MFP Quality of Life Dashboard
As of 12/31/2018

Note: Percentages may not sum to exactly 100% due to rounding

*Indicates significance of p<0.05 using chi square tests
Cumulative data through 12/31/2018

Baseline interview is done prior to transition; n=5460
6 month interview is done 6 months after transition; n=4220
12 month interview is done 12 months after transition; n=3824
24 month interview is done 24 months after transition; n=2906

*Indicates significance of p<0.05 using chi square tests
*Indicates significance of p<0.05 using chi square tests

**Rate Your Overall Health**

<table>
<thead>
<tr>
<th></th>
<th>baseline</th>
<th>6 month</th>
<th>12 month</th>
<th>24 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>excellent</td>
<td>7.3%</td>
<td>11.3%</td>
<td>11.0%</td>
<td>10.3%</td>
</tr>
<tr>
<td>good</td>
<td>37.0%</td>
<td>35.1%</td>
<td>34.9%</td>
<td>35.9%</td>
</tr>
<tr>
<td>fair</td>
<td>48.5%</td>
<td>42.3%</td>
<td>42.7%</td>
<td>41.6%</td>
</tr>
<tr>
<td>poor</td>
<td>7.2%</td>
<td>11.3%</td>
<td>11.5%</td>
<td>12.2%</td>
</tr>
</tbody>
</table>

**Activities of Daily Living scores**

Range 0 - 6; 0=can do all ADLs independently; 6=need assistance with all*

<table>
<thead>
<tr>
<th></th>
<th>baseline</th>
<th>6 month</th>
<th>12 month</th>
<th>24 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>mean summary score</td>
<td>2.14</td>
<td>2.03</td>
<td>2.02</td>
<td>2.12</td>
</tr>
</tbody>
</table>

**Instrumental Activities of Daily Living scores**

Range 0-7; 0=can do all IADLs independently; 7=need assistance with all*

<table>
<thead>
<tr>
<th></th>
<th>baseline</th>
<th>6 month</th>
<th>12 month</th>
<th>24 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>mean summary score</td>
<td>3.90</td>
<td>4.09</td>
<td>4.12</td>
<td>4.17</td>
</tr>
</tbody>
</table>

**Personal care - unmet needs**

<table>
<thead>
<tr>
<th></th>
<th>baseline</th>
<th>6 month</th>
<th>12 month</th>
<th>24 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 unmet needs</td>
<td>85%</td>
<td>92%</td>
<td>93%</td>
<td>93%</td>
</tr>
<tr>
<td>1 or more</td>
<td>15%</td>
<td>8%</td>
<td>7%</td>
<td>7%</td>
</tr>
</tbody>
</table>

**Did family or friends help you with things around the house?**

<table>
<thead>
<tr>
<th></th>
<th>6 month</th>
<th>12 month</th>
<th>24 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>yes</td>
<td>48%</td>
<td>52%</td>
<td>54%</td>
</tr>
<tr>
<td>no</td>
<td>52%</td>
<td>44%</td>
<td>46%</td>
</tr>
</tbody>
</table>

UConn Health, Center on Aging
Quality of Life interviews from 12/1/08 - 12/31/2018
Connecticut’s Money Follows the Person (MFP) Quality of Life Dashboard  
UConn Health, Center on Aging

The MFP evaluators at the UConn Health’s Center on Aging produce the Quality of Life (QoL) Dashboard every quarter. The Dashboard includes cumulative data for nine domains composed of 15 questions or scales from the QoL Survey. Sixty-two questions compose the full QoL survey which all MFP participants complete before transition (baseline) and at 6, 12, and 24 months after transition. An asterisk (*) indicates items with statistically significant differences across the four survey times.

**Domains and QoL survey questions:**

**Health and well-being**
- Overall health - subjective rating *(excellent, good, fair or poor)*
- Activities of Daily Living (ADLs) – range from 0 to 6; 0 = no ADL impairments
- Instrumental Activities of Daily Living (IADLs) – range from 0 to 7; 0 = no IADL impairments
- Depressive symptoms: “During the past week have you felt sad or blue?” and “During the past week have you felt irritable” *(yes to either or both questions).*

**Assistive technology (AT) use and unmet need** *(asked after transition only)*
- “Do you have any assistive technology?” *(yes/no)*
- “Do you need any assistive technology that you do not have?” *(from a list of 9 AT devices or modifications; or respondents can name other AT not on the list)*

**Access to health care (unmet need)**
- “Is there any medical care, such as a medical treatment or doctor’s visits, which you have not received or could not get to within the past month?” *(yes/no)*

**Access to personal care (unmet need)**
Participants report if care ever does not occur specifically due to lack of assistance, in four areas: going without a bath or shower, going without a meal, going without taking medications, and not being unable to use the bathroom when needed. Scores range from 0 unmet care needs to 4 unmet care needs.

**Choice and control**
This scale summarizes six areas; scores range from 0, no choice and control on any of the six items, to 6, choice and control on all six items: going to bed whenever you want, being by yourself when you want, eating whenever you want, choosing the foods that you eat, talking on the telephone without someone listening, and watching TV whenever you want. Comparisons over time examine the average number of areas of choice and control.

**Respect and dignity**
- For people who are receiving help for personal care activities, the question is “Do the people who help you treat you the way you want them to?” *(yes/no)*

**Community integration and inclusion**
- “Do you go out to do fun things in your community?” *(yes/no)*

**Satisfaction with services and informal assistance**
- “Taking everything into consideration, during the past week have you been happy or unhappy with the help you get with things around the house or getting around your community?”
- “During the last week, did any family member or friends help you with things around the house?” *(asked after transition only)* *(yes/no)*

**Global Quality of Life**
- “Do you like where you live?” *(yes, no or sometimes)*
- “Taking everything into consideration, during the past week have you been happy or unhappy with the way you live your life?”