

# CT Money Follows the Person Report

Quarter 3: July 1 - September 30, 2022

UConn Health, Center on Aging

Operating Agency: CT Department of Social Services Funder: Centers for Medicare and Medicaid Services

## MFP Benchmarks

- 1) Transition 5200 people from qualified institutions to the community
- 2) Increase dollars to home and community based services
- 3) Increase hospital discharges to the community rather than to institutions
- 4) Increase probability of returning to the community during the six months following nursing home admission
- 5) Increase the percentage of long term care participants living in the community compared to an institution

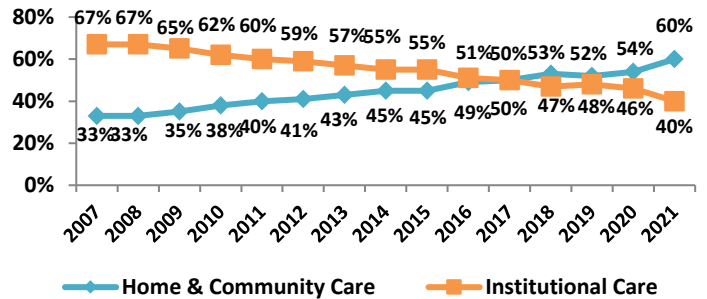
## Benchmark 1: Total Transitions = 7,353

Demonstration = 6,896 (94%)

Non-demonstration = 457 (6%)

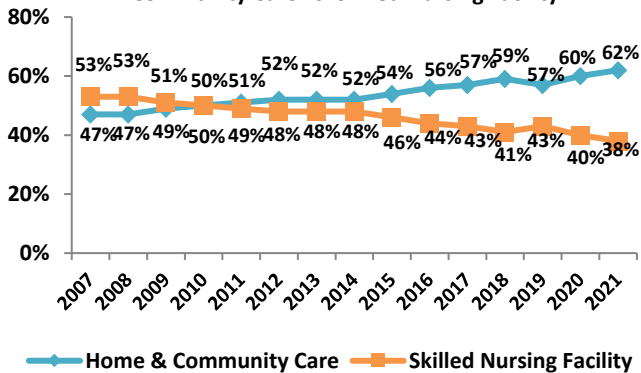
## Benchmark 2

### CT Medicaid Long-Term Care Expenditures



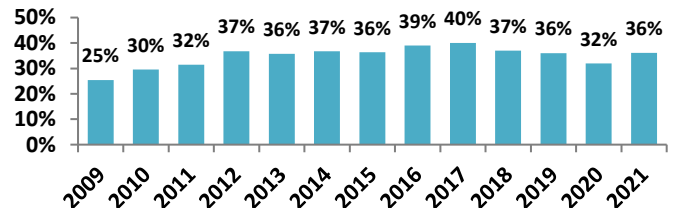
## Benchmark 3

### Percentage of Hospital Discharges to Home and Community Care vs. Skilled Nursing Facility

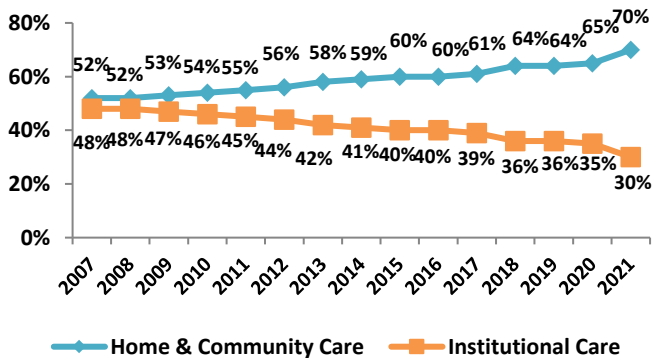


## Benchmark 4

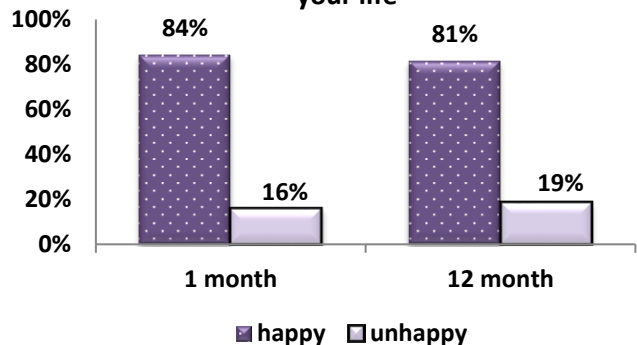
### Percent of SNF admissions returning to the community within 6 months



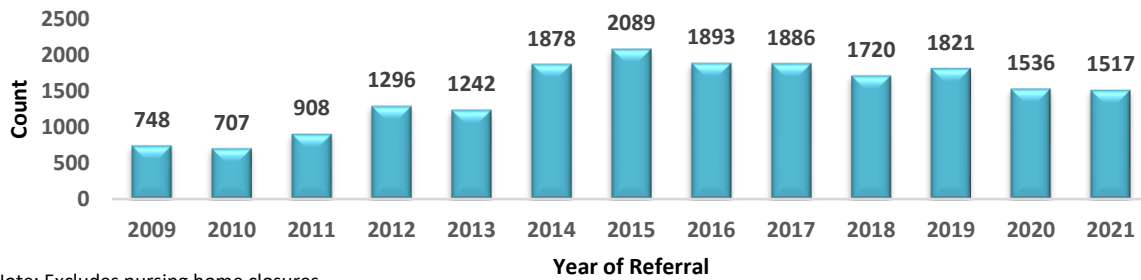
## Benchmark 5: Percent Receiving LTSS in the Community vs. Institutions



