



Return-to-Work Guidelines

For Workforce Members Who Are Required On-Site to Mitigate Critical Staffing Shortages

If You . . .	What to Do
<p>Have symptoms associated with COVID-19, flu or seasonal allergies:</p> <p>Fever or chills; cough; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; diarrhea</p>	<ul style="list-style-type: none">• If you are at home, stay home and use your regular call-out procedures.• If you are at work, wear your mask at all times (even areas that are mask optional), and notify your supervisor so you coordinate going home as soon as possible.• Take a COVID-19 test* OR call 860-679-3199 for COVID testing.
<p>Are symptomatic and had a negative COVID-19 test*</p>	<ul style="list-style-type: none">• Return to work when symptoms resolve (no further testing needed).• If symptoms worsen or new symptoms develop, call your Primary Care provider and call 860-679-3199 to inquire whether repeating COVID testing is recommended.
<p>Had a positive COVID-19 test (whether symptomatic or not)</p>	<ul style="list-style-type: none">• Call 860-679-3199. They will advise you on the following guidelines:• Isolate for 5 days from symptom onset (or from date of test, if asymptomatic). May return to work on Day 6 <i>without testing</i> as long as you are fever free for 24 hours and asymptomatic or symptoms are near resolution. <p>You must use heightened protocols through Day 10, including wearing a N95 at all times (KN95 if not fit tested), eating alone, and self-monitoring for symptoms.</p>

** Either at-home antigen tests and PCR tests are permitted. A single negative antigen test does not rule out COVID-19. If symptomatic and initial antigen testing is negative, please call the COVID-19 Call Center to schedule follow-up testing.*