

Urban Service Track/CT Area Health Education Center presents...

UST/AHEC Scholars Interprofessional Summit:

A Symposium to Assess and Address Health
Equity in Communities of Color



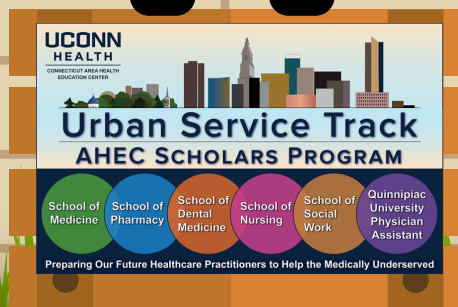
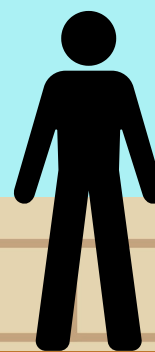
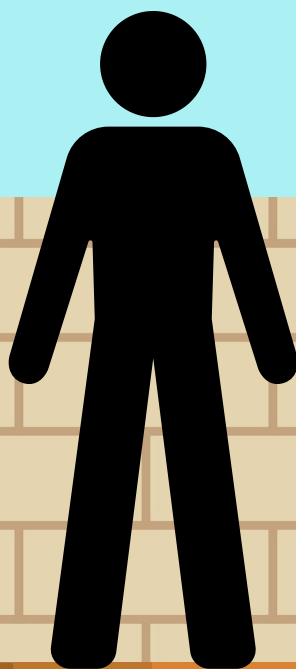
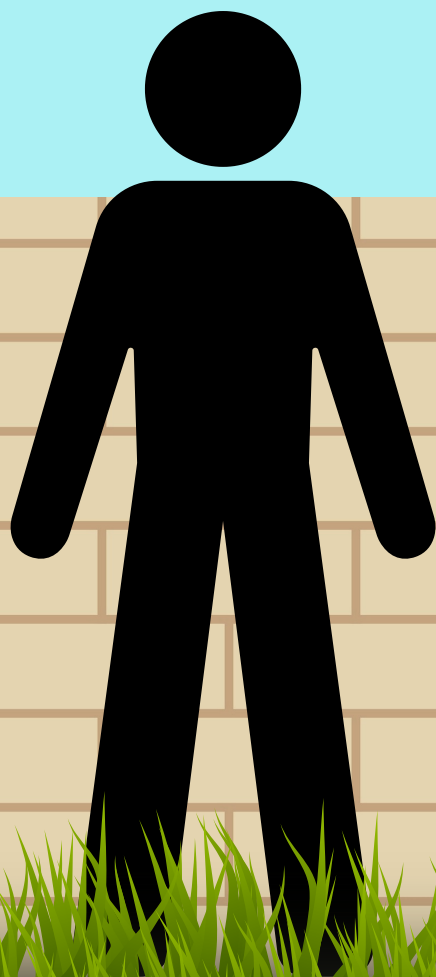
April 23, 2022



9:30 AM - 12:30 PM EST



Zoom video conference



Adolescents

Behavioral Health

Geriatrics

Healthcare Advocacy & Policy

Pediatrics

Public Health

Social Justice

Women's Health

UConn
HEALTH

Quinnipiac
UNIVERSITY

~ Welcome ~

Dr. Bruce Gould, CT AHEC

It gives me great pleasure to welcome all of you to the Second Annual UST/AHEC Interest Group Summit on behalf of the UConn School of Medicine.

Interest groups...so why do we have you doing this? Each of these discussions, research, and action groups gathers students, faculty, and other content experts and resources focused on particular underserved or at-risk populations, pulls together the existing information and literature, and develops an evidence-based approach to addressing one or more issues affecting the health and wellbeing of the most vulnerable among us. As a clinician serving the underserved over the past 45 years, I can tell you, that wherever you land once your training is done, and no matter how affluent the community served by that practice or institution may be, there will be vulnerable populations “just around the corner” in need of care, access, and resources. The skills that each of you acquired in your interest groups, will serve you well in identifying the underserved, those often invisible within a community, understanding their needs, and partnering with your patients and other community-based organizations and resources to address those needs in a culturally and linguistically... and effective manner. So, again, thank you all for your time, your commitment, and your passion for caring for the vulnerable and underserved, both now and as you evolve in your roles as integral members of the healthcare team, and the communities we serve. Thank you.



