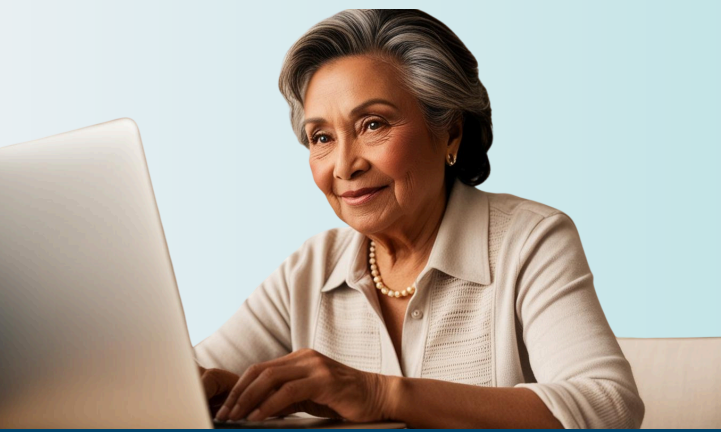


# Are You Struggling with Depression?



UConn Health study is testing a computer-based program designed to improve mood, memory, and cognitive function in older adults who suffer from depression.

## You may qualify for this study if you are 55 or older and:

- Have symptoms of depression.
- Have tried antidepressants in the past and felt like it never got you to a non-depressed state.
- Have not been diagnosed with dementia or mild cognitive impairment.
- Are able to read and write in English.

## What does this study entail?

- **Treatment:** Over four weeks, participants will complete 32 hours of a computerized program at home which involves playing “brain games” on a tablet the study team provides. Participants will be randomly assigned to one of two programs designed to enhance brain activity.
- **Assessments:** Baseline, four weekly intervention assessments, and four follow-up assessments to measure mood and thinking abilities. Most take place at UConn Health in Farmington, CT.
- **Cost & Compensation:** Participation is free, with up to \$275 compensation

**To learn more call 860-679-7948 or email [jaynes@uchc.edu](mailto:jaynes@uchc.edu)**

The study is being conducted by David Steffens, MD, Cognitive Remediation of Executive Deficits in Geriatric Depression IRB# 022-008-1

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