

BIOGRAPHICAL SKETCH

NAME: Michael Erdil, MD, FACOEM

eRA COMMONS USER NAME (credential, e.g., agency login):

POSITION TITLE: Adjunct Faculty, Assistant Clinical Professor

EDUCATION/TRAINING *(Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.)*

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
City University of New York, Queen's College	BA		Chemistry
State University of New York, Downstate Medical Center	MD		Medicine
Kings County Medical Center – Internship			Internal Medicine
Bay State Medical Center – Residency			Internal Medicine

Board Certified Preventive Medicine, Occupational Medicine

A. Personal Statement

To expand the awareness of Occupational Medicine issues to other Physicians, APRN and Physician Assistants, Medical Students and other occupational health professionals.

B. Positions and Honors**Other Experience and Professional Memberships**

New England College of Occupational and Environmental Medicine: Planning Committee Annual Meeting	Member	2015 -
University of Connecticut Health Center: Planning Committee Occupational Medicine Colloquium Series	Member	2014 -
Planning Committee. National Federal Occupational Health Conference	Member	2007 -2012
Official Disability Guidelines, Work Loss Data Institute	Editorial Advisory Board	2005 -
American College of Occupational and Environmental Medicine: Ad hoc Committee on Ergonomics	Member	1996 - 1997
American College of Occupational and Environmental Medicine: Ad hoc Committee on Low Back Pain	Member	1994 - 1995
American College of Occupational and Environmental Medicine: Occupational Medicine Practice Parameter and Health Care Quality and Cost Management Project	Reviewer	1994 - 1995
Agency for Health Care Policy and Research: Guidelines for the Treatment of Acute Low Back Problems in Adults	Reviewer	1993 - 1994
National Institute of Occupational Safety and Health: Connecticut Road Industry Surveillance Project	Advisory Board Member and Chairman	1992 - 1996
Connecticut Department of Health, Environmental Epidemiology and Occupational Health: Connecticut Environmental Health Education Project for Health Professionals	Member	1991 - 1993

Honors

Fellow American College of Occupational and Environmental Medicine
Listed Marquis Who's Who in Medicine and Healthcare, First Edition

C. Contribution to Science

Journal Articles

1. Cherniack M, Dillon C, Erdil M, et al. 2001. Clinical and psychological correlates of lumbar motion abnormalities in low back disorders. *The Spine Journal*. 1(4):290-298.
2. Maurer K, Cullen M, Erdil M, et al. 1995. Lead Toxicity Among Bridge Workers: 1994. *MMWR* 44(49):913-916.
3. Maurer K, Cullen M, Erdil M, et al. 1995. Controlling Lead Toxicity in Bridge Workers: Connecticut, 1991-1994. *MMWR* 44(4):76-79.

Review Articles

1. Pending Erdil M. 2017. Occupational Low Back Pain: Evaluation. In: UpToDate. Post TW (Ed), UpToDate, Waltham, MA
2. Pending Erdil M. 2017. Occupational Low Back Pain: Treatment. In: UpToDate. Post TW (Ed), UpToDate, Waltham, MA

Books

1. Erdil M, Dickerson OB (co-editors). 1997. *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, Van Nostrand Reinhold, NYC, NY.