Associate Dean for Primary Care
University of Connecticut School of Medicine
Medical Director, Community Health Center Association of CT
Medical Director, Hartford Department of Health and Human Services



~ Welcome ~

Emma Kryzanski, IG Summit Chair

Welcome to the 2021-2022 UST Interest Group Summit! My name is Emma Kryzanski, a 2nd-year medical student, Cohort 14 UST/AS Scholar, Women's Health Interest Group Co-Lead, and Chair of the Summit Advisory Committee. Thank you for joining us today in celebrating the incredible work of our Interest Groups!

Like all of our Urban Service Track participants, I have spent the last year working with an interest group. Being a part of the Women's Health Interest Group gave me an opportunity to learn more about an area of health that I am interested in potentially practicing, and did so interprofessionally. From the beginning, it was a collaborative effort, as everyone in our group had the opportunity to share what they were interested in learning. Because of that, we were able to dive into topics that were important to us - topics that are not typically taught in our classrooms. We covered a wide range of topics, but always did so through a lens of health equity, asking ourselves - What disparities exist in this area? What forces create those disparities, and what forces combat them? How do different health professions play a role? Whether it was from an article that we read, something a guest speaker introduced, or the thought-provoking insight from my peers, I always left our meetings having learned something new and feeling like I was building a foundation from which I can grow into a physician who looks beyond the basic science to provide equitable care to all patients.

Each interest group spent the year covering different topics in different ways - and I am incredibly excited to learn more about what this year's interest group experience meant to my fellow UST Scholars at today's Summit!



MD Candidate – Class of 2024

University of Connecticut School of Medicine

Urban Service Track/AHEC Scholar Cohort 14



Agenda

9:30am-9:35am.....Opening Remarks

Steve Kim, M2

Bruce Gould, MD

9:35am-10:00am.....Opening Keynote

Valencia P. Walker, MD, MPH

10:05am-10:25am.....Block 1

10:30am-10:50am.....Block 2

10:55am-11:05am.....Watercooler/
Slido Session

11:10am-11:30am.....Block 3

11:35am-11:55am.....Block 4

12:00pm-12:25pm.....Closing Keynote

Don C. Sawyer III, Ph.D.

12:25pm-12:30pm.....Closing Remarks/
Evaluation

Anthony Messina, PA-S1

Aysha Hoang, D1

Keynote Speakers



Valencia P. Walker, MD, MPH

Dr. Walker is a board-certified neonatologist at Nationwide Children's Hospital in Columbus, OH. She received her undergraduate degree from Florida A&M University and progressed to medical school at Emory University School of Medicine (completed 05/05/2000). Dr. Walker completed her residency in 2003 at LeBonheur Children's Hospital in Memphis, TN and transitioned into fellowship at Cincinnati Children's Hospital Medical Center which she completed in 2006.

Prior to joining Nationwide Children's Hospital, she was an Assistant Dean of Equity and Diversity Inclusion for the David Geffen School of Medicine UCLA and received a MPH in Health Policy from Harvard T.H. Chan School of Public Health.

In addition to providing dedicated and compassionate patient care, Dr. Walker serves as both the Associate Chief Diversity and Health Equity Officer at Nationwide Children's Hospital and as the Associate Division Chief of Health Equity and Inclusion for the Division of Neonatology and Vice Chair of Diversity of Neonatology and Vice Chair of Diversity, Equity, and Inclusion for the Department of Pediatrics at The Ohio State University College of Medicine.

Her clinical and academic passions focus on the elimination of maternal and infant health inequities. She has collaborated with CelebrateOne's Strategic Planning Operational Working Group which focuses on decreasing infant mortality rates amongst Black babies in the Columbus, OH area. Most recently, she has been elected to the Executive Committee of the American Academy of Pediatrics' Section on Minority Health Equity and Inclusion, in addition to her current position as Program Chair for the Section.