## Happy or unhappy with the way you live your life

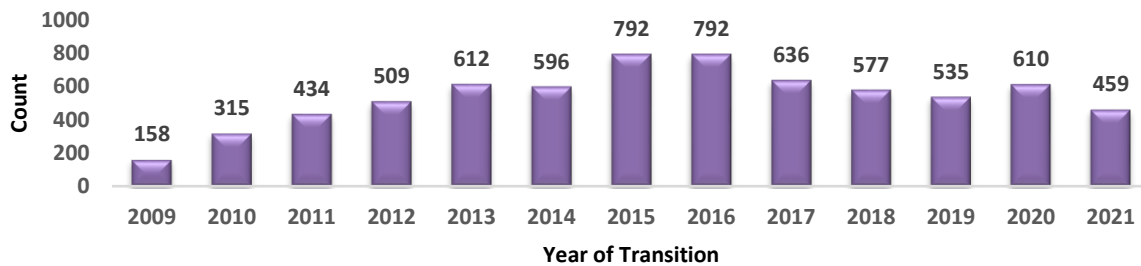


**Total Number of Referrals Assigned to the Field by Year**

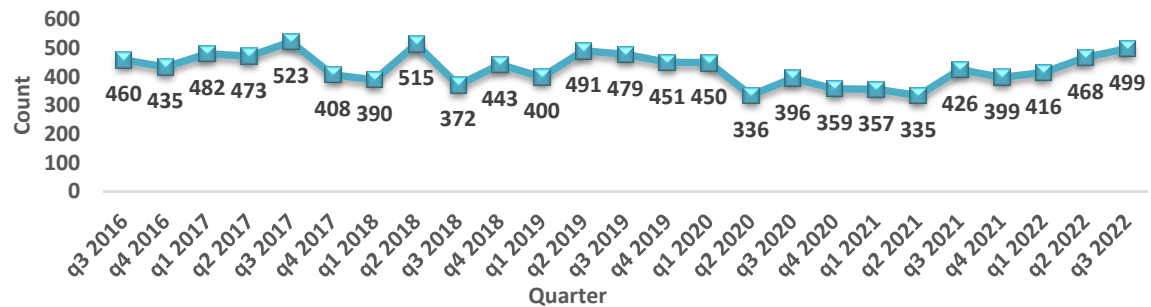


Note: Excludes nursing home closures

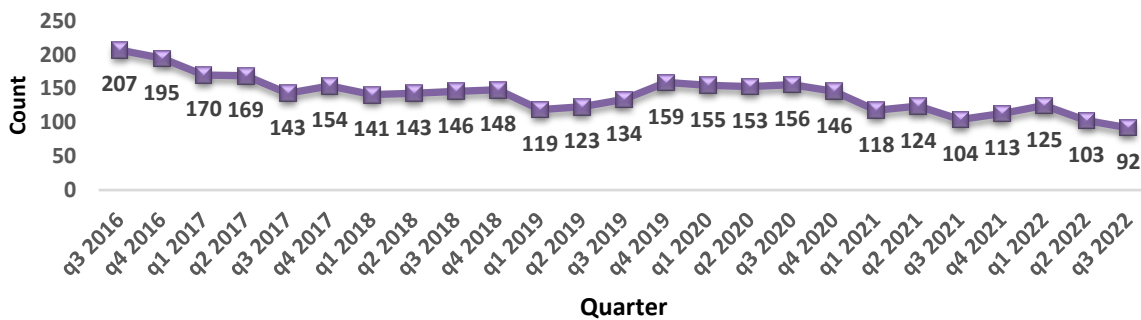
**Total Number of Transitions by Year**



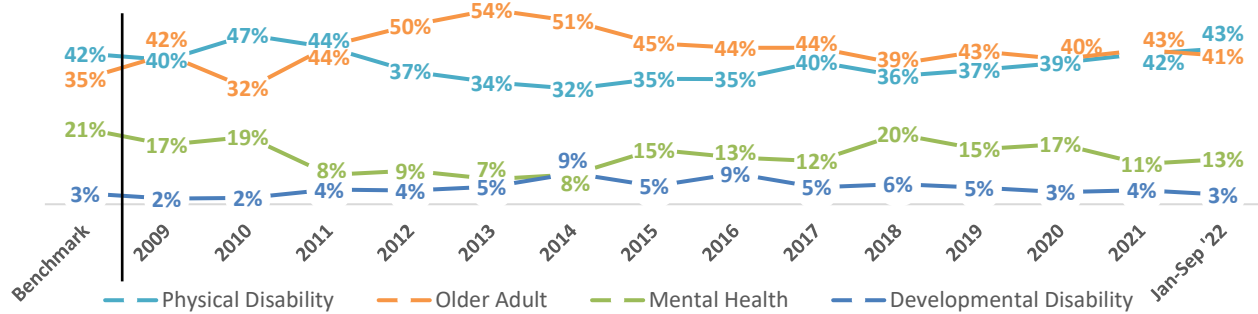
**Referrals Assigned to the Field by Quarter**



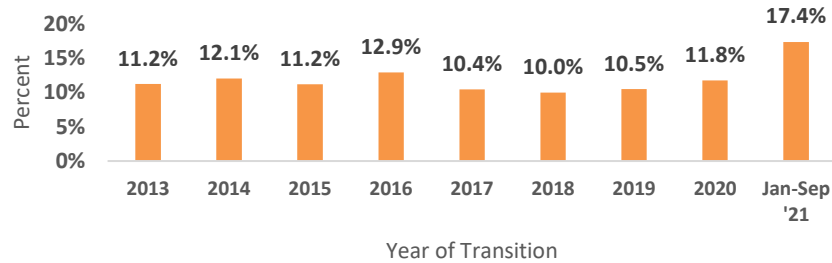
**Number of Transitions by Quarter**



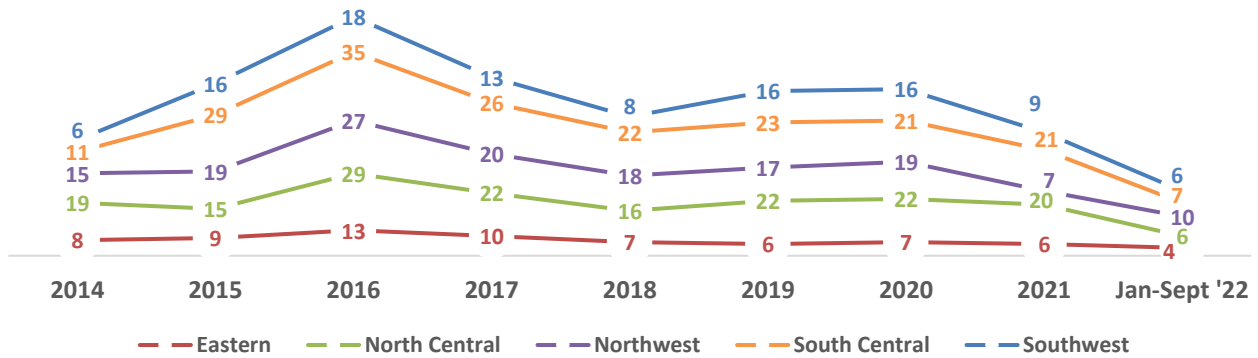
### Target Population for Transitions by Year of Transition (Demonstration Only)



