



YOUR BEST KEPT SECRET!

PASSWORDS

Passwords are the foundation of information security. Some helpful tips:

- Create long passwords using letters, numbers and symbols.
- Change them regularly
- Passwords created from passphrases are simple to remember and secure.
- NEVER share your password.
- Use different passwords for different accounts.

If you need assistance with creating or resetting a password, contact the Service Desk at x4400.

IT Security
itsecurity@uchc.edu

UConn
HEALTH