HEALT DO YOU HAVE TYPE 2 DIABETES & ARE AFRICAN/BLACK OR HISPANIC/LATINO(A) &18 YEARS OR OLDER?

IRB NUMBER: 18-IRB APPROVAL DI

You Are Invited to Participate in a Research Study

Did you know that no matter what your weight is, small changes in how much you move during the day can improve your health?

Dr. Wu and Dr. Laurencin of the UConn Health Center are conducting research about the effectiveness of increasing gentle physical activity and decreasing time spent sitting down on the blood sugar levels of people with type 2 diabetes.

Your participation in this 12-week study is completely voluntary and you will be reimbursed for your time.

If you are interested in participating or learning more please call (860) 679-5192 or email wing@uchc.edu.

UConn Health 860) 679-5192 UConn Health 860) 679-5192 Just Us Moving Research Study 860) 679-5192 Research Study Research Study Just Us Moving Just Us Moving UConn Health **Research Study** 860) 679-5192 860) 679-5192 Research Study 860) 679-5192 Research Study 860) 679-5192 860) 679-5192 **Research Study** Research Study UConn Health UConn Health UConn Health UConn Health **Research Study** UConn Health 360) 679-5192 UConn Health