Book Chapters

2. Aronoff G, Erdil M, Hartenbaum N. 2005. Medications, Driving and Work. For A Physician's Guide to Return to Work: How and Why. American Medical Association, ed. J Talmage and Mark Melhorn
3. Erdil M, Dickerson OB, Chaffin DB. 1994. Biomechanics of Manual Materials Handling and Low Back Pain. *Zenz Occupational Medicine*, 3d Edition, Mosby Year Book Press, St. Louis, MO.
4. Erdil M, Dickerson OB, Chaffin DB. 1994. Cumulative Trauma Disorders of the Upper Extremity. *Zenz Occupational Medicine*, 3d Edition, Mosby Year Book Press, St. Louis, MO.
5. Erdil M, Dickerson OB, Glackin E. 1997. Diagnosis and Medical Management of Work-related Low Back Pain. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold
6. Erdil M, Maurer K, Dickerson OB. 1997. The Burden of Cumulative Trauma Disorders. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold.
7. Erdil M, Maurer K, Dickerson OB. 1997. Carpal Tunnel Syndrome: Diagnosis and Case Definitions. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold.
8. Barrer S, Erdil M, Pagnanelli D. 1997. Surgical Evaluation and Treatment of Work-related Low Back Pain. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold.
9. Dickerson OB, Erdil M. 1997. Video Display Workstations and Cumulative Trauma Disorders. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold.
10. Pagnanelli D, Erdil M, Barrer S. 1997. The Surgical Evaluation and Treatment of Work Related Upper Extremity Peripheral Nerve Entrapment Syndromes. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold
11. Perez G, Erdil M. 1997. Regulatory Ergonomic Initiatives. In *Cumulative Trauma Disorders: Prevention, Evaluation and Treatment*, ed. Michael Erdil & O. Bruce Dickerson, New York: Van Nostrand Reinhold

Select Presentations

1. SEAK National Worker's Compensation and Occupational Medicine Seminar: Utilization Review Decisions: Use of Evidence Based Treatment Guidelines & Beyond. Hyannis, MA July 20, 2005
2. University of Connecticut Health Center Occupational Medicine Series. Artificial Lumbar Discs: Implications for Occupational Health Providers. October 26, 2005. Farmington, CT.
3. University of Connecticut Health Center Occupational Medicine Series. Low Back Pain Epidemiology and Treatment. Farmington, CT. November 8, 2006
4. New England College of Occupational and Environmental Medicine Annual Meeting. Back Pain

Interventions - Bridging The Gap Between Best Evidence and Clinical Practice. Bedford, MA. December 1, 2006.

