Food Resources

Storrs Region
Covenant Soup Kitchen and Community Pantry
Address: 220 Valley Street Willimantic, CT
The Soup Kitchen offers breakfast and lunch seven days per week and dinner on Friday and Saturday evenings, at no charge to its guests. In addition to meals served in the soup kitchen, bakery items, fresh produce, meats, eggs, dairy products and other foods are offered to guests to take home, when available. Currently all meals are served to go, from the double red doors at the back of the building.

- Breakfast: 9-9:30 am, Daily
- Lunch: 12-1 pm, Daily
- Dinner: 4:30 pm - 5 pm, Friday and Saturday only

Community Food Pantry responds to requests for emergency groceries. Open Monday through Saturday 11 am - 1 pm or by appointment.
Contact: 860-423-1643, Kimberly Clark

Holy Family Home and Shelter
Contact Information: Sister M. Peter Bernard
860-423-7719 ext. 12
Address: 88 Jackson Street Willimantic, CT 06226
A local shelter that provides mothers and children with a place to stay and food. People who do not meet qualifications should be directed to the covenant soup kitchen.
- Capacity: 28 beds
- Restrictions: Mothers and Children only
- Average stay of 60-90 days. Three meals a day with case management, an education program for the children and assistance with housing and employment searches

Tolland Region
Tolland Food Pantry
This is the food pantry for the town of Tolland and food distribution is by appointment only. To receive food from this resource you must be a resident of Tolland and meet the income requirements.
- For more information and to confirm you meet the eligibility requirements call Tolland Human Services at 860-871-3648
- Address:
  Hicks Memorial Municipal Center
  21 Tolland Green, 4th Level
  Tolland, CT 06084

Cornerstone Food Cupboard and Soup Kitchen
Address: 3 Prospect Street Vernon, CT 06066
Cornerstone Food Cupboard provides food assistance to those needing some extra help who meet the federal guidelines for food assistance. To be eligible to receive food from the Food Cupboard, a client must register by completing the Food Cupboard registration form found on their website.
Phone: 860-375-8053

Cornerstone Soup Kitchen provides lunch at 11:30 AM Monday through Sunday (7 days a week) and dinner at 5:00 PM Monday through Friday (5 days a week).
Phone: 860-871-1823

Manchester Region
MACC Charities Community Emergency Food Pantry and Community Kitchen
Address: 460 Main St. Manchester CT
Community Emergency Food Pantry provides groceries by appointment only. They also carry hygiene products for adults and children. Fresh produce is Mondays-Thursdays only.
- Open Tuesday, Wednesday, Thursday, Friday
- Self selection of nonperishable food items
- Contact: 860-647-8003 ext 28

Community Kitchen gives out hot lunches on Tuesday, Wednesday, Thursday and bag lunches on Mondays, Fridays, Saturdays. Lunch served between 11:30 am and 12:45 pm (no appointment necessary)
Phone: 860-647-8003 ext 21