# Return-to-Work Guidelines

For Workforce Members Who Are Required On-Site to Mitigate Critical Staffing Shortages

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| Have symptoms associated with COVID-19, flu or seasonal allergies: Fever or chills; cough; shortness of breath or difficulty breathing; fatigue; muscle or body aches; headache; new loss of taste or smell; sore throat; congestion or runny nose; nausea or vomiting; diarrhea | • If you are at home, stay home and use your regular call-out procedures.  
• If you are at work, wear your mask at all times (even areas that are mask optional), and notify your supervisor so you coordinate going home as soon as possible.  
• Take a COVID-19 test* OR call 860-679-3199 for COVID testing.                                                                 |}

| Are symptomatic and had a negative COVID-19 test* | • Return to work when symptoms resolve (no further testing needed).  
• If symptoms worsen or new symptoms develop, call your Primary Care provider and call 860-679-3199 to inquire whether repeating COVID testing is recommended. |

| Had a positive COVID-19 test (whether symptomatic or not) | • Call 860-679-3199. They will advise you on the following guidelines:  
• Isolate for 5 days from symptom onset (or from date of test, if asymptomatic). May return to work on Day 6 without testing as long as you are fever free for 24 hours and asymptomatic or symptoms are near resolution.  
You must use heightened protocols through Day 10, including wearing a N95 at all times (KN95 if not fit tested), eating alone, and self-monitoring for symptoms. |

*Either at-home antigen tests and PCR tests are permitted. A single negative antigen test does not rule out COVID-19. If symptomatic and initial antigen testing is negative, please call the COVID-19 Call Center to schedule follow-up testing.*