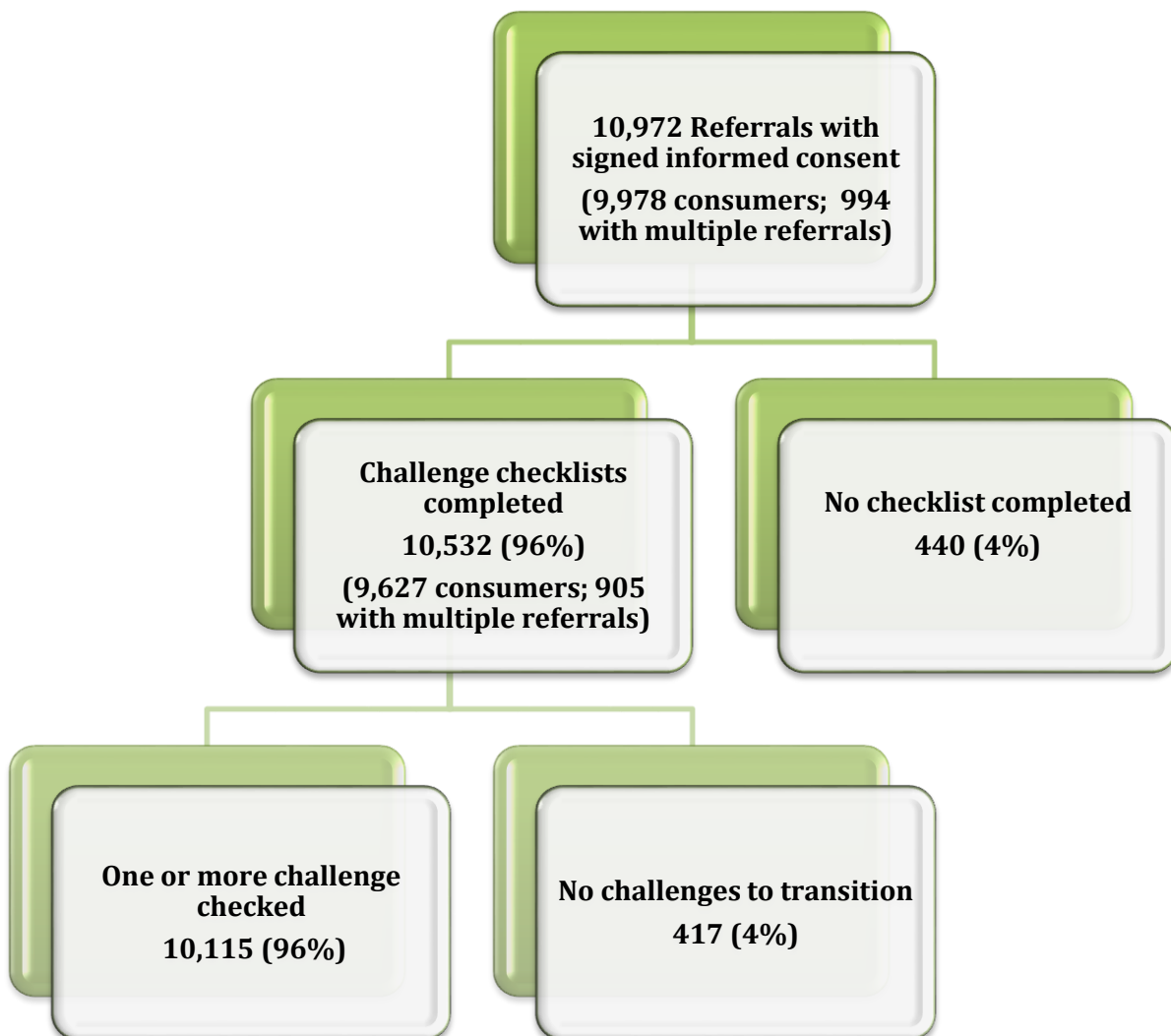


**CT Money Follows the Person Transition Challenges Report – 4th Quarter 2018****UConn Health, Center on Aging**

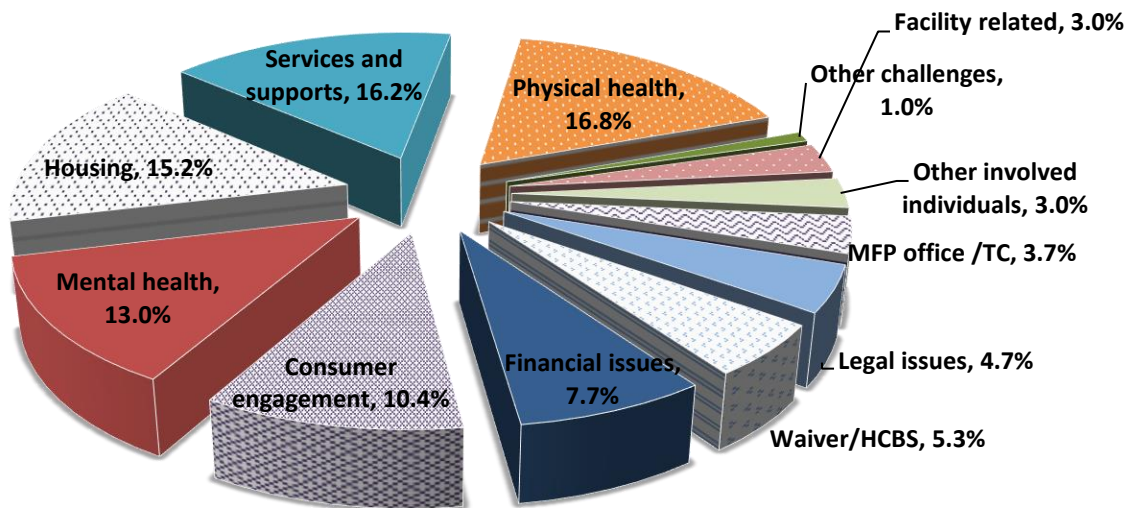
Transition Coordinators (TCs) and Specialized Care Managers (SCMs) complete a standardized checklist of potential challenges to transition for each consumer. Challenges are recorded up until the consumer transitions, or if not transitioning, until the consumer's case is closed. This report includes transition challenge data through December 31, 2018, obtained from Connecticut's My Community Choices MFP Website. The data reported here are cumulative and reflect a combination of demonstration and non-demonstration consumers. Only referrals with signed informed consents are used in the data. Overall transition challenge data and comparisons of type of challenge by transition status and disability type are examined.