5. National Federal Occupational Health Conference. Evaluation and Treatment of Low Back and Lower Extremity Work related Disorders. Myrtle Beach, SC. June 5-7, 2007.
6. SEAK National Worker's Compensation and Occupational Medicine Seminar. Appropriate Use of Rehabilitation with Physical and Occupational Therapy for Musculoskeletal Disorders. Hyannis, MA July 17-19, 2007
7. Johnson Memorial Hospital Dept of Rehabilitation. Low Back Update: Waddell's Signs, Evidence Regarding the Role of Injections and Rehabilitation. Sept 20, 2007. Enfield, CT
8. New England College of Occupational and Environmental Medicine Annual Meeting. Physical Treatments for Low Back Pain: Where's the Evidence? Bedford, MA. November 30, 2007.
9. National Federal Occupational Health Conference. Care & Treatment of Lower Back Injuries. Management of Upper Extremity Injuries. Tampa, FL. June 17-19, 2008.
10. New England College of Occupational and Environmental Medicine Annual Meeting. Rehabilitation of Neck Pain in the Workplace: Evidence and Practice. Bedford, MA. December 5, 2008.
11. Millender Conference. New England Baptist Hospital. Interventional Treatment of Back Pain: Literature Evidence and Case Management Observations. Waltham, MA. April 9, 2009.
12. National Federal Occupational Health Conference. Evidence Based Diagnosis and Treatment of Low Back Pain and Considerations in the Evaluation and Management of Upper Extremity Musculoskeletal Disorders. Denver, CO August 4-5, 2009.
13. New England College of Occupational and Environmental Medicine Annual Meeting. Spinal Fusion in Worker's Compensation: Can We Help Patients to Make Better Decisions? Newton, MA. December 5, 2009.
14. Braintree Rehabilitation Hospital Workers Compensation Conference. Causation Analysis. and Moderator Shoulder Injury. Randolph MA, May 21, 2010
15. National Federal Occupational Health Conference. Evidence Based Evaluation and Treatment of Low Back Pain. And Occupational Health Management of Upper Extremity Musculoskeletal Disorders. Sacramento CA, August 3-6, 2010
16. New England College of Occupational and Environmental Medicine Annual Meeting. Literature Considerations in Determining Causation of Upper Extremity Musculoskeletal Disorders. Newton MA, Dec 3, 2010
17. National Federal Occupational Health Conference. A Pain in the Neck: Managing Work related Cervical Spine Disorders. And Navigating the Treatment Maze for Patients with Persistent Low Back Pain. Dallas Texas, August 19-21, 2011
18. CT Workers' Comp Trust. Workers' Compensation Claims - From Start To Finish Role Of The First Treatment Center. Wallingford CT Sept 29, 2011
19. Western Occupational and Environmental Medicine Association Webinar. Lumbar Spinal Fusion in Workers Compensation: Can We Help Patients to Make Better Decisions? April 25, 2012
20. CBIA Annual Health and Safety Conference. Balancing Employee Health and Safety with Company Goals. Farmington CT. May 16, 2012
21. National Federal Occupational Health Conference. Ask the Physicians Panel Discussion; and Collaborative Decision Making in Work injury Management; and Diagnosis and Management of Work Related Shoulder Pain. Atlanta GA. July 25-27, 2012
22. University of Connecticut School of Medicine. Grand Rounds in Medicine. Low Back Pain: Addressing the Myths with Evidence. Farmington CT. Oct 4, 2012
23. New England College of Occupational and Environmental Medicine Annual Meeting. Opioid Therapy for Chronic Musculoskeletal Disorders: Evaluating the Benefits, and Reducing the Risks. Newton MA. Nov 30, 2012
24. University of Connecticut School of Medicine. Grand Rounds in Medicine. Primary Care Considerations Regarding Opioid Therapy for Chronic Non-malignant Pain. Farmington CT. Jan 10, 2013
25. Harvard School of Public Health. Grand Rounds. Opioid Pain Reliever Overdose: Case Presentation and Public Health Considerations. Boston MA. Feb 1, 2013.
26. Eastern Connecticut Health Network Manchester Memorial Hospital. Grand Rounds. Low Back Pain: Addressing the Myths with Evidence. March 14, 2013.
27. American Occupational Health Conference. Lumbar Fusion and Worker's Compensation: Helping Patients Make Better Decisions. Orlando FL. April 29, 2013.
28. Eastern Connecticut Health Network Manchester Memorial Hospital. Grand Rounds. Controversies Regarding Opioid Management of Chronic Non-Cancer Pain and Primary Care Considerations. May 16, 2013.
29. Insurance Rehabilitation Study Group. Innovation in Medicine and Rehabilitation: Chronic Pain and Spine Care Disease Management: Contemporary Challenges and Future Directions. New Orleans LA May 21, 2013.
30. Harvard School of Public Health. Grand Rounds. Diagnostic Dilemmas of Patients with Neck and Shoulder Pain. Boston MA. Nov 1, 2013.

