

South End Senior Wellness Center (830 Maple Avenue, Hartford)

From UConn Health Center:

1. Start out going SOUTHWEST on FARMINGTON AVE/ CT-4 toward FARMGLEN BLVD (1.0)
2. Merge onto I-84 E/ US-6 E via the ramp on the LEFT toward HARTFORD(3.5)
3. Take the SOUTH MAIN STREET exit, EXIT 41, toward ELMWOOD (.2)
4. Turn RIGHT onto S MAIN ST/ CT-173 (.2)
5. Turn LEFT onto NEW BRITAIN AVE/ CT-173/ CT-71. Continue to follow NEW BRITAIN AVE. (2.2)
6. Stay STRAIGHT to go onto WHITE ST (.8)
7. Turn SLIGHT LEFT onto MAPLE AVE (.1)

End 830 Maple Avenue, Hartford

Estimated Time: 16 minutes, Estimated Distance: 8.06 miles

From UConn Storrs:

1. Turn LEFT onto STORRS RD/CT-195. Continue to follow CT-195 (7.8)
2. Merge onto I-84 W via the ramp on the LEFT(16.4)
3. Merge onto CT-15 S via EXIT 57 on the LEFT toward I-91 S/CHARTER OAK BR/N.Y. CITY (2.6)
4. Take the I-91 S/BRAINARD RD exit, EXIT 87, toward BRAINARD AIRPORT/AIRPORT RD/I-84-ALT W(.1)
5. Keep LEFT at the fork in the ramp (.3)
6. Turn LEFT onto BRAINARD RD (.2)
7. Turn LEFT onto AIRPORT RD (.6)
8. AIRPORT RD becomes BROWN ST (.9)
9. Turn SHARP RIGHT onto MAPLE AVE (.2)

End 830 Maple Avenue, Hartford

Estimated Time: 40 minutes Estimated Distance: 29.38 miles

From North Haven:

1. Merge onto I-91 North (10.4 mi)
2. Merge onto CT-15North via EXIT 17 toward I-691/Berlin Toke/CT-66 (13.6 mi)
3. Merge onto Berlin Turnpike (1.1 mi)
4. Berlin Turnpike becomes Maple Avenue (0.9 mi)
5. 830 Maple Avenue is on the RIGHT

Total travel 26.84 miles, about 34 minutes