,074 | 1,033 | -4%      |
| Scabies               | 32    | 31    | -3%      |
| TB/PPD                | 172   | 30    | -83%     |
| Lyme/tick bite        | 26    | 23    | -12%     |
| Meningitis            | 16    | 6     | -63%     |
| Measles/chickenpox    | 2     | 6     | 200%     |
| c-diff                | 1     | 2     | 100%     |
| Rabies                | 4     | 1     | -75%     |
| MRSA                  | 4     | 0     | -100%    |
| Brucella              | 3     | 0     | -100%    |
| Other infectious      | 31    | 16    | -48%     |
| Subtotal: Infectious  | 1,365 | 1,148 | -16%     |
| Other Illnesses       | 2017  | 2018  | % Change |
| Chemicals in eyes     | 49    | 33    | -33%     |
| Headache/dizzy        | 20    | 27    | 35%      |
| Stress/heart          | 20    | 24    | 20%      |
| Allergic              | 15    | 15    | 0%       |
| Hearing loss          | 12    | 15    | 25%      |
| Heat/cold             | 12    | 12    | 0%       |
| Other                 | 92    | 84    | -9%      |
| Total Other Illnesses | 220   | 210   | -5%      |
| Total                 | 1,585 | 1,358 | -14%     |

Of the bloodborne exposures where cause was noted, 52% (534 cases) were due to a needlestick or sharps injury, despite OSHA regulations that require safe needle devices where available. Thirty-two percent (32%; 328 cases) of the reports were due to blood or body fluid exposures, and 16% (167) were from a human bite. Bites often do not have a description on whether these bites penetrated the skin. Exposure to saliva is not included in these numbers, since the risk of disease transmission is very low in those cases.

There was a large (83%) decrease in reports of potential exposure to tuberculosis (TB) or positive PPD tests for TB (after a large increase last year) with 30 cases in 2018 compared to 172 cases reported in 2017 (there was a high number of exposures in 2017 at one particular hospital). In addition to bloodborne disease/exposures and TB exposures, there were 31 cases of scabies and 23 cases of Lyme disease or tick bites. Most of the "Other Infectious" cases were not well-defined in the database and may include some of the more common reports (such as bloodborne or TB).

In addition to the infectious diseases, there were 210 other occupational illnesses reported by physicians in 2018 (Table E-8), a decrease of 5%. This included 33 cases of chemical exposures to the eyes, 27 cases of headache, dizziness, or similar symptoms, 24 cases of either heart or stress-related conditions, 15 cases of allergic reactions to substances or foods, 15 cases of hearing loss and 12 cases of over-exposures to heat or cold.

## F. Appendix 1: Databases and Methods

Determining the incidence of occupational illness is difficult. The problem is two-fold: 1) occupationally-related illness is not consistently recognized as work-related; and 2) the cases reported to either the Department of Labor and/or the Occupational Health Surveillance Division of the Department of Public Health are not complete. Consequently, this assessment of occupational disease reviews a number of sources of information: the Workers' Compensation Commission's First Report of Injury database (WCC), the Bureau of Labor Statistics/Connecticut Dept. of Labor Survey of Occupational Injuries and Illnesses (BLS), the Occupational Illnesses and Injury Surveillance System (OIISS), and the Connecticut Adult Blood Level Epidemiology Surveillance Program (ABLES). The Workers' Compensation database was provided in electronic form from the CT Workers' Compensation Commission and the physicians' reports from the CT Department of Public Health. The BLS survey data was provided in table form from the Connecticut Department of Labor and derived from the U.S. BLS website at https://www.bls.gov/iif/#data.

## **Assumptions and Conventions**

The Workers' Compensation Commission's First Reports of Injury database and the Occupational Illnesses and Injury Surveillance System (OIISS, referred to as Physicians' Reports) were reviewed in depth. A rationale for the data review was developed to differentiate occupational *illnesses* from acute traumatic *injuries* and to classify the workplace reports by nature and cause of the illness. Each entry was reviewed for internal consistency and reasonableness. Specifically, the process employed the following steps:

- 1) Clear acute injuries were eliminated. In assessing the Workers' Compensation First Reports of Injury, a line by line review of injury descriptions, nature descriptions and codes, listed causes, and part of body were used to differentiate whether an injury vs. illness was described. The determination relied most heavily on the text description and then on the other data fields in the order listed above.
  - The Physicians' Reports are organized differently. Numerical "Nature of Injury or Illness" codes from the Bureau of Labor Statistics Occupational Injury and Illness Classification System (ANSI Z16.2-1995, American National Standard for Information Management for Occupational Safety and Health) were used as the primary indicator to evaluate the records. Cause, certainty, diagnosis, ICD codes, suspected agent and symptom fields were also reviewed in determining illness or injury. Categories that were eliminated included all burns, eye problems such as conjunctivitis or objects in the eye, lower back problems (including sciatica) unless clearly and specifically labeled as a cumulative injury, hernias, infected wounds or burns, insect and animal bites (with the exception of tick bites because of the relationship with Lyme disease), and electrical shocks.
- 2) Validity of remaining records was determined. Records were reviewed to be sure that the coding of types of disease was consistent with other information in the record. In addition, diseases were categorized by type of disease. Several approaches were utilized to eliminate duplicate records such as line by line review and matching on first and last name, date of birth and employer (to identify reports with misspellings or reversed first and last names), etc.
- 3) Fields were either revised or added to the databases: *Illness Type* and *Nature of Illness*. The *Nature of Illness* was based on the information in the databases, research, and general information about the illnesses. Then each entry was categorized by *Illness Type*. The specific nature categories were grouped into broader categories to support graphic representation. For the Workers' Compensation database, the description of injury was used as the key description of the illness if it disagreed with the coding for other variables. This coding was categorized into illness types (i.e.

- skin, lung, infectious, MSD, other), specific illness (i.e. Carpal Tunnel Syndrome, heart conditions, asthma), and cause (i.e. chemical exposure, computer use, needlesticks).
- 4) Employers were coded for industry utilizing a comprehensive list of Connecticut employers from the CT Department of Labor and coded based on the NAICS (North American Industry Classification System) for the BLS and workers' compensation data. Employers who could not be found from previous datasets from the Dept. of Labor were coded based on an internet search using such databases as Manta or naics.com. Physician reports were coded by the Connecticut Dept. of Labor. Rates were calculated using employment figures from the U.S. Bureau of Labor Statistics based on Connecticut Dept. of Labor figures.
- 5) Data was cleaned, tabulated and put into presentation form using Microsoft Excel and Word software.
- 6) The report is reviewed and approved by the Connecticut Workers' Compensation Commission prior to publication.