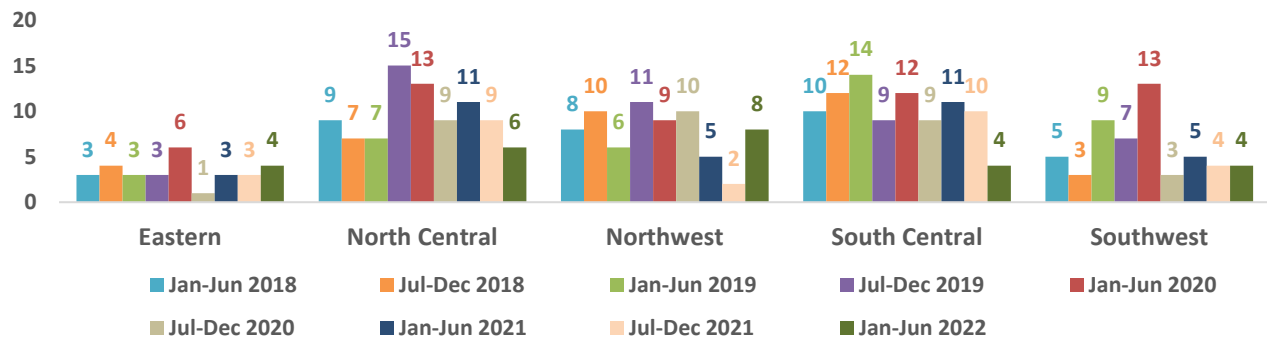
### Participants Who Were in an Institution 12 Months after Transition Regardless of Length of Stay



### Number of Participants with Home Modifications by Year Approved and Region

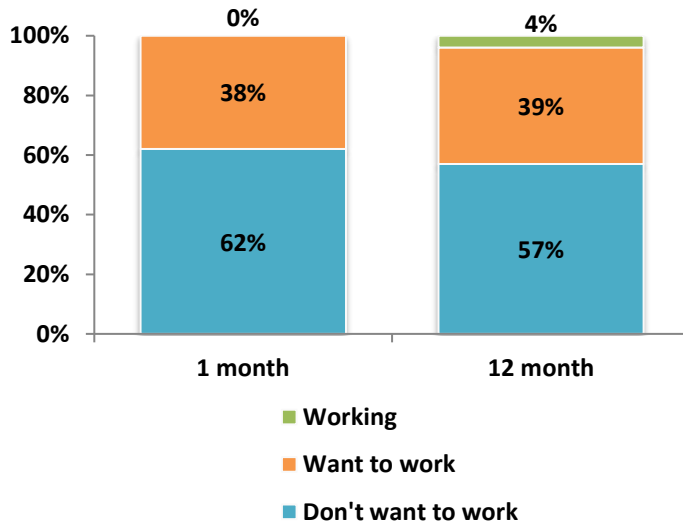


### Number of Participants with Home Modifications per 6 Months

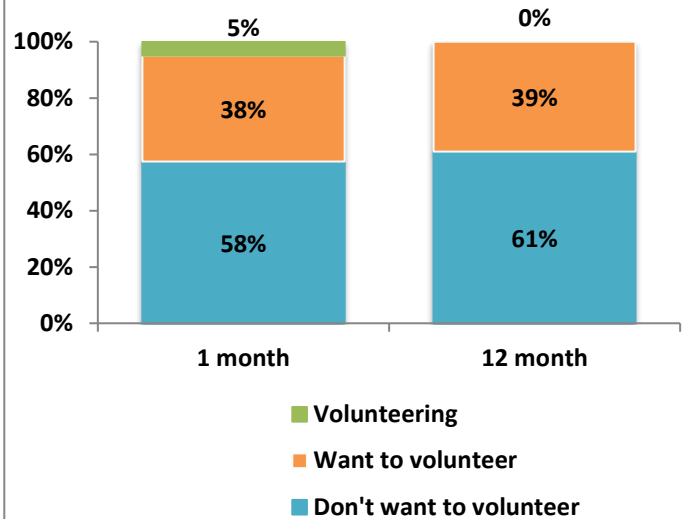


## Participants who are Working and/or Volunteering (data 7/1/22-9/30/22)

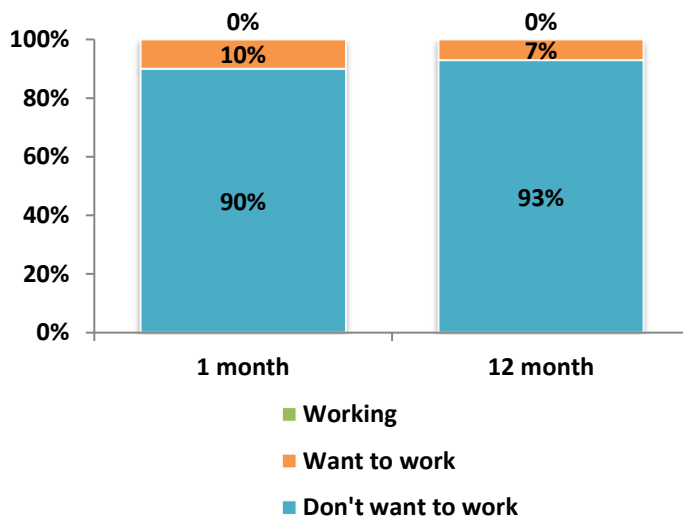
Participants under age 65 who are working and those who would like to work



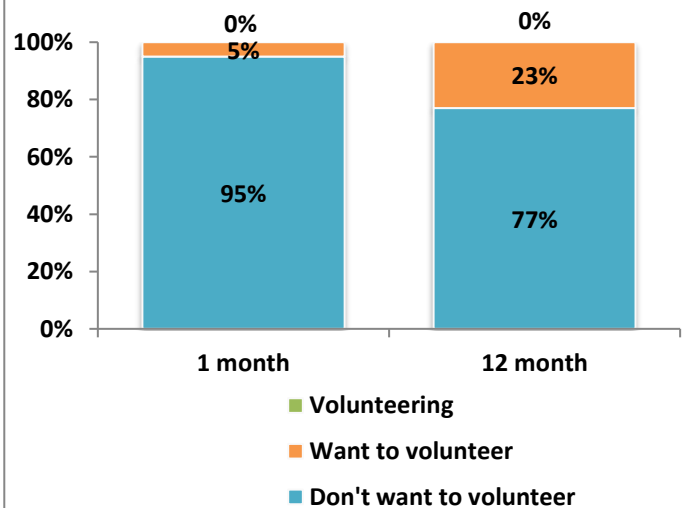
Participants under age 65 who are volunteering and those who would like to volunteer



