

Unless a resident/fellow participating in these services has been referred by the UConn School of Medicine due to some performance-related concern, these services will be provided in a confidential manner.

### Health Assistance Intervention Education Network (HAVEN)

A resident/fellow may also choose to access the Health Assistance Intervention Education Network (HAVEN).

**HAVEN** is the health and wellness program authorized by state law to serve healthcare professionals in Connecticut. **HAVEN** provides a safe environment for coordinating educational, rehabilitative, and supportive services for concerns related to alcoholism, substance abuse, behavioral or mental health issues and/or physical illness. Residents/fellows may self-refer to HAVEN for evaluation and treatment. In some instances, residents/fellows may undergo a mandated evaluation by HAVEN (see "[Fit for Duty/Employee Assistance Evaluations](#)"). The Office of Graduate Medical Education must be notified when a resident/fellow self-refers or is referred to HAVEN. This notification can be made by the resident/fellow or by HAVEN once authorized by the resident/fellow to do so.

The initial evaluation of a resident/fellow will be paid in full by the CAHC. If an ongoing treatment plan is needed, the resident/fellow will be expected to pay a portion of the cost. While the resident/fellow is participating in a UConn SOM residency/fellowship program and employed by the CAHC, the resident/fellow will be expected to pay 10% of the monthly fee of HAVEN, provider copays, and laboratory fees up to a maximum of \$500 per year. The resident/fellow will be reimbursed by the CAHC for expenses incurred above this amount upon submission of all receipts/documentation of payment. If a resident/fellow self-refers or is undergoing a mandatory evaluation to HAVEN, he/she must contact the CAHC in order for the CAHC to process payments to HAVEN.

HAVEN staff will make recommendations about further treatment and when appropriate will work with the UConn School of Medicine (UConn SOM) Graduate Medical Education (GME) Office designee and the Program Director in identifying whether or not the resident/fellow is fit for duty.

Contact information is:

**HAVEN**  
1210 Mill Street  
East Berlin, CT 06023  
Telephone: (860) 828-3175  
Confidential Fax: (860) 828-3192  
<http://haven-ct.org/>

### Grief Counseling

MetLife provides Grief Counseling as part of your Group Life Insurance. Sessions can either take place in-person or by phone. This includes situations you perceive as a major loss such as the death of a loved one, a divorce, receiving a serious medical diagnosis for yourself or a loved one, or losing a pet. In addition, this service can help with locating local funeral homes, locating back-up child care for children or older adults, finding specific types of support groups, finding storage facilities, finding estate sales planners, and finding charities that pick up donations. They can also provide information such as