# G. Appendix 2: Occupational Disease Detail by Type and Year

Table G-1: Cases of Occupational Disease, by Type, Bureau of Labor Statistics/CT Dept. of Labor, 1979 – 2018

| Bureau of Labor Statistics/CT Dept. of Labor, 1979 – 2018 |          |         |       |       |           |         |        |          |       |  |  |  |
|---|----------|---------|-------|-------|-----------|---------|--------|----------|-------|--|--|--|
|   | Employ.* | All III | Skin  | MSD   | Lung-dust | Respir. | Poison | Physical | Other |  |  |  |
| 1979  | 1,358    | 3,322   | 1,716 | 471   | 25        | 317     | 175    | 250      | 368   |  |  |  |
| 1980  | 1,394    | 3,066   | 1,586 | 513   | 88        | 214     | 66     | 199      | 400   |  |  |  |
| 1981  | 1,409    | 3,214   | 1,509 | 701   | 38        | 290     | 89     | 192      | 395   |  |  |  |
| 1982  | 1,400    | 2,549   | 1,130 | 580   | 31        | 223     | 31     | 216      | 323   |  |  |  |
| 1983  | 1,419    | 2,930   | 1,236 | 665   | 20        | 154     | 152    | 176      | 519   |  |  |  |
| 1984  | 1,490    | 2,735   | 1,109 | 665   | 24        | 273     | 65     | 162      | 432   |  |  |  |
| 1985  | 1,528    | 2,809   | 928   | 727   | 44        | 233     | 51     | 130      | 693   |  |  |  |
| 1986  | 1,567    | 2,719   | 808   | 761   | 39        | 274     | 65     | 235      | 538   |  |  |  |
| 1987  | 1,607    | 4,643   | 1,352 | 1,430 | 31        | 300     | 62     | 704      | 754   |  |  |  |
| 1988  | 1,637    | 4,364   | 1,257 | 405   | 35        | 332     | 56     | 405      | 733   |  |  |  |
| 1989  | 1,634    | 5,844   | 1,248 | 2,629 | 57        | 277     | 74     | 468      | 1,087 |  |  |  |
| 1990  | 1,593    | 5,307   | 1,032 | 2,535 | 93        | 457     | 54     | 496      | 641   |  |  |  |
| 1991  | 1,518    | 6,094   | 946   | 3,454 | 62        | 422     | 113    | 501      | 591   |  |  |  |
| 1992  | 1,483    | 6,458   | 1,084 | 3,852 | 37        | 471     | 53     | 349      | 612   |  |  |  |
| 1993  | 1,487    | 8369    | 965   | 5526  | 52        | 512     | 166    | 346      | 802   |  |  |  |
| 1994  | 1,502    | 7,319   | 957   | 4,482 | 74        | 410     | 97     | 313      | 986   |  |  |  |
| 1995  | 1,520    | 6,787   | 884   | 4,220 | 80        | 323     | 35     | 349      | 896   |  |  |  |
| 1996  | 1,538    | 6,021   | 827   | 3,711 | 40        | 418     | 34     | 235      | 756   |  |  |  |
| 1997  | 1,570    | 5,419   | 620   | 3,335 | 21        | 287     | 70     | 150      | 936   |  |  |  |
| 1998  | 1,597    | 5,510   | 989   | 3,398 | 10        | 459     | 45     | 92       | 517   |  |  |  |
| 1999  | 1,630    | 5,513   | 793   | 3,306 | 20        | 386     | 71     | 265      | 671   |  |  |  |
| 2000  | 1,653    | 6,396   | 897   | 3,827 | 65        | 438     | 29     | 137      | 1,003 |  |  |  |
| 2001  | 1,572    | 5,514   | 916   | 3,220 | 10        | 630     | 29     | 118      | 591   |  |  |  |
|   | Employ.* | All III | Skin  |       |           | Respir. | Poison | Hearing  | Other |  |  |  |
| 2002  | 1,602    | 4,387   | 831   |       |           | 320     | 78     |          | 3,159 |  |  |  |
| 2003  | 1,605    | 4,559   | 903   |       |           | 490     | 32     |          | 3,132 |  |  |  |
| 2004  | 1,603    | 4,572   | 832   |       |           | 354     | 35     | 466      | 2,886 |  |  |  |
| 2005  | 1,614    | 4,850   | 848   |       |           | 480     | 8      | 381      | 3,134 |  |  |  |
| 2006  | 1,636    | 3,787   | 575   |       |           | 235     | 38     | 439      | 2,500 |  |  |  |
| 2007  | 1,667    | 3,904   | 624   |       |           | 358     | 22     | 457      | 2,443 |  |  |  |
| 2008  | 1,675    | 3,562   | 690   |       |           | 293     | 130    | 360      | 2,088 |  |  |  |
| 2009  | 1,629    | 3,400   | 600   |       |           | 300     |        | 500      | 2,000 |  |  |  |
| 2010  | 1,629    | 3,000   | 700   |       |           | 300     |        | 300      | 1,700 |  |  |  |
| 2011  | 1,578    | 3,500   | 800   |       |           | 300     |        | 300      | 2,100 |  |  |  |
| 2012  | 1,628    | 2,800   | 600   |       |           | 300     |        | 300      | 1,500 |  |  |  |
| 2013  | 1,640    | 2,600   | 500   |       |           | 300     |        | 300      | 1,600 |  |  |  |
| 2014  | 1,653    | 2,400   | 400   |       |           | 200     |        | 300      | 1,400 |  |  |  |
| 2015  | 1,663    | 2,300   | 400   |       |           | 200     |        | 200      | 1,500 |  |  |  |
| 2016  | 1,667    | 2,300   | 500   |       |           | 200     |        | 300      | 1,300 |  |  |  |
| 2017  | 1,670    | 1,700   | 400   |       |           | 100     |        | 200      | 900   |  |  |  |
| 2018  | 1,673    | 1,800   | 300   |       |           | 200     |        | 400      | 1,000 |  |  |  |

Source: U.S. Bureau of Labor Statistics (BLS) and the Connecticut Dept. of Labor, Office of Research. Data collection methods and categories changed in 2002 and are not comparable to prior years. Employment in thousands. Since this data is based on a weighted survey, some of these numbers (particularly the smaller numbers) are not reliable.