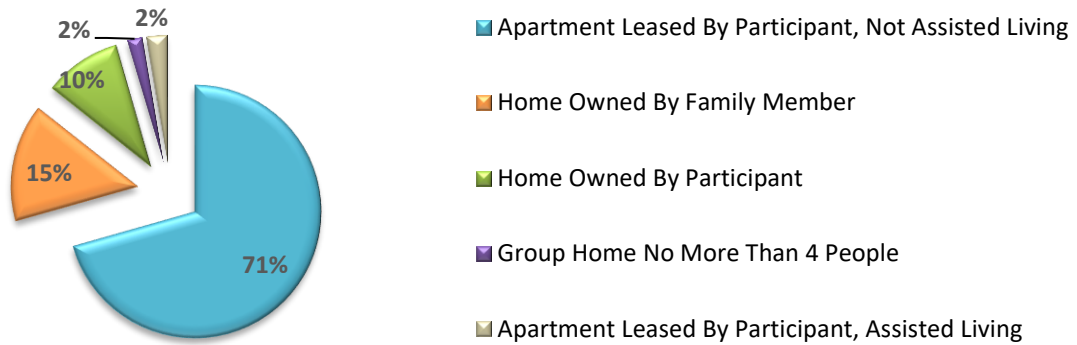
Participants 65 years and older who are working and those who would like to work



Participants 65 years and older who are volunteering and those who would like to volunteer

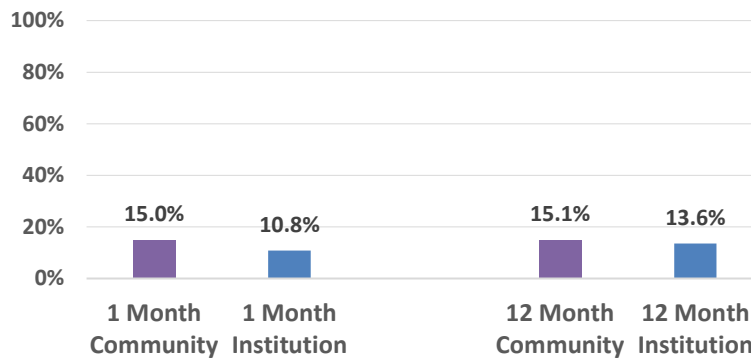


### Qualified Residence Type for Transitioned Referrals: 12/4/2008 to 9/30/2022

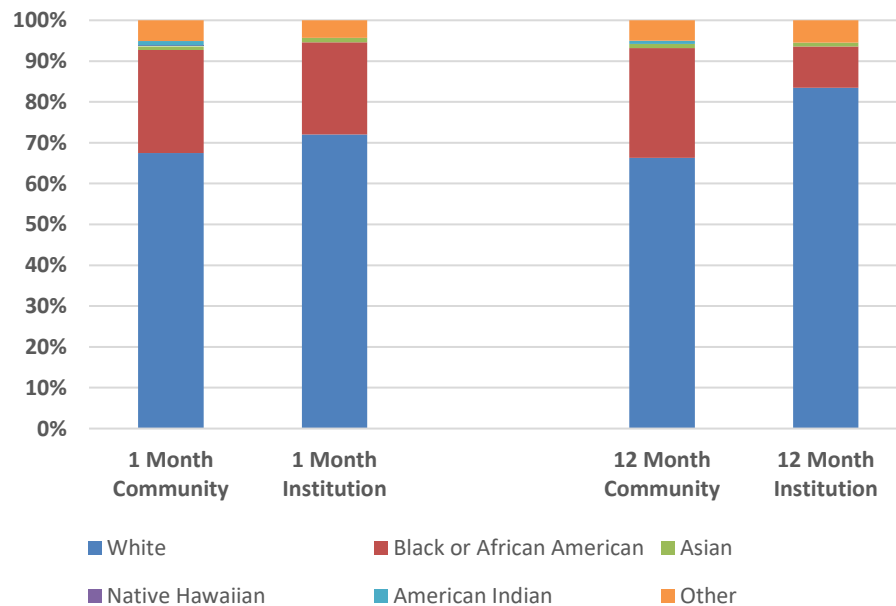


### Race and Ethnicity for Participants Who Transitioned 1/1/19 to 9/30/22

#### Participants Who Are Hispanic



#### Participants' Self-Reported Race



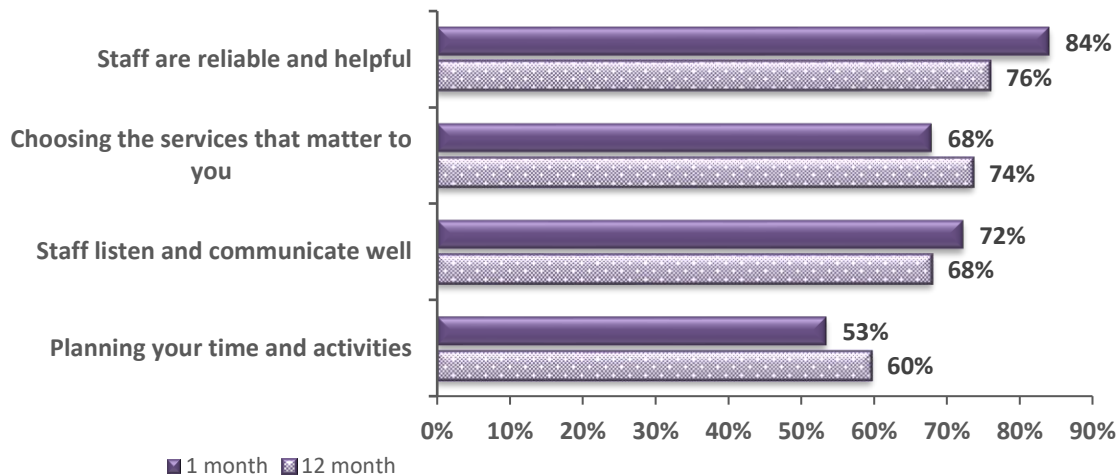
## MFP Quality of Life Dashboard

Number of Quality of Life Interviews Completed from 7/1/2022-9/30/2022 (n=113)

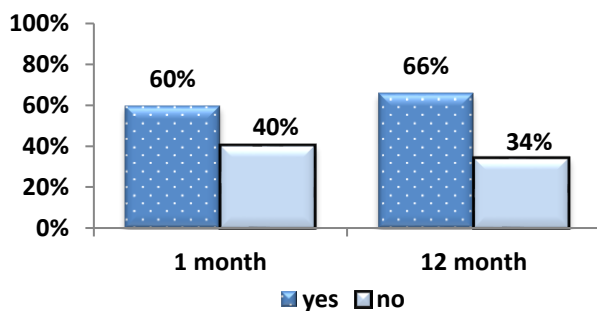
**1 month** interviews done 1 month after transition, n=68

