



Emergency Medical Services *Partners*

January 2021, Issue 122

health.uconn.edu/ems

Farmington Cardiac Arrest Save

Great job by American Medical Response paramedic Matt Polesel, his partner Lauren Anderson and first responders from the Farmington Fire Department and Farmington Police Department. They found a woman in cardiac arrest in her home, started CPR, and defibrillated her several times before transporting her to UConn John



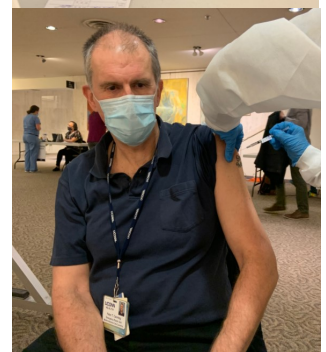
Dempsey Hospital. She faced a long hospitalization and in the early days her prognosis was quite grim, but she made a miraculous recovery and was discharged home to her family after eighteen days, alert and oriented with only minor deficits. Attention to good CPR and timely defibrillation kept this woman's survival chances alive. The community of Farmington was well served and we commend all those involved in this great rescue!

Visitor Restrictions

Due to COVID-19 cases in the community, we are maintaining our No Visitor level of restriction for our Emergency Department. While we will do our best to compassionately accommodate exceptions where possible, safety is our first priority. Guidelines subject to change if safety measures cannot be maintained.

COVID-19 Vaccinations

Connecticut has designated EMS responders as Priority 1A for receipt of the COVID-19 vaccine, and many of our responders have already received one or both of their shots. We encourage all our responders to get the shots. They not only protect you, they protect your family, friends and community. Widespread vaccination, along with continued facemask wearing are our best chances to bring this epidemic to an end.

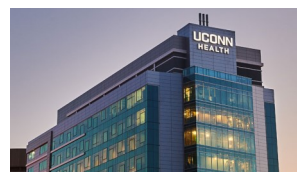


Stay Cautious

While COVID hospitalizations have plateaued from their highs, Connecticut remains in a severe outbreak state. Many patients transported by EMS are known COVID positives, but we are also seeing patients who present as strokes, falls, generalized weakness and delirium, who test positive for COVID, as well as patients transported from motor vehicle accidents and psychiatric incidents. Please wear your PPE!



Mission:
Lifeline®



STEMI ALERT Patch

Here are six points to remember when patching in a STEMI ALERT.

1. Call from the scene. 20 minutes lead time can be equal to 20 minutes heart muscle saved as it enables our team to prepare for the patient's arrival.
2. Ask CMED for a **STEMI ALERT with Medical Control**. Only the Emergency MD can activate the cardiac cath lab. Failing to ask for medical control will force you to repeat your patch after a physician is brought to the phone.
3. Briefly describe the main symptoms and presentation.
4. Describe the ECG. State the leads the elevation is present in and whether or not there are any reciprocal changes.
5. Patient History. Briefly describe the patient's significant history
6. If you are not certain it is a STEMI, it is okay to say "I have a possible STEMI."
EARLY NOTIFICATION SAVES LIVES!

UConn EMS CONTINUING EDUCATION 2021



March 17, 2021
April 14, 2021
May 19, 2021
June 16, 2021
September 15, 2021
October 20, 2021
November 17, 2021
December 15, 2021



8:30-11:30 A.M. (Wednesdays)
All CMEs until further notice
will be virtual CMES.

3 Hours CME
ALL EMS RESPONDERS WELCOME

Use this link:

<https://uconn-cmr.webex.com/uconn-cmr/j.php?MTID=m916b5a3cf93a7d9c98d2570e49cbb29f>

ED Patient Handovers

Please remember when bringing patients to the ED on a PEER/PEC, one crew member must remain with the patient until a R.N. or a 1:1 sitter comes to the patient bedside. If you encounter any instances where you are required to wait in the ED for a prolonged time before patient turnover with any patient brought to the ED, please contact Peter Canning or Rich Kamin with details. We value the work and time of our EMS partners and want to assure that we work together to keep all of our patients safe.

BioHazard

Please dispose biohazard red bags and biohazard trash in the biohazard trash can located in the ambulance entrance foyer. If the can is full, please seek the assistance of the ED staff in disposing of the biohazard material. Thanks!



Refresh2021- Free ON Demand CAPCE Approved NREMT Refresher for All EMS Levels

Over 12,000 EMS professionals nationwide have already signed up for this online on demand refresher being offered free to EMS by some of the nation's top EMS educators in thanks for EMS service during this difficult year of COVID.

Sign up at:

<https://www.prodigyems.com/refresh2021>

Highly recommended. Available only until March 31, 2021.

#Refresh2021
Free. Online. On Demand.
@Refresh2021
EMT/Paramedic Refresher
NREMT's NCCP Program
30 National Hours

CONTACT US:

Any questions or suggestions about EMS?
Looking for patient follow-up?

Contact EMS Coordinator Peter Canning at canning@uchc.edu or call (860) 679-3485.



UConn Health JDH EMS Website

For news, educational information, CME schedule and past copies of our newsletter *Partners*, check out our website at:

health.uconn.edu/ems