Table G-2: Rate per 10,000 Workers of Occupational Disease, by Type, Bureau of Labor Statistics/CT Dept. of Labor, 1979-2018

| Bureau | Bureau of Labor Statistics/CT Dept. of Labor, 1979-2018 |      |      |             |           |       |         |       |  |  |  |
|--------|---|------|------|-------------|-----------|-------|---------|-------|--|--|--|
| Year   | Employed  | Skin | MSD  | Resp/Lung   | Poisoning | Other | Hearing | Total |  |  |  |
| 1979   | 1,358,000   | 12.6 | 3.5  | 2.5         | 1.3       | 8.2   |         | 24.5  |  |  |  |
| 1980   | 1,394,000   | 11.4 | 3.7  | 2.2         | 0.5       | 8.6   |         | 22    |  |  |  |
| 1981   | 1,409,000   | 10.7 | 5    | 2.3         | 0.6       | 9.4   |         | 22.8  |  |  |  |
| 1982   | 1,400,000   | 8.1  | 4.1  | 1.8         | 0.2       | 8.2   |         | 18.2  |  |  |  |
| 1983   | 1,419,000   | 8.7  | 4.7  | 1.2         | 1.1       | 9.7   |         | 20.6  |  |  |  |
| 1984   | 1,490,000   | 7.4  | 4.5  | 2           | 0.4       | 8.6   |         | 18.4  |  |  |  |
| 1985   | 1,528,000   | 6.1  | 4.8  | 1.8         | 0.3       | 10.4  |         | 18.4  |  |  |  |
| 1986   | 1,567,000   | 5.2  | 4.9  | 2           | 0.4       | 10    |         | 17.4  |  |  |  |
| 1987   | 1,607,000   | 8.4  | 8.9  | 2.1         | 0.4       | 18.2  |         | 28.9  |  |  |  |
| 1988   | 1,637,000   | 7.7  | 2.5  | 2.2         | 0.3       | 9.6   |         | 26.7  |  |  |  |
| 1989   | 1,634,000   | 7.6  | 16.1 | 2           | 0.5       | 26    |         | 35.8  |  |  |  |
| 1990   | 1,593,000   | 6.5  | 15.9 | 3.5         | 0.3       | 23.6  |         | 33.3  |  |  |  |
| 1991   | 1,518,000   | 6.2  | 22.8 | 3.2         | 0.7       | 30.4  |         | 40.1  |  |  |  |
| 1992   | 1,483,000   | 7.3  | 26   | 3.4         | 0.4       | 32.7  |         | 43.5  |  |  |  |
| 1993   | 1,487,000   | 6.5  | 37.2 | 3.8         | 1.1       | 45.2  |         | 56.3  |  |  |  |
| 1994   | 1,501,800   | 6.4  | 29.8 | 3.2         | 0.6       | 39    |         | 48.7  |  |  |  |
| 1995   | 1,520,000   | 5.8  | 27.8 | 2.7         | 0.2       | 36.5  |         | 44.7  |  |  |  |
| 1996   | 1,538,000   | 5.4  | 24.1 | 3           | 0.2       | 30.8  |         | 39.1  |  |  |  |
| 1997   | 1,570,500   | 3.9  | 21.2 | 2           | 0.4       | 28.3  |         | 34.5  |  |  |  |
| 1998   | 1,596,900   | 6.2  | 21.3 | 2.9         | 0.3       | 25.2  |         | 34.5  |  |  |  |
| 1999   | 1,630,100   | 4.9  | 20.3 | 2.5         | 0.4       | 26.1  |         | 33.8  |  |  |  |
| 2000   | 1,653,000   | 5.4  | 23.2 | 3           | 0.2       | 30.4  |         | 38.7  |  |  |  |
| 2001   | 1,571,000   | 5.8  | 20.5 | 4.1         | 0.2       | 25.1  |         | 35.1  |  |  |  |
| Year   | Employ  | Skin |      | Respiratory | Poison    | Other | Hearing | Total |  |  |  |
| 2002*  | 1,602,000   | 6.2  | *    | 2.4         | 0.6       | 23.7  | *       | 32.9  |  |  |  |
| 2003   | 1,605,000   | 6.9  | *    | 3.8         | 0.2       | 24    | *       | 34.9  |  |  |  |
| 2004   | 1,603,100   | 6.4  | *    | 2.7         | 0.3       | 22.1  | 3.6     | 34.9  |  |  |  |
| 2005   | 1,614,100   | 6.3  | *    | 3.6         | *         | 23.3  | 2.8     | 36    |  |  |  |
| 2006   | 1,635,700   | 4.3  | *    | 1.8         | 0.3       | 18.8  | 3.3     | 28.4  |  |  |  |
| 2007   | 1,666,600   | 4.7  | *    | 2.7         | 0.2       | 18.2  | 3.4     | 29.2  |  |  |  |
| 2008   | 1,666,600   | 4.7  | *    | 2.7         | 0.2       | 18.2  | 3.4     | 29.2  |  |  |  |
| 2009   | 1,675,000   | 5.1  | *    | 2.2         | 1         | 15.4  | 2.7     | 26.3  |  |  |  |
| 2010   | 1,639,300   | 5.1  | *    | 2.1         | *         | 13.1  | 2.5     | 23.1  |  |  |  |
| 2011   | 1,578.20  | 6.3  | *    | 2           | *         | 16.8  | 2.5     | 27.8  |  |  |  |
| 2012   | 1,628,028   | 4.6  | *    | 2.6         | *         | 12    | 2.6     | 21.9  |  |  |  |
| 2013   | 1,640,223   | 3.5  | *    | 2           | 0.2       | 12.4  | 2.2     | 20.3  |  |  |  |
| 2014   | 1,653,545   | 3.4  | *    | 1.9         | *         | 11    | 2.1     | 18.7  |  |  |  |
| 2015   | 1,662,822   | 3.0  | *    | 1.5         | 0.2       | 11.3  | 1.7     | 17.7  |  |  |  |
| 2016   | 1,666,580   | 3.0  | *    | 1.3         | *         | 10.0  | 2.2     | 17.4  |  |  |  |
| 0047   |   |      |      |             |           |       | +       |       |  |  |  |
| 2017   | 1,669,766   | 2.9  | *    | 1.1         | 0.4       | 6.7   | 1.9     | 12.9  |  |  |  |

**Source:** U.S. Bureau of Labor Statistics (BLS) and the Connecticut Dept. of Labor, Office of Research. "Other" includes the pre-2002 categories of MSD, Physical, Lung-dust, and Other. \*Data collection methods and categories changed in 2002 and are not comparable to prior years.