**12 month** interviews done 12 months after transition, n=45

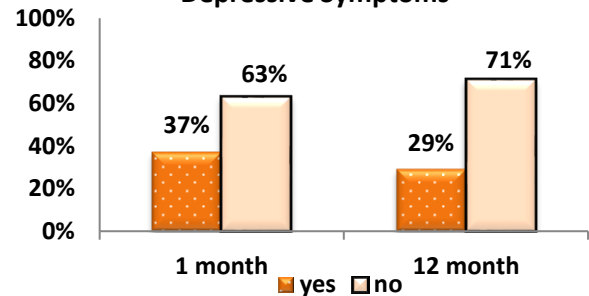
HCBS CAHPS Composite Measures: Percent with Highest Score (e.g. always, yes)



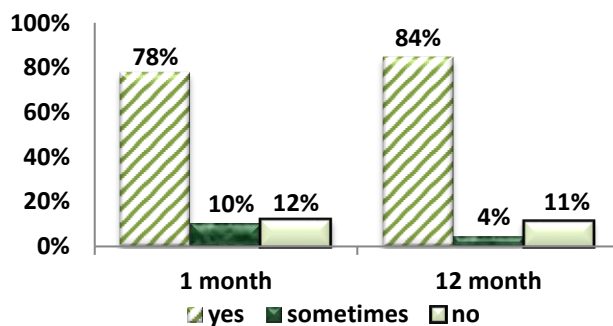
Did any unpaid family members or friends help you with things around the house?



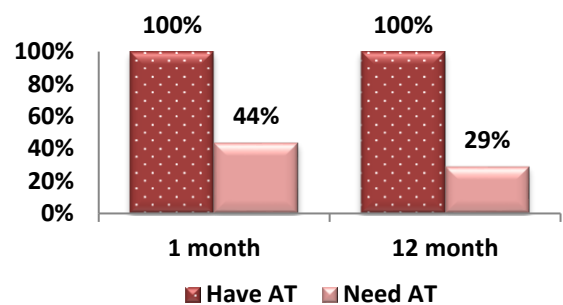
Depressive Symptoms



Do you like where you live?

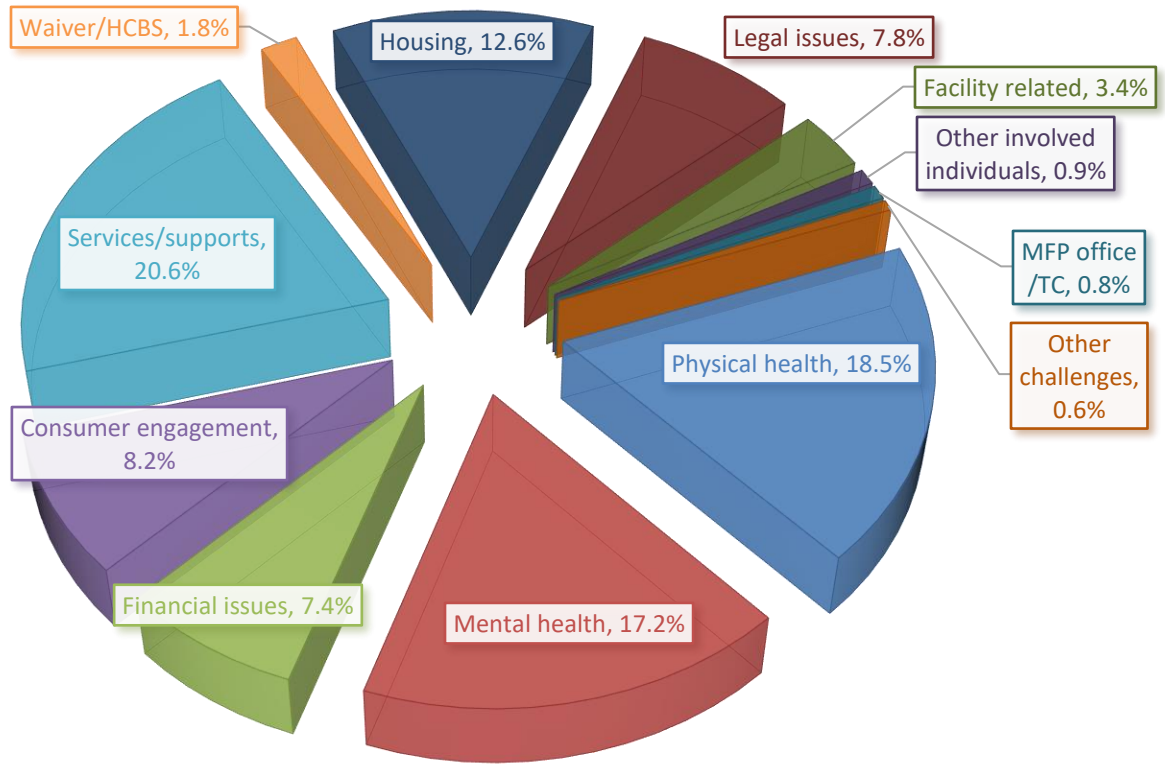


Have or Need Assistive Technology (AT)?

