

HEALTH + COMMUNITY

The CT Convergence Institute & YMCA Hartford Region
present the next

Health Café

Thursday, February 27, 2020
6p.m. to 8p.m.

The Kitchen Cafe at Hartford Public Library
500 Main Street, Hartford, CT 06103



A presentation on
**Beyond the Winter Blues:
Seasonal Affective Disorder**

Keynote Speaker: Glenn Konopaske, M.D.
Assistant Professor of Psychiatry, UConn Health

Free dinner and giveaways for all attendees!

This event is free and open to the public, but space is limited.

CLICK HERE TO RSVP