# H. Appendix 3: Internet Resources for Job Safety and Health: 2020

## **General Health and Safety Sites**

One of the best sources of information for job health and safety on the internet is the **OSHA** (**Occupational Safety and Health Administration**) homepage, which includes an ergonomics homepage, worker rights, employer assistance, sector-specific and topic-specific standards and advice, a searchable index of standards, etools, COVID-19 guidelines and many other resources. <a href="http://www.osha.gov">http://www.osha.gov</a>

To look up **OSHA citations** by company or industry: <a href="http://www.osha.gov/pls/imis/establishment.html">http://www.osha.gov/pls/imis/establishment.html</a>

OSHA funds a number of **training programs for workers**, community groups and managers across the U.S. through their Susan Harwood Training grants at https://www.osha.gov/dte/sharwood.

OSHA has a resource page for medical clinicians at https://www.osha.gov/dts/oom/clinicians/index.html

The **Bureau of Labor Statistics** tracks occupational injuries and illnesses as well as fatalities. Both summaries and the actual data are available at <a href="https://www.bls.gov/iif">https://www.bls.gov/iif</a>.

**NIOSH** (the National Institute for Occupational Safety and Health) is another good general source. A searchable section on diseases and injuries briefly describes conditions with updates on current research and guidance on prevention, including personal protective equipment tests and advice. There are also resources on health hazard evaluations, conferences, state-based materials, rulemaking, chemicals, disease statistics, and many other topics.

http://www.cdc.gov/niosh/homepage.html http://www.cdc.gov/niosh/topics/diseases.html

NIOSH supports a large number of **Education and Research Centers** (**ERCs**) based at universities across the US. Expert centers also include **agriculture**, **construction**, **and total worker health centers** (for example, see the link for the UConn CPH-NEW program below). ERCs primary purpose is to train health and safety professionals, so the various ERCs host a broad array of training programs for safety experts, industrial hygienists, ergonomists, occupational physicians and nurses and other professionals. In addition, the programs provide extensive in-service training programs for professionals already in the field as well as occasional programs for workers, health and safety committee members, and managers. They are also home to extensive research programs and consultation programs. The list of ERC's and related centers can be found at <a href="https://www.cdc.gov/niosh/oep/ercportfolio.html">https://www.cdc.gov/niosh/oep/ercportfolio.html</a>.

NIOSH has a workplace health promotion website which includes information and tools for assessing health and health promotion programs at <a href="https://www.cdc.gov/workplacehealthpromotion/initiatives/resource-center/index.html">https://www.cdc.gov/workplacehealthpromotion/initiatives/resource-center/index.html</a>

**EPA** (the Environmental Protection Agency) has a number of sites relevant to occupational health on indoor air quality, office and school environments, and other topics.

www.epa.gov

www.epa.gov/iaq/

**American Family Physician** also has a number of articles on occupational health for clinicians at <a href="https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=89">https://www.aafp.org/afp/topicModules/viewTopicModule.htm?topicModuleId=89</a>.

The Veterans Administration (VA) occupational health department has resources on safe patient handling, wellness, and workplace violence prevention. <a href="https://www.publichealth.va.gov/about/occhealth/index.asp">https://www.publichealth.va.gov/about/occhealth/index.asp</a>

The Council of State and Territorial Epidemiologists (CSTE) has links to reports, contacts and resources in occupational health <a href="https://www.cste.org/group/OHResources">https://www.cste.org/page/OHIndicators</a>.

https://www.cste.org/page/OHIndicators.

The Canadian Centre for Occupational Health and Safety has hundreds of resources on their health and safety internet resource list, including Cheminfo, occupational mental health and stress. <a href="http://www.ccohs.ca">http://www.ccohs.ca</a>

New Jersey Department of Health has 1,600 excellent chemical hazard factsheets that are free, independently researched, and clearly written (900 in Spanish) on hundreds of substances. http://web.doh.state.nj.us/rtkhsfs/indexfs.aspx

**MSDSonline** is a commercial website but has free searches for Safety Data Sheets (SDS) under the Globally Harmonized system at <a href="https://www.msdsonline.com/sds-search">https://www.msdsonline.com/sds-search</a>.

#### Several safety organizations have useful websites:

www.nsc.org The National Safety Council

www.aiha.orgThe American Industrial Hygiene Associationwww.asse.orgAmerican Society of Safety Professionalswww.nfpa.orgNational Fire Protection Association

www.safetycentral.org International Safety Equipment Association

For a labor perspective, the **national AFL-CIO** includes a health and safety page.

http://www.aflcio.org/Issues/Job-Safety

COSH (Coalitions for Occupational Safety and Health) are labor-oriented nonprofit groups based in many states, including Connecticut, with information on a variety of hazards. They can all be accessed through the National Coalition for Occupational Safety and Health <a href="http://www.coshnetwork.org">http://www.coshnetwork.org</a>

The Connecticut Business and Industry Association has a health and safety page that helps businesses understand what OSHA laws apply to them and provides information on upcoming conferences and events. <a href="https://www.cbia.com/news/category/hr-safety">https://www.cbia.com/news/category/hr-safety</a>

The **Environmental Defense Fund** has a "pollution information site" called Scorecard with information about 11,200 chemicals and their recognized and suspected health effects. The site offers information with interactive data based on the 2002 Toxics Release Inventory and is currently working on providing an update.

http://www.scorecard.org/

The Cal-OSHA Reporter (California OSHA) carries current stories on job health and safety.

http://www.cal-osha.com

#### Some blogs carry job health and safety news and commentary.

Jordan Barab has a labor perspective on OSHA and job health and safety http://jordanbarab.com/confinedspace

The USMWF United Support and Memorial for Workplace Fatalities posts current stories about workers who have been killed on the job and their families <a href="https://www.facebook.com/USMWF">https://www.facebook.com/USMWF</a> or <a href="https://www.usmwf.org">www.usmwf.org</a>

The Pump Handle covers public health and occupational health, written by Liz Borkowski and Celeste Monforton <a href="http://www.thepumphandle.org">http://www.thepumphandle.org</a>.

Workers' compensation issues are covered at the Workers' Compensation Research Institute at <a href="https://www.wcrinet.org">https://www.wcrinet.org</a> and at the insider publication <a href="https://workerscompinsider.com">http://workerscompinsider.com</a>.