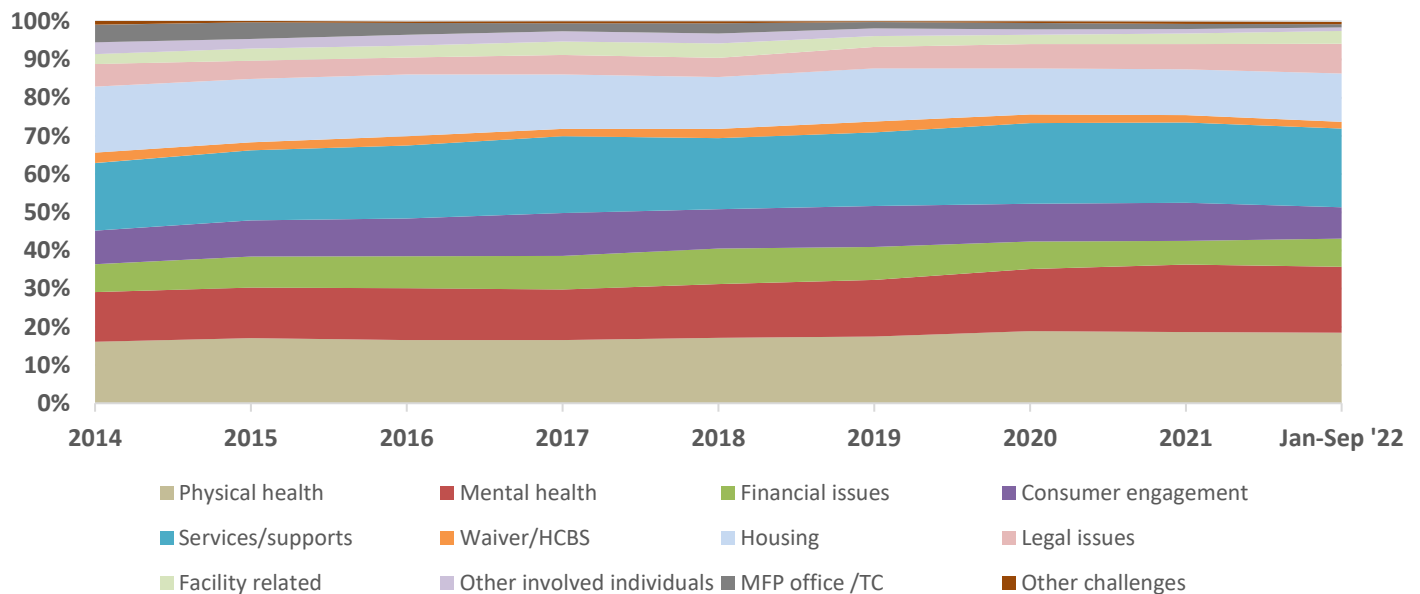


## Challenges to Transition as Recorded by TCs and SCMs

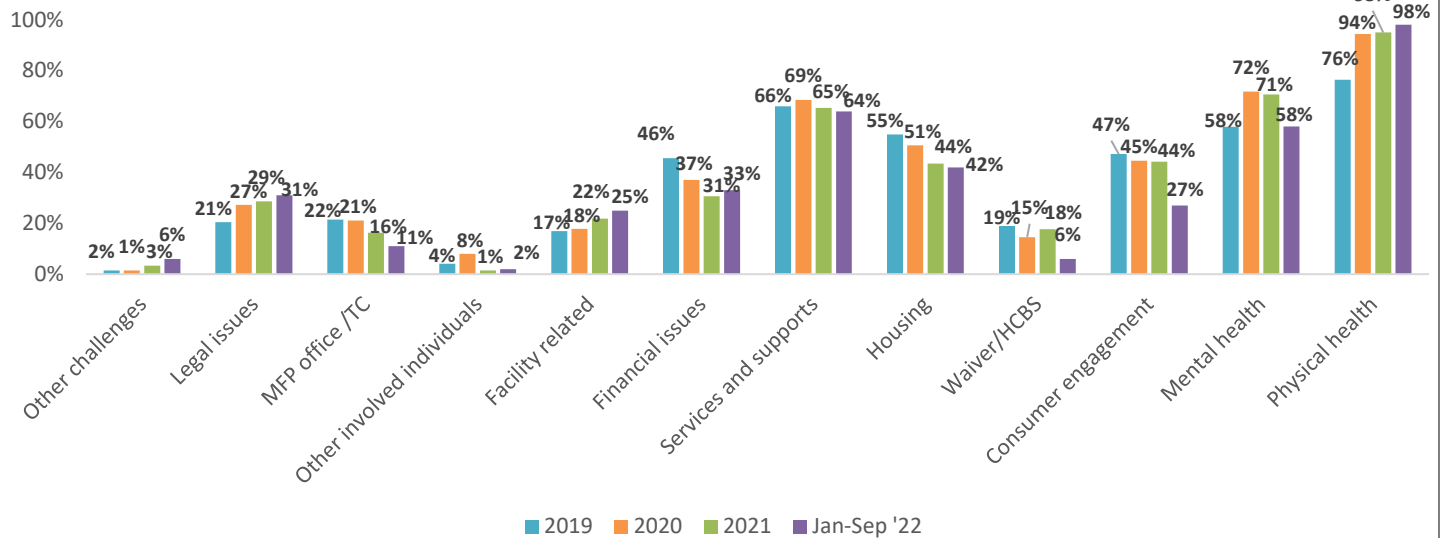
Transition Challenges for Participants Referred Jan-Sep 2022



Frequency of Transition Challenges by Year of Referral



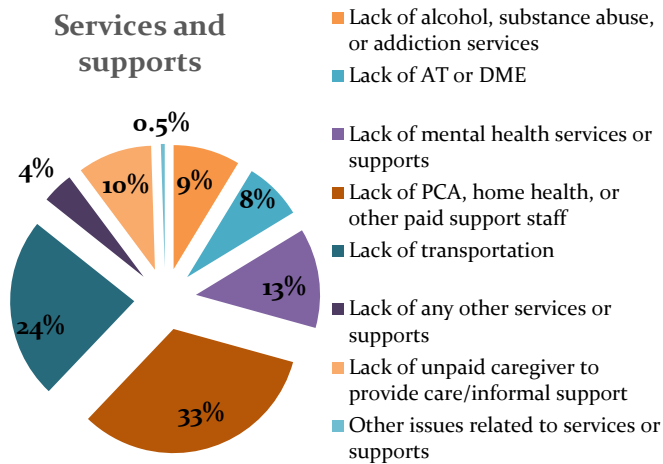
## Participants with Each Challenge who Transitioned by Referral Year



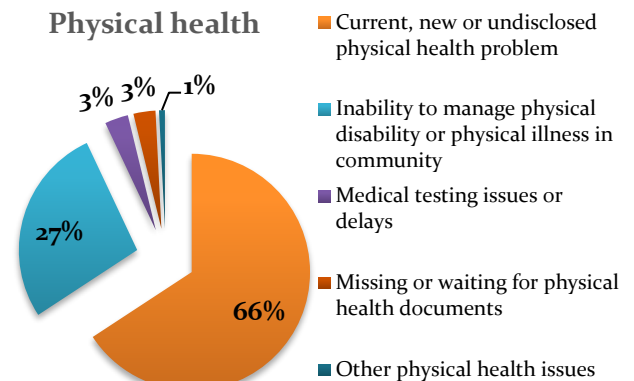
## Types of Challenges for Referrals: 1/1/2022 - 9/30/2022

