

UConn HEALTH

Department of Health Career Opportunity Programs

Aetna Health Professions Partnership Initiative

Doctors Academy Parental Seminar Series

Guest Speaker: Ireon LeBeauf, Ph.D., M.D.

Topic: Stress and Anxiety Management

Date: March 24, 2022

Time: 6 - 7:30 p.m.

Virtual Presentation: Cisco WebEx Access Website



Ireon LeBeauf, Ph.D., M.D., hails from the bayou region of Louisiana. She earned her M.D. at Saint George's University in Grenada, West Indies. Dr. LeBeauf also has a Ph.D. in Counselor Education from the University of New Orleans. She is a former doctoral professor of Counseling at the University of Nevada, Reno, and has authored and co-authored numerous book chapters, peer-reviewed articles and national level presentations focusing on culturally

competent mental health care.

As a newly minted medical doctor, Dr. LeBeauf began her residency training in anesthesiology later transitioning to psychiatry at the University of Connecticut. She is a fierce advocate for mental health with interests in diversity and inclusion, women's health issues, reproductive psychiatry, and pain management.