



# CT AHEC FYI

Connecticut Area Health Education Center Network

Connecting students to careers, professionals to communities and communities to better health.



## Supporting Primary Care Workforce Development in Connecticut By:

- ▶Promoting Strong Community/Academic Partnerships
- ▶Creating Pipeline Programs for Pre-Health Professions Students
- ▶Supporting Health Careers Awareness Programming
- ▶Providing Community-Based Training for Health Professions Students
- ▶Supporting Community-Based Health Education and Screenings
- ▶Promoting Strategies to Address Health Disparities

## CT AHEC Network Regional Centers:

Central AHEC, Inc. (Hartford, Middlesex and Tolland Counties, Meriden and Wallingford)

[centralctahec.org](http://centralctahec.org)

Health Education Center, Inc. (Windham and New London Counties)

[healtheducenter.org](http://healtheducenter.org)

Health360, Inc. (Greater Waterbury, Greater Danbury and Litchfield County)

## CT AHEC Provides Suicide Prevention Training

CT AHEC provides a variety of training opportunities for health professions students that include clinical skills and disease management as well as caregiver burnout and addressing social determinants of health. The topic of suicide prevention is addressed through the evidence-based suicide intervention model Applied Suicide Intervention Skills Training (ASIST).

Health360, Inc., home of Northwestern CT AHEC, was awarded a Substance Abuse Mental Health Services Administration (SAMHSA) grant to provide ASIST. Partnering with the University of Bridgeport, Quinnipiac University, Yale University and others, the grant's goal is to train future health care professionals and student veterans to identify and intervene with persons having thoughts of suicide. The integration of mental/behavioral health into primary care is a SAMHSA priority, supported by Congress and the Department of Health and Human Services.

[health360.org](http://health360.org)

Southwestern AHEC, Inc.  
(Southern Fairfield and New Haven Counties)

[swctahec.org](http://swctahec.org)



SAMHSA understands the value of training primary care professionals and health professions students on recognizing and treating mental health issues. ASIST helps participants be ready, willing, and able to help persons struggling with suicide.

To date, Health360 has provided trainings at Western Connecticut State University in collaboration with the Counseling Center and at UConn in collaboration with the School of Social Work. One recent trainee noted: “Before ASIST, I felt very overwhelmed by the idea of confronting someone with thoughts of suicide. Now, I feel like I have a direction to work in that works. I think the only thing that will make me feel more confident is experience.”

To inquire about partnering at the university level to train student veterans and health professions students, please contact [Health360](http://Health360). If you are interested in providing ASIST training for community members or community-based organizations and staff, please contact [Health Education Center](http://Health Education Center).

The statewide Connecticut Area Health Education Center (CT AHEC) Network, based at UConn Health, is implemented through four regional centers which enable the CT AHEC Network to provide high-quality, efficient, effective and flexible services that meet local needs. Thank you for your continued support of the CT AHEC Network.

**Call us** at 860-679-7969 or **visit:**  
[h.uconn.edu/ct-ahec](http://h.uconn.edu/ct-ahec)

