

## **COBRA RIGHTS ACKNOWLEDGEMENT**

I hereby acknowledge that I have received notification of my COBRA continuation rights to extend my group plan health coverage. I understand that all costs for continuation coverage will be at my own expense. I must also submit a COBRA Continuation Election Form to elect for coverage within 60 days of the loss of coverage.

I understand that all costs for continuation coverage will be at my expense, and coverage will only be reinstated once payment is received. I understand my COBRA coverage will automatically terminate once I cease remitting the required monthly payments. **CAHC will not send notices or invoices of payments due.**

Employee Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

**YOUR SPOUSE MUST ALSO SIGN THIS FORM IF ARE MARRIED AND INCLUDING THEM ON THE HEALTH INSURANCE PLAN.**

Spouse's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Spouse's Printed Name: \_\_\_\_\_

**Employees and their spouses are responsible for promptly informing CAHC of a divorce, legal separation, or child losing dependent status under the group plan. In addition, employees or family members must keep CAHC informed of their current addresses.**

**Please return completed form to CAHC by emailing it to [cahcgroupp@uchc.edu](mailto:cahcgroupp@uchc.edu).**