

Basic Needs Fundraising for Formerly Incarcerated Individuals in Collaboration with Connecticut Community Partners in Action

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Introduction:

- The Urban Service Track Public Health Interest Group (PHIG) is an interdisciplinary student-led cohort focused on addressing public health challenges affecting the greater Hartford community.
- We addressed health disparities faced by individuals within the justice system.
- Connecticut Community Partners in Action (CPA) offers essential services to formerly incarcerated individuals.
 - The program is dedicated to supporting the reintegration of individuals impacted by the criminal justice system.
- Our interest group facilitated the assembly of reentry backpacks to support this population.

Objectives:

- 1. Understanding the challenges and structure of the U.S. justice system
- 2. Collaborate with CPA through community engagement and service-learning activities
- 3. Identify the challenges faced by individuals upon release from the CT prison system
- 4. Design and implement a fundraising drive to support CPA's Reentry Backpack Program
- 5. Discuss the broader topic of housing insecurity as it relates to those formerly incarcerated

Background:

- Formerly incarcerated individuals experience disproportionate rates of unemployment, substance abuse, homelessness, and housing insecurity.
 - Among those released from the CT prison system, 14%
 report immediate homelessness and 16% report housing instability. (Lansing et al., 2024)
- Reentry centers serve an important role in providing essential resources to:
 - Establish housing
 - o Reduce recidivism
 - o Promote safe reintegration into society.

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Methods:

- The PHIG met monthly to explore issues affecting formerly incarcerated individuals in CT (see graphic below).
- o Identification of community needs among formerly incarcerated individuals
- Review of the US justice system and health disparities of incarcerated populations
- Discussions about the Connecticut justice system
- Video narratives and personal accounts of incarceration followed by small group discussions
- Guest lecture with CPA leaders who shared insight into their work supporting reintegration of formerly incarcerated individuals
- As a group, we decided to partner with CPA for a backpack drive to gather essential items for Hartford's Reentry Welcome Center.
 - <u>Timeline and target audience</u>: ten-week period collection drive among community members from UConn Storrs, UConn Health Farmington and Quinnipiac University
 - Established a grant writing team focused on researching recidivism rates within Connecticut
 - Items prioritized for donation included cell phones and essential goods such as toiletries
 - o Physical donation boxes and fundraising materials placed across university campuses
 - Web-based fundraising page for monetary donations

Nov: Exploring topics and identifying group goals Dec: Review of video resources, Connecticut statistics, and identification of focus population — post-incarceration

Jan: Guest speakers Sean Genden and Deborah Rogala spoke on CPA's efforts Feb: Group preparation for service project & additional meeting for grant writing March: Group work on poster progress and reflection discussion on IG experience

Results:

- At the conclusion of our fundraising drive, we met with CPA to assemble backpacks as a team.
- Fundraising efforts supported us in assembling over 20 backpacks.
- A portion of monetary donations were used to purchase smartphones and pre-paid phone cards for those in need of communication.

Backpacks and toiletries (\$500) 63%

Straight-talk wireless phones (\$300) 37%

Allocation of donated funds for our deliverable with CPA's re-entry backpack program

Conclusion and Future Directions:

- Interprofessional Collaboration:
 - Complex social issues require collaborative efforts from a multidisciplinary health professions team.
 - We engaged in teamwork and effective communication throughout group meeting activities and backpack drive.
- Community Engagement:
 - Designing and implementing a drive for the reentry program was a hands-on experience in community outreach and project management.
 - We learned how to mobilize resources and engage our university communities to support a meaningful cause.
- Understanding Reentry Challenges:
 - Identifying challenges faced by individuals upon release from CT prisons and jails highlighted barriers to successful reintegration.
 - We gained insight into the complexities of and social barriers to health care for these individuals.
- Addressing Housing Insecurity:
 - O Discussing housing insecurity in relation to the formerly incarcerated population strengthened our understanding of current social justice issues.
- Leadership Takeaway
 - Group discussion during last meeting to provide feedback regarding overall experience in the PHIG offered insight and reflections for future leaders of the group.
- Limitations & Challenges
 - Virtual meetings in lieu of in-person activities resulted in limited engagement and participation.
 - Time constraints inhibited ability to raise funds and collect donations.

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