



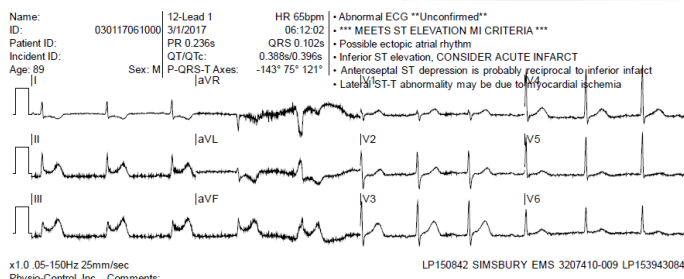
**Emergency Medical Services**  
*Partners*

March 2017, Issue 82

health.uconn.edu/ems

**Early Notification Saves Lives!**

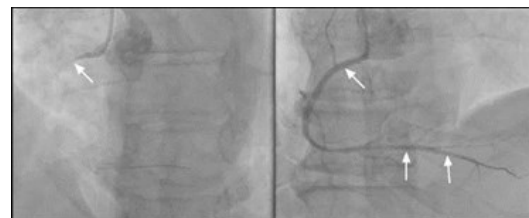
On March 1, **Simsbury Ambulance** paramedic Shannon Harvill and her EMT partner Tom Malone responded for a 93-year-old male with substernal, nonradiating chest pain, who was pale, diaphoretic and short of breath. Harvill did a bedside 12-lead ECG, which revealed an inferior STEMI. She immediately transmitted the 12-lead while still in the patient's room. Dr. Genevieve OConnell in the ED at **UConn John Dempsey Hospital** read the 12-lead ECG as soon as it came over the LifeNet machine. OConnell saw that it was a STEMI and immediately activated the cardiac cath lab even prior to receiving Harvill's **STEMI Alert** patch. This **38 Minute Early Notification** enabled the patient to go directly to the cardiac cath lab, where Dr. JuYong Lee and team found a 99% occlusion of the patient's right coronary artery (RCA), which they successfully cleared and stented, restoring perfusion. The patient had a **19 Minute Door-to-Balloon Time**, a **62 Minute First Medical Contact-to-Balloon** time, and most important of all, an excellent outcome.



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Every Minute of Early Notification, particularly at night or during the weekends when hospital cath lab staffs are on call, is a potential minute of heart muscle saved. We are incredibly proud of our responders for their early notification achievements.

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In February, **Bristol EMS** paramedics Mary Ellen Maynard and Tyler Barth and EMT Chris Begey recently gave **31 minutes early notification** on a STEMI resulting in a **28 Minute Door-to Balloon** time and a **75 Minute First Medical Contact** time. Bristol EMS paramedic Betsy Austin and her EMT partner Melissa Patrick gave us **25 minutes early notification** on their STEMI patient resulting in a **30 Minute Door-to-Balloon** time and a **69 Minute First Medical Contact** time. All with great patient outcomes. Outstanding Life-Saving performances!



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Remember: For patients with chest pain or ACS symptoms, do a 12-Lead ECG on 1st Patient Contact. If positive for STEMI, Transmit the ECG if possible and Call a **STEMI Alert** with Medical Control ASAP. Preferably from the scene. **Early Notification Saves Lives!**

## March 8—PTSD CME at Bloomfield



The Lethal Stresses of EMS  
Learning From Combat Veterans  
Understanding PTSD

Wednesday, March 8th at 7pm

Bloomfield Volunteer Ambulance  
EMS Training Division  
12 Southwood Drive  
Bloomfield, Connecticut

### Objectives –

- § Background of the CME
- § What is PTSD? Causes/Signs & Symptoms
- § PTSD in the EMS Community
- § Introduction to Military Culture
- § Safe Techniques to Approach a Combat Veteran in Crisis
- § Good & Bad Interactions with EMS Personnel
- § Difficulties with Reintegration
- § EMS Post Deployment & How we can better serve our coworkers
- § Self-Care & Treatment Strategies
- § Open Discussion with Panel

### Instructor –

Gregory Shovak BA, NRP, IFT, EMSI, FTO, QPR  
Veteran Panel

RSVP to [training@bloomfieldemstraining.org](mailto:training@bloomfieldemstraining.org)

## UConn Health EMS Website

For news, educational information, CME schedule and past copies of our newsletter *Partners*, check out our website at:

[health.uconn.edu/ems](http://health.uconn.edu/ems)

## UConn EMS CONTINUING EDUCATION



**NO EMS CME**

**At JDH UConn**



**This March**

**The March 15 CME has been cancelled**

**See you in April**

**April 19, 2017**

**Topics to be Announced**

8:30-11:30 A.M.

400 Farmington Avenue, Farmington CT  
ALL EMS RESPONDERS WELCOME

## Special CMEs Coming to UConn in 2017

In addition to our monthly CMEs, look for these three major educational conferences to be held at JDH UConn in 2017.

### 3rd Annual Emergency Stroke Care Conference (8 Hours)

May 11, 2017

### STEMI and Acute MI Care (4 Hours)

(AHA Mission:Lifeline/Connecticut College of Cardiology)  
June 21, 2017

### The Opiate Overdose Epidemic: The EMS Response (4 Hours)

(CT Office of Emergency Medical Services)  
September 20, 2017

Stay tuned for details and registration information.

## CONTACT US:

Any questions or suggestions about EMS? Looking for patient follow-up?



Contact EMS Coordinator Peter Canning at  
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