

# UConn HEALTH

## Department of Health Career Opportunity Programs

*Aetna Health Professions Partnership Initiative*

**Doctors Academy Parental Seminar Series**

**Guest Speaker: Ireon LeBeauf, Ph.D., M.D.**

**Topic: Stress and Anxiety Management**

**Date: February 15, 2023**

**Time: 6 - 7:30 p.m.**

**Virtual Presentation: Cisco WebEx Access Website**



**Ireon LeBeauf, Ph.D., M.D.**, hails from the bayou region of Louisiana. She earned her M.D. at Saint George's University in Grenada, West Indies. Dr. LeBeauf also has a Ph.D. in Counselor Education from the University of New Orleans. She is a former doctoral professor of Counseling at the University of Nevada, Reno, and has authored and co-authored numerous book chapters, peer-reviewed articles and national level presentations focusing on culturally

competent mental health care.

As a newly minted medical doctor, Dr. LeBeauf began her residency training in anesthesiology later transitioning to psychiatry at the University of Connecticut. She is a fierce advocate for mental health with interests in diversity and inclusion, women's health issues, reproductive psychiatry, and pain management.