Dr. Walker is involved with nine different medical publications including: "Identification and Management of Pediatric Sepsis: A Medical Student Curricular Supplement for PICU and NICU Rotations" By Nicole B. Anderson, Mai-King Chan, Cristina Gutierrez, Kristi Kambestad, Valencia P. Walker, and "Cord Blood Vitamin D Status Impacts Innate Immune Responses" by Valencia P. Walker, Xiaoran Zhang, Ida Rastegar, Philip T. Liu, Bruce W. Hollis, John S. Adams, Robert L. Modlin.

Dr. Valencia Walker exudes selflessness as she works to break down health disparities barriers mothers and infants face.

Keynote Speakers



Don C. Sawyer III, Ph.D.

Dr. Don C. Sawyer III was born and raised in Harlem, New York. A first-generation college student, Dr. Sawyer graduated from Hartwick College with a B.A. in Psychology in 1999.

Driven to continue his education, Dr. Sawyer enrolled at Syracuse University, where he graduated with a Ph.D. in Sociology in 2013, after earning his M.A. in Sociology in 2008 and his M.S. in Cultural Foundations of Education in 2003. He currently serves as the Vice President for Equity, Inclusion, and Leadership Development at Quinnipiac University in Hamden, Connecticut. Dr. Sawyer is a tenured associate professor in the Department of Sociology, Criminal Justice, and Anthropology in the College of Arts and Sciences. He also serves as an assistant clinical professor in the Frank H. Netter MD School of Medicine at Quinnipiac.

Dr. Sawyer teaches courses exploring race, education, popular culture, and social research methods, including the university's first course dedicated to the sociological study of hip-hop culture. His scholarly focus examines race, social justice, urban education, hip-hop culture, and the reentry experiences of formerly incarcerated individuals. Dr. Sawyer is an applied sociologist who believes deeply in research-driven social change. He works with and for communities, always guided by the steadfast principle that sociological practice should be used as a tool to benefit society. Dr. Sawyer has worked diligently to nurture healthy relationships between academic and student affairs throughout his career. He understands that collaborative partnerships create an environment conducive to the successful recruitment, retention, education, and graduation of civically engaged students. He builds on this social consensus to connect with multiple populations and help institutions address complex issues with solutions that engage and empower all community members.

Block 1

10:00am-10:20am

Behavioral Health Interest Group

Presenter(s): Rohit Makol, M1 & Harrison Dieuveuil, M1

Moderator: Aysha Hoang, D1

Watercooler Q&A Representative: Anthony Messina, PA-S1

The Behavior Interest Group is a part of the Urban Service Track/CT AHEC Scholars, comprised of an interdisciplinary team of professional health students from UConn and Quinnipiac who are dedicated to addressing barriers to accessing and achieving sustainable mental health care. Here, we strive to address the behavioral health needs of both the patient and the provider at a community-based level - thus considering how factors such as bias, trauma, burnout, and stigma interact with other aspects of an individual's life to create a complex health narrative.

Geriatrics Interest Group

Presenter(s): Lily Zhong, M1 & Hannah McCarthy, P3

Moderator & Watercooler Q&A Representative: Tawana Gray, SON Senior

The Geriatrics Interest Group poster highlights the unique and diverse topics of interest of the group members. It also introduces our monthly meeting topics, the distinguished presenters that sparked conversations, as well as experience highlights from the group members. In addition, potential improvement strategies of the interest group are also incorporated.

Healthcare Advocacy & Policy Interest Group

Presenter(s): Sara Schulwolf, M2; Sandhya Sanapala M1; Pritisha Amatya, D1

Moderator(s): Pritisha Amatya, D1 & Jonathan Lu, P2

Watercooler Q&A Representative: Jonathan Lu, P2

Our poster highlights how students have worked in the past year to understand professionals can collaborate in an inter-professional fashion to advocate for the patients' best interest. The poster highlights examples from the past year IG meetings where professionals in the community discussed how they approached advocacy. In addition, the presentation underscores how application of what students learned was at the forefront of the IG.