31. New England College of Occupational and Environmental Medicine Annual Meeting. Shared Decision Making: A Key to Excellence in Occupational Medicine Practice. Newton MA. Dec 6, 2013.
32. University of Massachusetts Memorial Medical Center. Grand Rounds in Family Practice. Improving Primary Care Management of Low Back Pain Using Literature Evidence. Evidence for Non-surgical Management of Low Back Pain. Worcester MA. Jan 21, 2014.
33. Harvard School of Public Health. Grand Rounds. Case Presentation and Acute Management Considerations for Patients with Low Back Pain. Boston MA. Feb 14, 2014. Also Resident discussion on LBP treatment and evidence.
34. Harvard School of Public Health. Grand Rounds. Marijuana for Chronic Non-cancer Pain: Evidence Review and Occupational Medicine Considerations. Boston MA. Mar 14, 2014. Also Resident discussion on Shoulder Exam.
35. Lou Millender Foundation. Work-Related Injuries: New Challenges & New Solutions. Waltham MA. Mar 24-25, 2014. How to break the cycle once a patient is on a high dose opioids and Panel presentation on opioids
36. SEAK National Workers' Compensation and Occupational Medicine Conference, July 22-24, 2014, Latest Concepts in Low Back Pain Management: What Works and What to Avoid.. Hyannis, MA
37. Harvard School of Public Health. Low Back Pain Disability Management. Ergonomics And Human Factors: Strategic Solutions For Workplace Safety And Health. Boston MA. October 3, 2014
38. University of Connecticut Health Center. Grand Rounds in Medicine. Assessing work ability, return to work and disability: Overview and cardiopulmonary perspectives. Joint Presentation. Farmington CT. Jan 22, 2015.
39. University of Connecticut Health Center. Grand Rounds in Medicine. Joint Presentation. Assessing work ability, return to work and disability: Musculoskeletal perspectives. Farmington CT. Jan 29, 2015
40. Connecticut Institute for Primary Care Innovation. Primary Care Educational Series: Disability Assessments. St. Francis Hospital. Hartford CT. Feb 25, 2015.
41. Integrated Benefits Institute Forum: Low Back Pain: A Major Employer Uses Guidelines to Manage Quality, Cost & Outcomes. Joint Presentation. San Francisco, CA. Mar 18, 2015.
42. Harvard School of Public Health. Grand Rounds. Case Presentation and Provider Return to Work Considerations Following Low Back Injury. Boston MA. Apr 3, 2015.
43. Massachusetts Medical Society's Annual Public Health Leadership Forum. The Opioid Epidemic: Policy and Public Health. Alternatives to Opioids. Waltham MA. Apr 8, 2015
44. American Occupational Health Conference. Improving Care for Low Back Pain. Baltimore MD. May 4, 2015
45. Integrated Benefits Institute Forum Webinar: Low Back Pain: A Major Employer Uses Guidelines to Manage Quality, Cost & Outcomes. Joint Presentation. June 1, 2015
46. University of Connecticut Health Center. Occupational Medicine Colloquium Series. Evaluation And Treatment Of Back Pain: Non-Surgical Vs. Surgical Options. Joint Presentation. Farmington CT. June 1, 2015
47. Harvard School of Public Health. Ergonomics And Human Factors: Strategic Solutions For Workplace Safety And Health. Low Back Pain Disability Management. Boston MA. October 5, 2015
48. New England College of Occupational and Environmental Medicine Annual Meeting. Early Workplace And Psychosocial Risk Factors For Prolonged Work Disability For Patients With Low Back Pain- Can I Identify And Solve Them In My Clinical Practice? Panel Presentation. Newton MA. Dec 3, 2015.
49. Harvard School of Public Health. Grand Rounds. Benzodiazepines For Work Related Conditions: A Tale of Caution. Boston MA. Feb 26, 2016.
50. American Occupational Health Conference. Low Back Surgery and Worker's Compensation: The Role of the Occupational Medicine Provider in Helping Patients Make Better Informed Decisions. Chicago, IL. Apr 11, 2016.
51. Harvard School of Public Health. Grand Rounds. Low Back Pain and MRI: Improving Decision Making and Avoiding Patient Harm. Boston MA. Apr 22, 2016.
52. Eastern Connecticut Health Network Manchester Memorial Hospital. Grand Rounds. Non-Surgical And Surgical Perspectives In The Treatment Of Patients With Low Back Pain. Joint Presentation. Manchester CT. May 12, 2016
53. University of Connecticut Health Center. Occupational Medicine Colloquium Series. Evaluation And Treatment Of Neck Pain: Non-Surgical Vs. Surgical Options. Joint Presentation. Farmington CT. June 1, 2016
54. SEAK National Workers' Compensation and Occupational Medicine Conference. Low Back Pain and Return to Work: Evidence Based Recommendations. Hyannis, MA. July 22, 2016.
55. University of Connecticut Health Center. Grand Rounds in Medicine. MRI for Low Back Pain: Reducing Low Value Care and Patient Harm Through Better Decision Making and Patient Education. Farmington CT. Sept 22, 2016.
56. New England College of Occupational and Environmental Medicine Annual Meeting. Harriet Hardy Award. Perspectives On A Journey Looking For Evidence And Searching For Practical Solutions In Occupational Medicine. Newton MA. Dec 1, 2016.

57. University of Connecticut Health Center. Occupational Medicine Colloquium Series. Panel: Updates In Occupational Medicine, Lumbar Fusion for Degenerative Disc Disease and Worker's Compensation: New Findings. Farmington CT. Joint Presentation. Dec 7, 2016.