The **Toxic Use Reduction Institute** at UMass Lowell has extensive resources on safer alternatives to toxic substances, including a database on alternatives to solvents. <a href="http://www.turi.org">http://www.turi.org</a>

UMass-Lowell's Center for Sustainable Production has information on changing chemical policies. <a href="http://www.sustainableproduction.org/">http://www.sustainableproduction.org/</a>

The **Health and Safety Executive of Great Britain** has extensive information on the European Union's REACH (Registration, Evaluation, and Authorization of Chemicals).

http://www.hse.gov.uk/reach/index.htm http://www.hse.gov.uk/index.htm

OSHA has a discussion of the US program that responds to the International Globally Harmonized System for Hazard Communication. <a href="http://www.osha.gov/dsg/hazcom/global.html">http://www.osha.gov/dsg/hazcom/global.html</a>.

#### **State of Connecticut and Select Other Resources**

The Connecticut Workers' Compensation Commission has an excellent website, including information on the locations of offices, a searchable version of the workers' compensation statutes, new decisions, and other information. <a href="http://wcc.state.ct.us">http://wcc.state.ct.us</a>

The **Connecticut (CT)** website allows access to all branches of state government including agencies. <a href="https://portal.ct.gov">https://portal.ct.gov</a>

The **CT Department of Public Health** includes a site for the occupational health program, including database access, health alerts and fact sheets on a wide variety of occupational health topics including lead.

<a href="http://www.ct.gov/dph/occupationalhealth">http://www.ct.gov/dph/occupationalhealth</a>

The CT Department of Labor includes an occupational health services site, which includes information on their free Conn-OSHA consultation program and a great set of links to other health and safety sites including regulations, training, and Spanish publications. CTDOL offers a variety of consulting services to both public and private employers in Connecticut, available at no charge.

<a href="http://www.ctdol.state.ct.us/osha/osha.htm">http://www.ctdol.state.ct.us/osha/osha.htm</a>

The **Connecticut General Assembly** website lets you search for any bill being considered or get information about relevant committees such as Labor and Public Employees or Public Health. <a href="http://www.cga.ct.gov">http://www.cga.ct.gov</a>

You can track national bills on the National Library of Congress site. https://www.congress.gov/

You can search the medical literature at **US National Library of Medicine PubMed**. http://www.ncbi.nlm.nih.gov/pubmed/

You can search general academic literature through Google Scholar. http://scholar.google.com/schhp?tab=ws

UConn Health's Division of Occupational and Environmental Medicine has information and links on job health and safety. <a href="http://health.uconn.edu/occupational-environmental">http://health.uconn.edu/occupational-environmental</a>

The Center for the Promotion of Health in the New England Workplace (CPH-NEW) is a research-to-practice initiative led by investigators from the UMass Lowell and UConn Health.

http://health.uconn.edu/occupational-environmental/academics-and-research/cph-new/

UConn Health's Center for Indoor Environments and Health provides guidance on environmental exposures in indoor settings including schools and office buildings

http://health.uconn.edu/occupational-environmental/consultation-and-outreach/cieh/

## **Ergonomic Sites and Links**

Thomas Bernard's website at University of South Florida has many of the standards and excellent free electronic ergonomic analysis tools such as the NIOSH lifting equation and heat stress. https://health.usf.edu/publichealth/tbernard.

Ergoweb has good factsheets, documents, and news. https://ergoweb.com

Tom Armstrong at the University of Michigan runs one of the most respected university training programs for ergonomics, and has extensive information, tools, and lectures. <a href="http://www-personal.umich.edu/~tja">http://www-personal.umich.edu/~tja</a>

**Cornell University's Alan Hedge** has an active ergonomics program, with reports posted on graduate student projects and evaluation of ergonomic products. <a href="http://ergo.human.cornell.edu">http://ergo.human.cornell.edu</a>

The University of Virginia has ergonomics training and resources. <a href="http://ehs.virginia.edu/Ergonomics.html">http://ehs.virginia.edu/Ergonomics.html</a>

**Human Factors and Ergonomics Society** is the main professional association in ergonomics. <a href="http://www.hfes.org">http://www.hfes.org</a>

Since 1994, the **National Ergonomics Conference & Ergo Expo** has provided a forum on ergonomics, safety and wellness programs. <a href="http://www.ergoexpo.com">http://www.ergoexpo.com</a>

The National Health Service/UK has information about repetitive strain injuries/RSI <a href="http://www.nhs.uk/conditions/Repetitive-strain-injury/Pages/Introduction.aspx">http://www.nhs.uk/conditions/Repetitive-strain-injury/Pages/Introduction.aspx</a>

Paul Landsbergis has a good website on job stress. <a href="http://unhealthywork.org/about-us/team/paul-a-landsbergis">http://unhealthywork.org/about-us/team/paul-a-landsbergis</a>

The European Agency for Health and Safety at Work's Job Stress Network web page is dedicated to increasing communication among researchers and others interested in job stress and its impact on health <a href="https://osha.europa.eu/data/links/795">https://osha.europa.eu/data/links/795</a>

Internet Resources for Job Safety and Health is compiled by Tim Morse, Ph.D., at UConn Health. To update or add a listing, please contact Tim at <a href="mailto:tmorse@uchc.edu">tmorse@uchc.edu</a>.

# I. Appendix 4: Who's Who: Resources in Connecticut on Job Safety and Health

## **Academic Programs and Courses**

**Central Connecticut State University, School of Technology** 

Type of Degree: Certificate Program in Environmental and Occupational Safety

Faculty contact: Ravindra Thamma, Department Chair

Address: Copernicus Hall - Room 2120900, CCSU, 1615 Stanley Rd., New Britain, CT 06050

**Phone:** 860-832-3516

e-mail: thammarav@ccsu.edu

Web: <a href="http://www.ccsu.edu/mcm/environmentalOccupationalSafetyOCP.html">http://www.ccsu.edu/mcm/environmentalOccupationalSafetyOCP.html</a>

UConn College of Agriculture, Health and Natural Resources, Department of Allied Health Sciences

**Type of Degree and Program:** Bachelor in Allied Health Sciences with an Occupational and Environmental Health and Safety Concentration; and an Online Occupational Safety and Health Post-Baccalaureate

Certificate Program

Faculty contact: Paul Bureau, MS CIH

Address: Koons Hall Room 100-G, 358 Mansfield Road, Unit 1101, Storrs, CT 06269-1101

**Phone:** (860) 486-0040

e-mail: paul.bureau@uconn.edu
Web: http://osh.uconn.edu

**UConn Health, Department of Community Medicine** 

Type of Degree: Masters in Public Health program with ergonomic/occupational health courses

Director: David Gregorio, PhD

Address: UCONN Health, 263 Farmington Ave., Farmington, CT 06030-6325

Phone: (860) 679-5480 Fax: (860) 679-1581 e-mail: gregorio@uchc.edu Web: https://mph.uconn.edu

**UConn Health, Department of Community Medicine** 

Type of Degree: Ph.D. in Public Health with courses in Occupational and Environmental Health Sciences

Faculty Contact: Helen Swede, Ph.D.