Pediatrics Interest Group

Presenter(s): Karla Palma, SON Junior; Zachary Yannes, PA-S1; Mai Vestergaard, P2

Moderator: Nathalia Hernandez D2

Watercooler Q&A Representative: Ellie Songer, PA-S2 & Eamon Whelan, D2

The Pediatric Interest Group will frame the overarching theme of Communities of Color through a pediatric lens. We will highlight the discussions we have had regarding screen time, neonatal inequities in health care, child abuse, pediatric dentistry asthma, pediatric trauma, as well as the impacts of COVID-19 on pediatric mental health. Within these themes, we will focus on the healthcare disparities among the pediatric minority population. We hope to raise awareness and spark discussion for all healthcare professionals and students.

Block 2

10:25am-10:45am

Adolescents Interest Group

Presenter(s): Catherine Qiu, M1 & Sadik Karma, M1

Moderator: Jenna Gobel, PA-S2

Watercooler Q&A Representative: Conor McCarthy, PA-S1

The adolescent interest group focused on how to build and establish resilience in our communities of color. Our focus was to study how HCPs can establish trust/ reliance by participating in article discussion, guest speakers, case studies and program building. Our group used the knowledge and skills learned from our meeting to create curriculums for the Pathways- Senderos group.

Public Health Interest Group

Presenter(s): Olivia De Paola, SON Junior & Khaoula Ben Haj Frej, M1

Moderator(s): Simon Ebbott, PA-S2 & Tyler James, D2

Watercooler Q&A Representative: Simon Ebbott, PA-S2 & Tyler James, D2

This poster explores the literature review of racism as a public health crisis through four primary effectors of health; environmental health, mental health, gun violence, and food insecurity. We highlight the health disparities that exist among minority populations and their link to the effectors mentioned above. The results of our review further suggest that environmental health, mental health, gun violence, and food insecurity all disproportionately impact racial/ethnic minority communities, thus emphasizing the need to declare racism a public health crisis.

Social Justice Interest Group

Presenter(s): Erin Cova, M1 & Alexandria Gonzalez, M1

Moderator: Abigail Tulchinsky, M1 & Gabriela Valdiglesias, SON Junior

Watercooler Q&A Representative: Gabriela Valdiglesias, SON Junior

The Social Justice Group's poster focuses on the importance of Narcan (naloxone) education in the healthcare setting. Our interest group attended an enlightening overdose response and Narcan training session at the Connecticut Harm Reduction Alliance that sparked our interest in holding our own training session for our peers. This project highlights the importance of Narcan and thorough harm reduction training with the goal of reducing the stigma surrounding opioid overdose to achieve more positive outcomes.

Women's Health Interest Group

Presenter(s): Samhita Gurralla, M1 & Jenna Joshi, SON Junior

Moderator: Sarah Conti, P2

Watercooler Q&A Representative: Lauren Barber, M1

The Women's Health Interest Group poster shows our discussion with maternal health experts and our investigation into how doulas can be a tool to target adverse events, especially among racial and ethnic minorities. As a group, we wrote a letter in support of an upcoming bill supporting a doula advisory board under the Department of Public Health to create a scope of practice and a pathway to certification for doulas in CT.

Block 3

11:00am-11:20am

Public Health Interest Group

Presenter(s): Olivia De Paola, SON Junior & Khaoula Ben Haj Frej, M1

Moderator(s): Simon Ebbott, PA-S2 & Tyler James, D2

Watercooler Q&A Representative: Simon Ebbott, PA-S2 & Tyler James, D2

This poster explores the literature review of racism as a public health crisis through four primary effectors of health; environmental health, mental health, gun violence, and food insecurity. We highlight the health disparities that exist among minority populations and their link to the effectors mentioned above. The results of our review further suggest that environmental health, mental health, gun violence, and food insecurity all disproportionately impact racial/ethnic minority communities, thus emphasizing the need to declare racism a public health crisis.

