

# Patient Action Leaders Advancing Novel, Transformative, Equitable (PA'LANTE) Health Care



In CT, Latinos experience substantial health inequities exacerbated by social and economic disparities. Reports highlight disparities in birth outcomes, mortality rates, hospitalizations, healthcare access, and chronic disease risk factors.<sup>1</sup> The Latino population in CT grew by 30% between 2010 and 2020, with Hartford having the highest proportion at 44%.<sup>2,3</sup> Health disparities in Hartford are pronounced, with Latinas disproportionately burdened by chronic conditions due to historical and political factors creating oppressive conditions based on gender, race, and ethnicity. The [Hispanic Health Council \(HHC\)](#) and the [Health Disparities Institute \(HDI\)](#) aim to increase patient and community voice in decision-making, specifically in patient-centered comparative clinical effectiveness research (CER) that informs service delivery.

Our solution is to elevate Latina women to leadership roles in patient-centered comparative clinical effectiveness research (CER) through capacity-building initiatives, thereby redistributing power in healthcare delivery and research.

## Convene and Train Latina Patient Leaders

Establish an advisory board in patient-centered CER, assessment, and participatory planning. Develop a bilingual training toolkit that outlines the curriculum content and procedures.

Find the toolkit here in [English](#) and [Spanish](#).

**Objective #1**

## Project Partner:



## Project Funder:

## Patient-Centered Outcomes Research Institute® (PCORI®)

## Implement Broad Assessment

Engage the advisory board in conducting a patient, staff, and provider assessment to identify priority areas for women's health research.

**Objective #2**

## HDI Staff on the Project:

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Valen Diaz, MPH, MCHES  
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## Host Participatory Planning

Develop a shared vision and research priorities and interests (RPIs) to advance Latina health through a participatory planning process.

**Objective #3**

## Project Period:

Feb 2025 – Jan 2027

**Disclaimer:** The statements presented in this publication are solely the responsibility of the author(s) and do not necessarily represent the views of PCORI®.

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## Disseminate and Build Support

Promote the RPIs among patients, providers, payers, and policymakers through community town halls.

**Objective #4**

## Footnotes:

1. Connecticut Department of Public Health. Facts About Minority Health in Connecticut 2013; <https://portal.ct.gov/-/media/dph/office-of-health-equity/health-disparities/briefs-and-fact-sheets/factsminorityhealthct2013pdf.pdf>. Accessed June 10, 2024.
2. Stuart C. Census Data Shows Shifts in Connecticut's Demographics. 2021; <https://ctnewsjunkie.com/2021/08/13/census-data-shows-shifts-in-connecticuts-demographics/> Accessed 2024, June 5.
3. Davila K, Wonderly C, Abraham M. Hartford Neighborhood Changes 2010 to 2020. 2020; <https://www.ctdatahaven.org/reports/2020-census-data-demographic-change-connecticut-town-and-city-neighborhoods/hartford-neighborhood-changes-2010-2020> Accessed 2024, June 13.