Address: UCONN Health, 263 Farmington Ave., Farmington, CT 06030-6325

Phone: (860) 679-5568 Fax: (860) 679-1581 e-mail: swede@uchc.edu

Web: https://phd.publichealth.uconn.edu

#### **OSHA**

Connecticut Department of Labor's Division of Occupational Safety and Health/CTDOL: CONN-OSHA enforces state occupational safety and health regulations as they apply to state and municipal employees, and offers free consultations to public agencies, school districts and private companies.

**Director:** Kenneth C. Tucker III

Address: 38 Wolcott Hill Rd., Wethersfield, CT 06109

**Phone:** (860) 263-6900 **Fax:** (860) 263-6940

Web: <a href="http://www.ctdol.state.ct.us/osha/osha.htm">http://www.ctdol.state.ct.us/osha/osha.htm</a>

**Publications**: ConnOSHA Quarterly <a href="https://www.ctdol.state.ct.us/osha/Quarterly/coqtrly.htm">https://www.ctdol.state.ct.us/osha/Quarterly/coqtrly.htm</a>

OSHA (Occupational Safety and Health Administration): Federal OSHA inspects workplaces in the private

sector for violations of standards, and also has information and pamphlets.

National Website: https://www.osha.gov

**OSHA Bridgeport Office** (Fairfield, New Haven, and Middlesex counties).

Area Director: Steve Biasi

Address: 915 Lafayette Blvd, Room 309, Bridgeport, Connecticut 06604

**Phone:** (203) 579-5581; National Hotline after hours: (800) 321-OSHA (6742)

Fax: (203) 579-5516

e-mail: oshabridgeport@dol.gov

**OSHA Hartford Office Area Director:** Dale Varney

Address: 135 High Street, Suite 361, Hartford, CT 06103

**Phone:** (860) 240-3152; National Hotline after hours, etc.: (800) 321-OSHA (6742)

Fax: (860) 240-3155

e-mail: oshahartford@dol.gov

## Academic Occupational Health Clinics

**UConn Occupational and Environmental Medicine Clinic** 

Clinic Director: George W. Moore, M.D., M.Sc., FACPM, FACOEM Address: UCONN Health, 263 Farmington Ave, Farmington, CT 06032-8077 Clinic address: UCONN Main Building (Hospital Entrance), Room CG228

**Phone:** (860) 679-2893 **Fax:** (860) 679-4587

e-mail: occmedehs@uchc.edu

Web: http://health.uconn.edu/occupational-environmental/clinical-services/

Yale Occupational and Environmental Medicine Program

**Director:** Carrie A Redlich, MD, MPH

**Address:** 367 Cedar Street, ESHA 2nd Floor, New Haven, CT 06510 **Clinic address:** 135 College St. Rm. 392, New Haven, CT 06510

**Phone:** (203) 785-4197 **Fax:** (203) 785-7391

e-mail: Carrie.Redlich@yale.edu

Web: <a href="http://medicine.yale.edu/intmed/occmed/">http://medicine.yale.edu/intmed/occmed/</a>

## **Other Occupational Health Clinics**

Concentra

Medical Director: David Feinstein, MD

Address: 701 Main Street, East Hartford, CT 06108

**Phone:** (860) 289-5561 **Fax:** (860) 291-1895

e-mail: david feinstein@concentra.com

**Web:** http://www.concentra.com/employers/occupational-health/

**Other Offices:** 

972 West Main Street, New Britain (860) 827-0745 1080 Day Hill Road, Windsor (860) 298-8442 8 South Commons Rd, Waterbury (203) 759-1229 333 Kennedy Drive, Torrington (860) 482-4552 900 Northrup Rd, Wallingford (203) 949-1534

370 James Street, New Haven (203) 503-0482

60 Watson Blvd, Stratford (203) 380-5945

15 Commerce Road, 3rd Floor, Stamford, (203) 324-9100

315 West Main St, Norwich, (860) 859-5100

#### Connecticut Occupational Medicine Partners, St. Francis Hospital and Medical Center

**CEO and Administrative Director:** Jeff Schlosser

Address (corporate): 675 Tower Avenue, Suite 404B, Hartford, CT 06112

**Phone:** (860) 714-6188 **Fax:** (860) 714-2775

email. jefferyschlosser@trinityhealthofne.org

Web: <a href="http://compllc.org/">http://compllc.org/</a>

Clinics: St Francis; 1000 Asylum Ave, Ste 4320, Hartford, 860-714-4270; 1598 East Main St, Torrington, (860)

482-3467; 100 Deerfield Road, Windsor, 860-714-9444

St. Mary's Hospital Occupational Health, 1312 West Main St, Waterbury, CT 06708, (203) 709-3740;

1154 Highland Ave, Cheshire, 06410, 203-709-4834

ECHN Corporate Care; 2800 Tamarack Ave., Suite 001, South Windsor, CT 06074, (860) 647-4796

MedWorks of Bristol Hospital; 975 Farmington Ave. Bristol (860) 589-0114

MedWorks; 375 East Cedar St., Newington (860) 667-4418

Johnson Memorial Medical Center: Director, Clinical Services: Kathy Heim, RN, MSN 155 Hazard Ave.,

Suite 6. Enfield, CT 06082, (860) 763-7668

#### **Griffin Hospital Occupational Medicine Center**

Director: Myra Odenwaelder, DPT

Address: 10 Progress Drive. Shelton, CT 06484

**Phone:** (203) 944-3718 **Fax:** (203) 929-3068

e-mail: Modenwaelder@griffinhealth.org

Web: <a href="http://www.griffinhealth.org/locations/shelton/griffin-hospital-occupational-medicine-center">http://www.griffinhealth.org/locations/shelton/griffin-hospital-occupational-medicine-center</a>

## Hartford Medical Group—Occupational Medicine

**Business Development Director**: Suzanne Cutter

Clinic Address: 445 South Main Street, West Hartford, (860) 696-2200 **Phone:** (860) 993-4441 (business office); (860) 696-2200, option 2 (clinic)

e-mail: Suzanne.Cutter@hhchealth.org

Web: <a href="https://hartfordhealthcaremedicalgroup.org/specialties/primary-care/occupational-medicine">https://hartfordhealthcaremedicalgroup.org/specialties/primary-care/occupational-medicine</a>
Other Offices; 80 Norwich-New London Tnpk, Uncasville, 06382, 860-848-1297, option 2