Pediatrics Interest Group

Presenter(s): Karla Palma, SON Junior; Zachary Yannes, PA-S1; Mai Vestergaard, P2

Moderator: Nathalia Hernandez, D2

Watercooler Q&A Representative: Ellie Songer, PA-S2 & Eamon Whelan, D2

The Pediatric Interest Group will frame the overarching theme of Communities of Color through a pediatric lens. We will highlight the discussions we have had regarding screen time, neonatal inequities in health care, child abuse, pediatric dentistry asthma, pediatric trauma, as well as the impacts of COVID-19 on pediatric mental health. Within these themes, we will focus on the healthcare disparities among the pediatric minority population. We hope to raise awareness and spark discussion for all healthcare professionals and students.

Healthcare Advocacy & Policy Interest Group

Presenter(s): Sara Schulwolf, M2; Sandhya Sanapala M1; Pritisha Amatya, D1

Moderator(s): Pritisha Amatya, D1 & Jonathan Lu, P2

Watercooler Q&A Representative: Jonathan Lu, P2

Our poster highlights how students have worked in the past year to understand professionals can collaborate in an inter-professional fashion to advocate for the patients' best interest. The poster highlights examples from the past year IG meetings where professionals in the community discussed how they approached advocacy. In addition, the presentation underscores how application of what students learned was at the forefront of the IG.

Women's Health Interest Group

Presenter(s): Samhita Gurralla, M1 & Jenna Joshi, SON Junior

Moderator: Sarah Conti, P2

Watercooler Q&A Representative: Lauren Barber, M1

The Women's Health Interest Group poster shows our discussion with maternal health experts and our investigation into how doulas can be a tool to target adverse events, especially among racial and ethnic minorities. As a group, we wrote a letter in support of an upcoming bill supporting a doula advisory board under the Department of Public Health to create a scope of practice and a pathway to certification for doulas in CT.

Block 4

11:25am-11:45am

Adolescents Interest Group

Presenter(s): Catherine Qiu, M1 & Sadik Karma, M1

Moderator: Jenna Gobel, PA-S2

Watercooler Q&A Representative: Conor McCarthy, PA-S1

The adolescent interest group focused on how to build and establish resilience in our communities of color. Our focus was to study how HCPs can establish trust/ reliance by participating in article discussion, guest speakers, case studies and program building. Our group used the knowledge and skills learned from our meeting to create curriculums for the Pathways- Senderos group.

Behavioral Health Interest Group

Presenter(s): Rohit Makol, M1 & Harrison Dieuveuil, M1

Moderator: Aysha Hoang, D1

Watercooler Q&A Representative: Anthony Messina, PA-S1

The Behavior Interest Group is a part of the Urban Service Track/CT AHEC Scholars, comprised of an interdisciplinary team of professional health students from UConn and Quinnipiac who are dedicated to addressing barriers in accessing and achieving sustainable mental health care. Here, we strive to address the behavioral health needs of both the patient and the provider at a community-based level - thus considering how factors such as bias, trauma, burnout, and stigma interact with other aspects of an individual's life to create a complex health narrative

Geriatrics Interest Group

Presenter(s): Lily Zhong, M1 & Hannah McCarthy, P3

Moderator & Watercooler Q&A Representative: Tawana Gray, SON Senior

The Geriatrics Interest Group poster highlights the unique and diverse topics of interests of the group members. It also introduces our monthly meeting topics, the distinguished presenters that sparked conversations, as well as experience highlights from the group members. In addition, potential improvement strategies of the interest group are also incorporated.