*Below are the four most common challenge types for the current quarter*

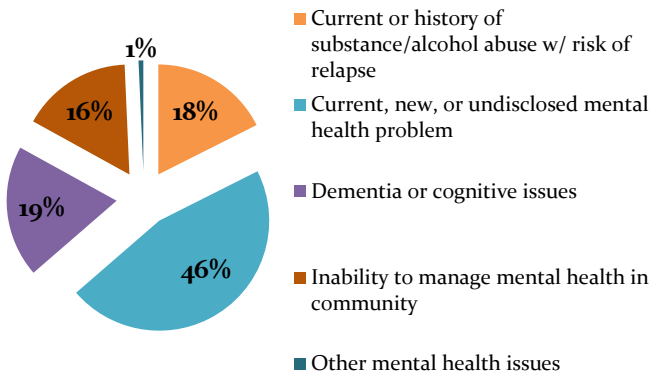
### Services and supports



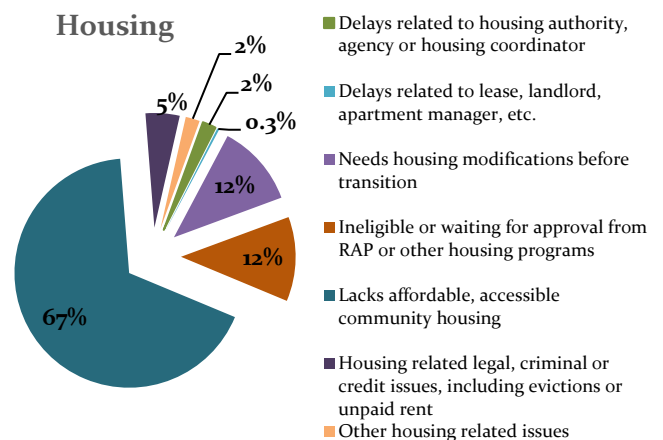
### Physical health



### Mental health

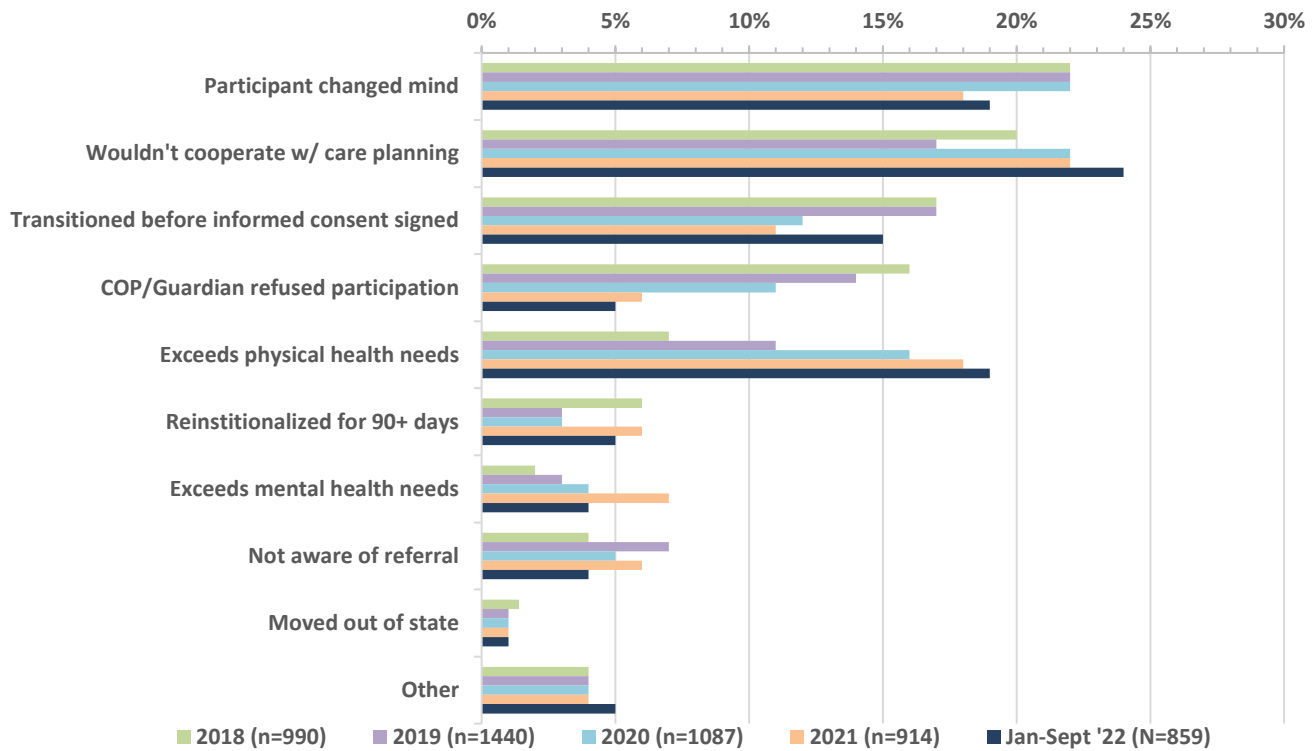


### Housing



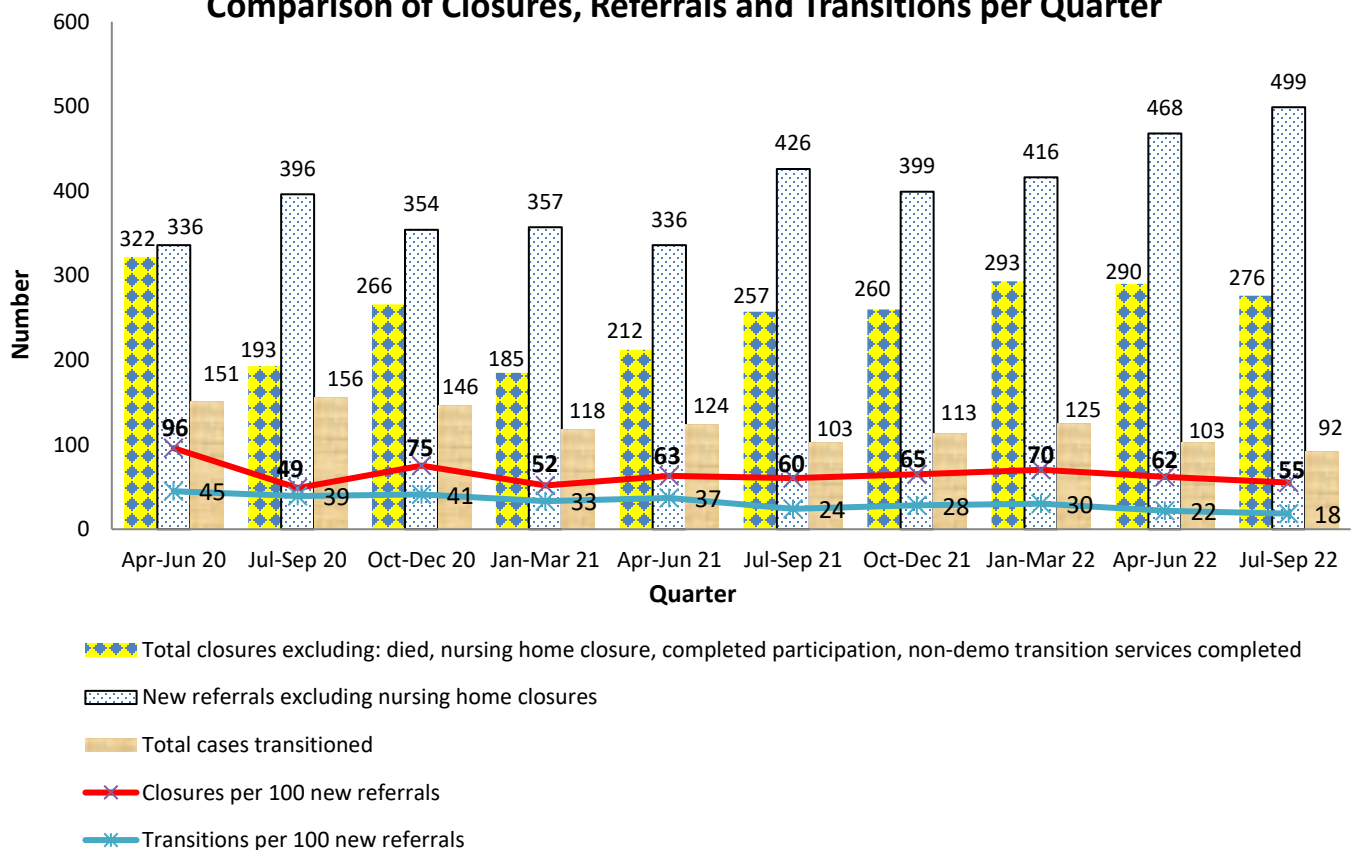


### Frequency of Closure Reason by Year of Closure



Note: Excludes: died, nursing home closure, completed participation, non-demo transition services completed

### Comparison of Closures, Referrals and Transitions per Quarter



## Jashaud's Story

In 2020, you could find 20 year old Jashaud Jenkins at the basketball court, hanging out with friends, or practicing his skills behind the wheel with his newly acquired learner's permit. You might find him spending time with family, teaching his little brother about sports or goofing off. No matter where he was, Jashaud was always the life of the party.

On March 28<sup>th</sup>, 2021, Jashaud was the backseat passenger in a car with three other friends. In an instant, a seemingly normal day transitioned to a nightmare when another vehicle ran a red light and struck their car. Once first responders had arrived, it took 25 minutes to get Jashaud out of the car. By this point, he had no pulse and EMTs were told that he was gone. Despite this, they decided to give him CPR for 33 minutes, which saved Jashaud's life.

Jashaud was sent to Hartford Hospital where his long road to recovery began. His prognosis was grim, and the chance of permanent brain damage was extremely high. They found bleeding in his brain, two collapsed lungs, a fractured pelvis, and a complete spinal cord injury. He was consciously sedated for almost two weeks and on a ventilator, while doctors let his body recover and kept him stable. After 10 days, Jashaud woke up but unfortunately was unable to communicate. He stayed in the ICU for over a month.

On May 7<sup>th</sup>, Jashaud was transferred to a long-term acute care hospital at Hackensack University Medical Center in Westwood, NJ, a unit uniquely designed to serve patients who have complex medical needs and require a lengthy stay in an acute care setting. While recovering here, Jashaud was weaned off the ventilator with supplemental oxygen, something doctors originally said he would never be able to do. He was paralyzed but began working on speech therapy. After more than two months, doctors felt there was nothing more that could be done at that facility and Jashaud was transferred to the Hospital for Special Care in New Britain.

The Hospital for Special Care in New Britain is where Jashaud's mother, Chloe, learned about the Money Follows the Person program (MFP). Although he has quadriplegia (paralysis of both arms and legs) and needed around the clock care, Chloe's main goal was always to have her son back home. MFP was her first glimmer of hope, and she was ready to do whatever was necessary. She met with a care manager from the program and began working with a transition coordinator to outline their next steps.

