



# FREEDOM FROM SMOKING 2019

Join us for a **FREE** program for those ready to quit smoking. Group meets Thursday evenings for 7 weeks, including Tuesday, October 8.

**DATES:** Starts September 19  
Ends October 31

**TIME:** 5:30 to 7 p.m.

**LOCATION:** Hartford Public Library—Albany Branch  
Conference Room  
1250 Albany Avenue  
Hartford

**TO SIGN UP:** Call **860.679.5184** today. Space is limited.



**UConn**  
HEALTH

Presented by the Carole and Ray Neag  
Comprehensive Cancer Center