

JUMP

Just Us Moving Program

Saturday, September 14th

11 a.m. to 1 p.m.

Emanuel Lutheran Church

311 Capitol Avenue Hartford, CT 06106



Increase your daily movement and add fun to your routine! Join us for healthy lifestyle presentations by UConn Health professionals, a Zumba class with Sistah Anyango, and lunch for all attendees.

FREE lunch, giveaways and parking!

Click to RSVP

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