Social Justice Interest Group

Presenter(s): Erin Cova, M1 & Alexandria Gonzalez, M1

Moderator: Abigail Tulchinsky, M1 & Gabriela Valdiglesias, SON Junior

Watercooler Q&A Representative: Gabriela Valdiglesias, SON Junior

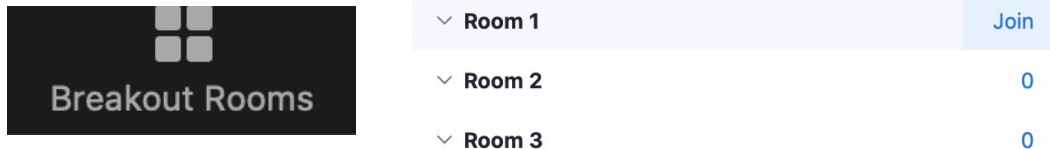
The Social Justice Group's poster focuses on the importance of Narcan (naloxone) education in the healthcare setting. Our interest group attended an enlightening overdose response and Narcan training session at the Connecticut Harm Reduction Alliance that sparked our interest in holding our own training session for our peers. This project highlights the importance of Narcan and thorough harm reduction training with the goal of reducing the stigma surrounding opioid overdose to achieve more positive outcomes.

Commonly Asked Questions

How do I select a breakout session?

Participants can "move" themselves to different breakout rooms. This requires using the Zoom application, not the web client, having the most current Zoom update (5.10.1) and clicking on the icon at the bottom of the screen that says "breakout room."

To leave breakout room and return to main session, maximize your screen, click blue button- leave room. You can also pick your next breakout room by pressing Breakout Room , then click join which will be to the right.



How much time do I have to travel between Zoom rooms?

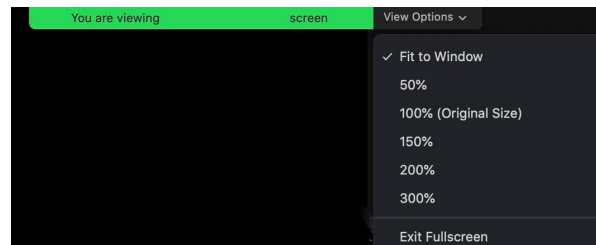
We have set aside 5 minutes between each presentation for attendees to move between the breakout rooms. Should you have any issues, please return to the main room and our technical support staff will help you.

How do I participate in a virtual platform?

Unlike an in-person conference, participants are encouraged to "ask" questions of presenters and share insights on topics through the use of the Zoom "chat" tool. A volunteer moderator has been assigned to each session and they will alert presenters to questions in the chat. We know that all participants will pose questions in a collegial and civil manner. We also encourage you to turn your camera on and remain in the presentation room, till it is time to travel to the next block.

Can I zoom-in on a poster to make it more read-able?

Yes! At the top of your screen you should see a green bar. Click view options and 100%.



What is the Watercooler/Break?

During the Watercooler/Break 10:55-11:05am, you may go to any breakout room and participate in a Q&A session, with one of the Interest Group representatives. You may also use this time to grab another cup of coffee or tea. We will start up again promptly at 11:10am.

What is the purpose of the Slido?

Slido is a way for you to interact with us. It's a live system that allows you to comment on the conference in real-time. We would also love your feedback on our theme for next year which will explore Public Health.

How does the Slido work?

Click on the link or scan the QR code to the right to access the Slido.

Participant Code: #068 937 | Event Passcode: oijne0 | Website: [slido.com](https://www.slido.com)

To be entered into a raffle, be sure to click the link in the Slido menu for the Google Form!



Where can the evaluation form be found after the Summit?

If you missed the evaluation in the chat, please visit this website by Saturday at 8 pm.