Chloe described the MFP team as amazing and incredibly supportive. Seeing her son in the hospital every day was extremely overwhelming, as was dealing with his new condition. She felt as though doctors were too quick to give up on him or failed to see the progress Jashaud was making. MFP never made her feel that way, and instead always encouraged her confidence in Jashaud's ability to successfully live in the community again. The plan was underway as MFP helped get a ramp installed at Jashaud's home and provided his family with medical supplies. MFP also acquired an iPad that Jashaud could use in various ways to help him communicate. Chloe hired a contractor to modify a bathroom that would meet Jashaud's needs. Since he would also need around the clock care, Chloe and four other family members were trained to become paid PCAs.

Through MFP and the dedication of his family, Jashaud returned home on September 8<sup>th</sup>, 2022. He is so happy to be surrounded by family once again. Chloe mentioned, "We are a tight family unit; holidays and birthdays were not the same without Jashaud. We needed him home."

Jashaud can now work on his independence in the setting that is best for him. He constantly has friends over and is getting good at using his cell phone again. He and his family are looking forward to seeing all the progress he will continue to make. Chloe finished our interview with mentioning the impact MFP has had. "We have had the opportunity to meet so many amazing people throughout this journey, and our hearts are forever grateful, thankful and blessed."



Photo credit: Chloe Browdy

### MFP Demonstration Background

The Money Follows the Person Rebalancing Demonstration, created by Section 6071 of the Deficit Reduction Act of 2005, supports States' efforts to "rebalance" their long-term support systems, so that individuals can choose where to live and receive services. One of the major objectives of Money Follows the Person (MFP) is "to increase the use of home and community based, rather than institutional, long-term care services." MFP supports this by offering grantee States an enhanced Federal Medical Assistance Percentage on qualified services. MFP also offers states the flexibility to provide supplemental services, such as assistive technology and enhanced transition services, to assist in successful transitions. States are then expected to reinvest the savings over the cost of institutional services to rebalance their long-term services and supports for older adults and people with disabilities to a community-based orientation.