#### **Middlesex Hospital Occupational Medicine**

**Director:** Matthew Lundquist, MD, MPH

Address: 534 Saybrook Rd., Middletown, CT 06457

**Phone:** (860) 358-2750 **Fax:** (860) 348-2757

e-mail: matthew.lundquist@midhosp.org
Web: https://middlesexhealth.org/occmed

Other Office: Essex Medical Building, 252 Westbrook Road, Essex (860) 358-3840

#### **Yale-New Haven Health Systems**

Manager for Clinical Operations (St. Raphael campus): Andrea Santerre, RN

Address: 175 Sherman Avenue, New Haven, CT 06511

**Phone:** (203) 789-6216 **Fax:** (203) 789-5174

e-mail: andrea.santerre@ynhh.org

Web: https://www.ynhh.org/services/occupational-health.aspx

**Other Offices:** 

2080 Whitney Ave., Suite 150, **Hamden** (203) 789-6242 **Greenwich** Hospital, 5 Perry Ridge Rd, (203) 863-3483

**Bridgeport** Hospital, (203) 988-2551 20 York St., **New Haven**, 203-688-4242

#### Lawrence and Memorial Occupational Health Center

Medical Director: Cullen Taplin, MD

Address: 52 Hazelnut Hill Rd., Groton, CT 06340

**Phone:** (860) 446-8265 x7074

Fax: (860) 448-6961

Email:Cheryl.cobb@lmhosp.org

Web: https://www.lmhospital.org/services/occupational-health.aspx

## **Organizations**

#### American Lung Association (ALA) in Connecticut

A non-profit association geared towards preventing lung disease including occupational lung disease.

Director, Health Promotion: Michelle Caul

Connecticut Address: 45 Ash St., East Hartford, CT 06108

**Phone:** (860) 838-4370

e-mail: Michelle.Caul@lung.org

Web: Lung.org

#### Coalition for a Safe and Healthy Connecticut

This is a community-based coalition of environmental, public health, and labor organizations providing resources and advocacy for reducing the use of toxic chemicals through substitution of safer alternatives.

Coordinator: Anne B. Hulick, RN MS JD

Address: c/o Clean Water Action, 2074 Park Street, Suite 308, Hartford, CT, 06106

**Phone:** (860) 232-6232 **Fax:** (860) 232-6334

e-mail: ahulick@cleanwater.org

Web: https://safehealthyct.wordpress.com

## ConnectiCOSH (The Connecticut Council for Occupational Safety and Health)

CTCOSH is a union-based non-profit organization for education and political action on job safety and health.

They have conferences, fact sheets, and speakers.

**Director:** Mike Fitts

Address: 683 No. Mountain Rd, Newington, CT 06111

**Phone:** (860) 953-COSH (2674)

Fax: (860) 953-1038

e-mail: mike.ctcosh@snet.net Web: http://connecticosh.org

#### The Center for the Promotion of Health in the New England Workplace (CPH-NEW)

CPH-NEW is a NIOSH-funded center for scientific research and education, based in participatory action research, integrating occupational health and safety with worksite health that is administered jointly by UMass Lowell and UConn Health.

Co-Director: Martin Cherniack, MD, MPH

Address: 263 Farmington Ave, Farmington, CT 06030-2017

**Phone:** (860) 679-4916 **Fax:** (860) 679-1349

e-mail: cherniack@uchc.edu

Web: http://health.uconn.edu/occupational-environmental/academics-and-research/cph-new/

#### The Ergonomic Technology Center (ErgoCenter) at UConn Health

The ErgoCenter is a center for prevention of repetitive strain injuries based at UCONN Health, which does training, research, and clinical care.

Contact: Jennifer Garza, ScD, Ergonomist

Address: 263 Farmington Ave, Farmington, CT 06030-8077

Phone: (860) 679-4916 Fax: (860) 679-1349 Phone: 860-679-5418 e-mail: garza@uchc.edu

Web: https://health.uconn.edu/occupational-environmental/consultation-and-outreach/ergonomics-consultation/

#### **UConn Health- Center for Indoor Environments and Health (CIEH)**

The CIEH at the University of Connecticut Health Center works with public health agencies, companies, clinics and individuals to promote indoor environments which protect the health of building occupants and provide productive, creative spaces for learning and work. The website on hurricane health (below) provides educational materials on protecting workers from exposures when addressing flooded buildings after severe wet weather.

Director: Paula Schenck, MPH

Address: 263 Farmington Ave, Farmington, CT 06030-8077

**Phone:** (860) 679-2368 **Fax:** (860) 679-1349 **e-mail:** schenck@ uchc.edu

**Web:** http://health.uconn.edu/occupational-environmental/consultation-and-outreach/cieh/

http://hurricane-weather-health.doem.uconn.edu

#### **Professional Associations**

## American Industrial Hygiene Association (AIHA), Connecticut River Valley Section

AIHA is a professional association for industrial hygienists.

Contact: Kristin Cramer Phone: (203) 675-2821

e-mail: kristen.cramer2821@gmail.com Web: http://www.crvaiha.wildapricot.org

#### **Connecticut Safety Society**

This society is a professional association for anyone that promotes occupational safety, health, and accident prevention in CT.

**Treasurer:** Thomas Schinkel **Phone:** (860) 462-1349

e-mail: schinkfam@gmail.com

Web: Facebook Group – Connecticut Safety Society

#### American Society of Safety Professionals (ASSP)

American Society of Safety Professional members are dedicated to creating safe work environments by preventing workplace fatalities, injuries and illnesses. Sound safety practices are a legal requirement, socially responsible and good business, leading to increased productivity, a better reputation and higher employee satisfaction.

Connecticut Valley Chapter

President: Ed Zimmer

e-mail: president@ctvalley.assp.org

Web: http://ctvalley.assp.org

#### Air & Waste Management Association (AWMA), Connecticut Chapter

AWMA provides training, information, and networking opportunities to environmental professionals. The Connecticut Chapter, New England Section, provides periodic forums for discussion and sponsors an annual student scholarship.

Chair: David Krochko Phone: (888) 265-8969

e-mail: dkrochko@woodardcurran.com

Web: http://awmact.org

#### Connecticut Trial Lawyers Association, Workers' Compensation Committee

CTLA is a professional association of attorneys whose mission reads *Trial lawyers protecting individual rights* through fair laws and access to justice. The purpose of this section is to ensure that workers who have been injured or suffered illness arising out of and in the course of their employment are provided the benefits to which they are entitled under the Connecticut Workers' Compensation Act.