<https://www.surveymonkey.com/r/IGSummit22>

Summit Advisory Committee



Emma Kryzanski
SOM



Tia Kozar
SOM



Lahari Kota
SOM



Jane Conway
SODM



Stacy Bawuah
CT AHEC



Sulaikha Buuh
SOM



Kathryn Forth
SODM



Jenna Gobel
QU PA



Tawana Gray
SON



Nathalia Hernandez
SODM



Ashley Hine
SOM



Aysha Hoang
SODM



Edesiri Igbuya
SOM



Sumeet Kadian
SPiM



Kirsten Kenny
QU PA



Steve Kim
SOM



Julia Levin
CT AHEC



Jessica Lewis
SOSW



Anthony Messina
QU PA



Jack Mountain
SOPH



Iqra Qureshi
SOSW



Cameron Rouleau
QU PA



Elizabeth Songer
QU PA

Acknowledgements

Interest Group Leadership Teams

Adolescents

Team Co-leads: Vanessa Russo, SON; Mishil Nana, D2; Madeline Walker, M2

UST Scholar Senior Coach: Brain Liang, M4

UST Alumni Partners: Raquel Manley, DMD

Behavioral & Mental Health

Team Co-leads: Megan Machnicz, SOPH; Shivam Patel, SOM; Emily Teeple QU PA

UST Scholar Senior Coach: Anita Luxkaranayagam, MS-3

UST Alumni Partner: Timofey Karginov, MS-3, MPH; Lisa Vallee, MSW

Geriatrics

Team Co-leads: Kelly Ho, SON; Elizabeth Silver, SOM

UST Scholar Senior Coach: Carlos Cardenas-Peralta, DS-3

UST Alumni Partner: Patricia Bowen, MSW, JD

Health Care Advocacy & Policy

Team Co-leads: Sergio Acevedo, SODM; Leelakrishna Channa, SOM; Madeline DelGreco, SOSW

UST Scholar Senior Coaches: Celina Caetano, MS-3

UST Alumni Partner: Will Santiago, MD

Pediatrics

Team Co-leads: Ellie Songer, QU PA; Eamon Whelan, SODM

UST Scholar Senior Coach: Molly Potter, MD

UST Alumni Partner: Lauren Presti, DMD; Michaela Lis, RN

Public Health

Team Co-leads: Somachukwu Ozuzu, SON; Gabriela Resto, SOP

UST Senior Coach: Hank Weinstock, MS-3

UST Alumni Partner: Chinenye Anyanwu, PharmD, MPH

Social Justice

Team Co-leads: Karishma Harjani, QU PA; Maitreyee Kale, SOM; Xenia Bradley, SOM

UST Scholar Senior Coach: Ezii Umejiego, MS-4

UST Alumni Partner: Jon Lis, MD

Women's Health

Team Co-leads: Hannah Ayers, SOP; Emma Kryzanski, SOM

Senior Coach: Evelyn Luner, MS-4

Alumni Partner: Michal Klau-Stevens, MSW

Acknowledgements

Special recognition to:

Student members of
Special Programs in Medicine/Dental Medicine.

The content experts and speakers, who shared their
expertise and passion for the IG topics and patient
populations.

Thank you to our CT AHEC and IG Consultants for your
support, direction, and dedication;
Stacy Bawuah, MA, Sundari Birdsall, MSW, and Shanthi
Rao, MSW.

Thank you to Zhao "Helen" Wu, Ph.D. for evaluation
assistance and support of the IG Summit

Finally, thank you to the members of the
2021-2022 UST /AS Interest Groups!

Resource Guide

Adolescents

- [Why Teens Need a Break This Summer](#)
- [National Poll: Pandemic Negatively Impacted Teens' Mental Health](#)
- [Say 'Suicide' to Stop Suicide: The Mental Health Crisis](#)

Behavioral & Mental Health

- [Medications to Treat Opioid Use Disorder Research Report](#)
- [Root Center for Advanced Recovery:](#)

Geriatrics

- [Projected Future Growth of Older Population](#)
- [Infusing geriatrics expertise in health professions education through interprofessional faculty development](#)

Health Care Advocacy & Policy

- [2022 State Legislator Children's Health Policy Guide](#)
- [Defining Patient Advocacy in the Post-Quality Chasm Era](#)

Pediatrics

- [Create Your Family Media Plan](#)
- [Defining the Children's Hospital Role in Child Maltreatment](#)

Public Health

- [Health Disparities in CT](#)
- [CT Data Haven](#)

Social Justice

- [Connecticut Harm Reduction Alliance](#)
- [Sunrise Movement](#)

Women's Health

- [Maternal Mortality Rates](#)
- [Practitioner's Perception on Doulas](#)
- [Doula Support during Pregnancy and Childbirth](#)