

## Food Resources

### Storrs Region

#### **Covenant Soup Kitchen and Community Pantry**

Address: 220 Valley Street Willimantic, CT  
The Soup Kitchen offers breakfast and lunch seven days per week and dinner on Friday and Saturday evenings, at no charge to its guests. In addition to meals served in the soup kitchen, bakery items, fresh produce, meats, eggs, dairy products and other foods are offered to guests to take home, when available. Currently all meals are served to go, from the double red doors at the back of the building.

Breakfast: 9-9:30am, Daily

Lunch: 12-1pm, Daily

Dinner: 4:30pm - 5pm, Friday and Saturday only

Community Food Pantry responds to requests for emergency groceries. Open Monday through Saturday 11am - 1pm or by appointment.  
Contact: 860-423-1643, Kimberly Clark

#### **Holy Family Home and Shelter**

Contact Information: Sister M. Peter Bernard  
860-423-7719 ext. 12

Address: 88 Jackson Street Willimantic, CT 06226

A local shelter that provides mothers and children with a place to stay and food. People who do not meet qualifications should be directed to the covenant soup kitchen.

- Capacity: 28 beds
- Restrictions: Mothers and Children only
- Average stay of 60-90 days. Three meals a day with case management, an education program for the children and assistance with housing and employment searches

### Tolland Region

#### **Tolland Food Pantry**

This is the food pantry for the town of Tolland and food distribution is by appointment only. To receive food from this resource you must be a resident of Tolland and meet the income requirements.

- For more information and to confirm you meet the eligibility requirements call Tolland Human Services at 860-871-3648
- Address:  
Hicks Memorial Municipal Center  
21 Tolland Green, 4th Level  
Tolland, CT 06084

#### **Cornerstone Food Cupboard and Soup Kitchen**

Address: 3 Prospect Street Vernon, CT 06066

Cornerstone Food Cupboard provides food assistance to those needing some extra help who meet the federal guidelines for food assistance. To be eligible to receive food from the Food Cupboard, a client must register by completing the Food Cupboard registration form found on their [website](#).

Phone: 860-375-8053

Cornerstone Soup Kitchen provides lunch at 11:30AM Monday through Sunday (7 days a week) and dinner at 5:00PM Monday through Friday (5 days a week).

Phone: 860-871-1823

### Manchester Region

#### **MACC Charities Community Emergency Food Pantry and Community Kitchen**

Address: 460 Main St. Manchester CT

Community Emergency Food Pantry provides groceries by appointment only. They also carry hygiene products for adults and children. Fresh produce is Mondays-Thursdays only.

- Open Tuesday, Wednesday, Thursday, Friday
- Self selection of nonperishable food items
- Contact: 860-647-8003 ext 28

Community Kitchen gives out hot lunches on Tuesday, Wednesday, Thursday and bag lunches on Mondays, Fridays, Saturdays. Lunch served between 11:30am and 12:45pm (no appointment necessary)

Phone: 860-647-8003 ext 21