

# **Emergency Medical Services**

# Partners

December 2020, Issue 121



health.uconn.edu/ems

#### **COVID-19 Raging in Connecticut**

COVID-19 is rapidly escalating in Connecticut. According to the COVID Tracking web site, COVID ACTNOW, all counties in Connecticut are now in active outbreak. The disease is not just in nursing homes, prisons, and assisted



living facilities, it is widespread in the general community. Anyone could have it. Remember many people who have the disease and who are capable of spreading it are asymptomatic. For those who are or become symptomatic, the infectious period is believed to be two days before symptom onset and five days after. While there is great news coming about vaccines, which will hopefully start to be made available to EMS workers later in December or early January, we have to be particularly cautious at this time. We have seen a rapid increase in our inpatient (including ICU) cases of COVID as well as many cases of patients who are discharged home from the ER with COVID-19.

Please be careful and wear your PPE, including face shield or goggles. You should be wearing a face mask at all times when within six feet of people, including your partners and coworkers.

#### **Visitor Restrictions**

Due to rising COVID-19 cases in the community, we have returned to a No Visitor level of restriction for our Emergency Department. While we will do our best to compassionately accommodate exceptions where possible, safety is our first priority. Guidelines are subject to change if safety measures cannot be maintained.



Mission: Lifeline

# The 6 R's of Medication Safety

Practice the 6 R's to ensure patient safety.

## **Right Medication**

Do you read the label of a drug before you draw it up? Are there any drugs in your kit that could be mistaken for the other? Did you ask the patient if they were allergic to any medicine?

#### Right Dose

Did you double check your math? A wrong decimal point in calculating can be fatal to a pediatric.

#### **Right Route**

High dose epinephrine can save a life when given IM, it can kill a patient when given IV if not properly diluted.

#### **Right Time**

Do you know long it takes each of your drugs to take effect and how long they last? Very few EMS drugs should be pushed rapidly, which can cause significant side effects? Did you wait long enough to administer the second dose. Repeat dosing too quickly can lead to overdose.

## **Right Patient**

Did you get a positive identification on your patient with dementia? Does the patient on your stretcher match the patient's paperwork you were handed?



#### **Right Documentation**

If you gave a drug, but did not document it, the patient is subject to double dosing at the ED. If you documented you gave a drug, but forgot to administer it, the patient may miss an essential medicine such as ASA during a cardiac event. A major source of medical errors is miscommunication at patient handover. This is why both a complete verbal report AND a properly documented PCR is essential to patient care.





#### Virtual CME-December 16, 2020

Please join us for our monthly CME on Wednesday, December 16, 2020 at 8:30 A.M. until 11:30 A.M. Our CMEs are held via Webex. CME certificates for three hours are available on request after the CME. Last month we had over 100 participants!

Meeting link:

https://uconn-cmr.webex.com/uconn-cmr/j.php? MTID=m916b5a3cf93a7d9c98d2570e49cbb29f

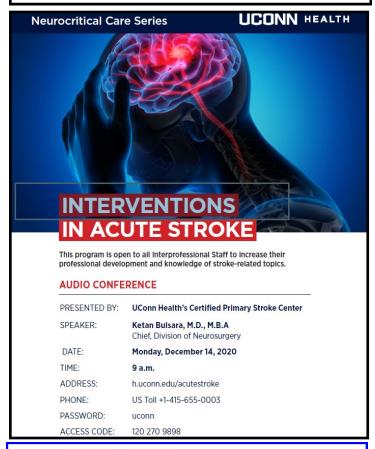
Meeting number: 120 987 7270 Password: AfFD9pSXF86

Host key: 749126

Join by phone

+1-415-655-0002 US Toll

Note: This link is good for all monthly CMEs.



#### **UConn Health JDH EMS Website**

For news, educational information, CME schedule and past copies of our newsletter *Partners*, check out our website at:

health.uconn.edu/ems

# UConn EMS CONTINUING EDUCATION 2020-2021

December 16, 2020 2021 Dates TBA



8:30-11:30 A.M. (Wednesdays)
All CMEs for the remainder of 2020
will be virtual CMES.

3 Hours CME ALL EMS RESPONDERS WELCOME



### UConn EMS CONTINUING EDU-CATION

COVID-19 Update David Banach, MD

Responding to Disasters: Experiences and Opportunities Stanley Chartoff, MD

**Airway Obstruction** 

Johnathan Nieves, MD

**Case Reviews** 

Dr. Richard Kamin/Peter Canning, Paramedic, R.N.

Stroke, STEMI, Trauma Review

(3 Hours CME)

For Questions:

email Peter Canning at canning@uchc.edu

ALL EMS RESPONDERS WELCOME Online Virtual CME December 16, 2020 8:30-11:30 A.M. 3rd Wednesday!

#### CONTACT US:



Any questions or suggestions about EMS? Looking for patient follow-up?

Contact EMS Coordinator Peter Canning at <u>canning@uchc.edu</u> or call (860) 679-3485.