Executive Director: Joan D. Maloney

**Workers' Compensation Section Chair:** Nathan Shafner **Address:** 150 Trumbull Street, 2<sup>nd</sup> Floor, Hartford, CT 06103

**Phone:** (860) 522-4345 **Fax:** (860) 522-1027

e-mail: jmaloney@cttriallawyers.org Web: https://www.cttriallawyers.org

#### Connecticut Bar Association, Workers' Compensation Section

This is a professional association of attorneys who concentrate in workers' compensation.

Chair: Colette Griffin Phone: (860) 875-7000

E-mail: cgriffin@HL-Law.com

Web: https://www.ctbar.org/members/sections-and-committees/sections/workers'-compensation

#### New England College of Occupational and Environmental Medicine/NECOEM

NECOEM is a not-for-profit organized community of physicians that strives to improve the health and safety of workers, workplaces, and environments.

**Executive Director:** Dianne Plantamura, MSW, CSS **Address:** 22 Mill Street, Groveland, MA 01834

**Phone:** (978) 373-5597

e-mail: necoem@comcast.net Web: <a href="http://www.necoem.org/">http://www.necoem.org/</a>

#### **Connecticut Association of Occupational Health Nurses (CTOHN)**

CTAOHN is an association of occupational health nurses, including most of the nurses working in industry.

CT President: Richard Sandrib, BSN, MS, APRN

Address: BMS, 3551 Lawrenceville Road, Princeton, NJ 08540

**Phone:** (609) 252-3643 (office) or (860) 806-1721 (cell)

e-mail: richard.sandrib@bms.com

Web: https://ctaohn.nursingnetwork.com

## **Connecticut State Agencies**

## Department of Public Health (DPH), Occupational Health Unit

This unit investigates clusters of occupational diseases. Programs for radon, asbestos, drinking water, lead, asthma, CT

Schools Environmental Resource Team, TB control and infectious disease are also at the DPH.

**Director:** Thomas St. Louis, MSPH

Address: DPH/OHP, 410 Capitol Ave, MS #11EOH, PO Box 340308, Hartford, CT 06134-0308

**Phone:** 860) 509-7740 **Fax:** (860) 509-7785

e-mail: Thomas.st.louis@ct.gov

Web: <a href="http://www.ct.gov/dph/occupationalhealth">http://www.ct.gov/dph/occupationalhealth</a>

#### **State Department of Emergency Services and Public Protection**

The Department of Emergency Services and Public Protection (DESPP) is comprised of the Commission on Fire Prevention and Control, the CT State Police, Emergency Management and Homeland Security, the Police Officers Standards and Training Council, Scientific Services, and Statewide Emergency Telecommunications.

**Public Information Officer: Brian Foley** 

Phone: (860) 463-9777
Fax: (860) 685-8902
e-mail: brian.foley@ct.gov
Web: https://portal.ct.gov/despp

#### State Emergency Response Commission, Department of Energy and Environmental Protection

This commission oversees plans for response to chemical accidents and collects chemical information for the public under Community Right to Know.

Chairman: Gerard P. Goudreau

Address: 79 Elm St, Hartford, CT 06106-5127

**Phone:** (860) 424-3373 **Fax:** (860) 424-4062

e-mail: deep.ctepcra@ct.gov Web: http://www.ct.gov/serc

#### Connecticut Fire Academy, Commission on Fire Prevention & Control

Safety training & standards compliance.

Training Director: Bill Higgins

**Address**: 34 Perimeter Road, Windsor Locks, CT 06096-1069 **Phone:** 860-264-9272 or toll free (877) 5CT-FIRE (only in CT)

Fax: (860) 654-1889

e-mail: william.higgins@ct.gov

Web: http://www.ct.gov/cfpc/site/default.asp

#### Connecticut Department of Environmental Protection, Radiation Safety Unit

**Director:** Jeff Semancik

**Phone:** (860) 424-3029; (860) 424-3333 24/7 Emergency

Fax: (860) 706-5339

e-mail: jeffrey.semancik@ct.gov

Web: http://www.ct.gov/deep/cwp/view.asp?a=2713&q=324824&deepNav GID=1639

#### **Workers' Compensation Commission**

#### Chairman's Office and Compensation Review Board

The Workers' Compensation Commission (WCC) administers the workers' compensation laws of the State of Connecticut with the ultimate goal of ensuring that workers injured on the job receive prompt payment of lost work time benefits and attendant medical expenses. To this end, the Commission holds hearings on disputed matters, facilitates voluntary agreements, makes findings and awards, hears and rules on appeals, and closes out cases through full and final stipulated settlements.

The WCC Safety & Health Services unit assists employers with implementation of the workers' compensation regulations regarding "Establishment and Administration of Safety and Health Committees at Work Sites."

Chairman: Stephen M. Morelli

Address: 21 Oak St., 4th Floor, Hartford, CT 06106-8011

**Phone:** (860) 493-1500

**Information:** (800) 223-WORK (9675)

Fax: (860) 247-1361

e-mail: wcc.chairmansoffice@po.state.ct.us

Web: <a href="http://wcc.state.ct.us/">http://wcc.state.ct.us/</a>

#### **Workers' Compensation District Offices**

- 1. 999 Asylum Ave., Hartford, CT 06105; (860) 566-4154; Fax: (860) 566-6137
- **2.** 55 Main St., **Norwich**, CT 06360; (860) 823-3900; Fax: (860) 823-1725
- 3. 700 State St., New Haven, CT 06511; (203) 789-7512; Fax: (203) 789-7168
- **4.** 350 Fairfield Ave., 2nd Floor, **Bridgeport**, CT 06604; (203) 382-5600; Fax: (203) 335-8760
- 5. 55 West Main St., Waterbury, CT 06702; (203) 596-4207; Fax: (203) 805-6501
- **6.** 24 Washington St., **New Britain**, CT 06051; (860) 827-7180; Fax: (860) 827-7913
- 7. 111 High Ridge Rd., Stamford, CT 06905; (203) 325-3881; Fax: (203) 967-7264
- 8. 90 Court St., Middletown, CT 06457; (860) 344-7453; Fax: (860) 344-7487

The Who's Who is compiled by Tim Morse, Ph.D., at UConn Health. To update or add a listing, please contact Tim at <a href="mailto:tmorse@uchc.edu">tmorse@uchc.edu</a>.