



# CT AHEC FYI

Connecticut Area Health Education Center Network

Connecting students to careers, professionals to communities and communities to better health.



### Supporting Primary Care Workforce Development in Connecticut By:

- ▶ Promoting Strong Community/Academic Partnerships
- ▶ Creating Pipeline Programs for Pre-Health Professions Students
- ▶ Supporting Health Careers Awareness Programming
- ▶ Providing Community-Based Training for Health Professions Students
- ▶ Supporting Community-Based Health Education and Screenings
- ▶ Promoting Strategies to Address Health Disparities

### CT AHEC Network Regional Centers:

Central AHEC, Inc. (Hartford, Middlesex and Tolland Counties, Meriden and Wallingford)

[www.centralctahec.org](http://www.centralctahec.org)

Health Education Center, Inc. (Windham and New London Counties)

[www.healtheducenter.org](http://www.healtheducenter.org)

Health360, Inc. (Greater Waterbury, Greater Danbury and Litchfield)

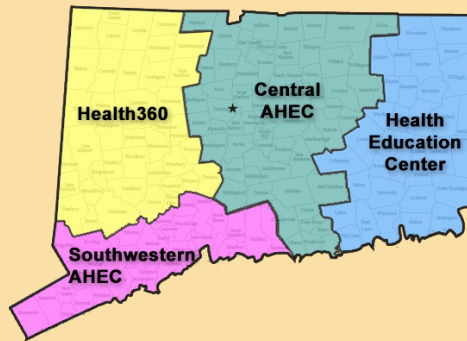
## CT AHEC Supports Community-Based Learning

The CT AHEC Program's mission is to address health disparities through primary care workforce development. Working with multiple health professions schools and community partners, the four AHEC regional centers and the Program Office (located at UConn Health in Farmington), provide a variety of training opportunities to enhance student knowledge and awareness of Connecticut's vulnerable and underserved communities. Community-based clinical and experiential training (CBET) activities take place at a variety of venues including medical clinics at area farms, homeless shelters and elder housing complexes, as well as schools.

In 2018-2019, the CT AHEC Network engaged 157 health professions students in CBET programs consisting of a community clinical component and a didactic portion addressing team function and cultural competency. Learners engaged

County)  
[www.health360.org](http://www.health360.org)

Southwestern AHEC, Inc.  
(Southern Fairfield and New Haven Counties)  
[www.swctahec.org](http://www.swctahec.org)



in these activities value the opportunity to expand their toolkits and knowledge to better serve Connecticut residents.

Reflecting on a Southwestern AHEC CBET activity at the Wallingford Emergency Shelter, an occupational therapy student shared that the CBET experience enables the learner "to grow professionally by developing a deeper understanding of at-risk populations which has increased my ability to work with them in my future career. I have also grown personally as I have developed a deeper empathy for the homeless."

The statewide Connecticut Area Health Education Center (CT AHEC) Network, based at UConn Health, is implemented through four regional centers which enable the CT AHEC Network to provide high-quality, efficient, effective and flexible services that meet local needs. Thank you for your continued support of the CT AHEC Network.

**Call us** at 860-679-7969 or **visit:**  
[h.uconn.edu/ct-ahec](http://h.uconn.edu/ct-ahec)

