

JUMP VIRTUAL EVENT

The CT Convergence Institute &
YWCA Hartford Region present the next

JUMP Virtual Event

Thursday, August 13, 2020

12:00 p.m. to 1:00 p.m.

Join us for a presentation on

Trauma and Stress featuring Julian Ford, Ph.D.,
A.B.P.P. Professor of Psychiatry, UConn.

Program also includes a meditation session
featuring Haben Abraham followed by another
instructor led physical activity by Chinequia Bailey
of Movin'2 Educate!

TUNE IN TO



LIVE

LIVE TO PARTICIPATE