As of December 31, 2018, the CT MFP program had made 15,667 referrals to SCM Supervisors. Of these, 10,972 had signed an informed consent form. SCMs or TCs had completed challenges checklists for 10,532 (96%) referrals with signed informed consents. Of those referrals with a completed checklist, 417 referrals (4%) had "no challenges" to transition marked.



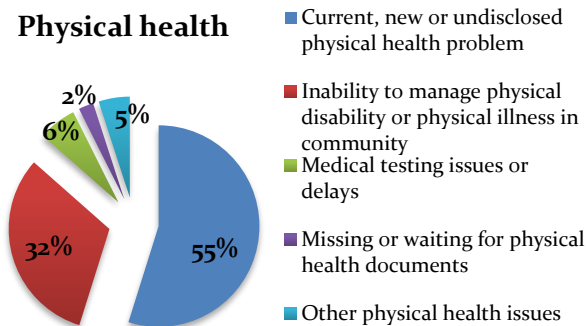
The checklist for potential transition challenges comprises 12 challenge categories, each with four to seven subcategories (not including the category “Other”). Excluding the referrals where the SCM or TC indicated “no challenges,” the 10,532 referrals with completed challenges checklists generated 66,665 separate challenges. Of these, the most frequently reported challenge was physical health (16.8%) followed by challenges related to services and supports (16.2%), housing (15.2%), mental health (13.0%), consumer engagement (10.4%), financial issues (7.7%), and waiver/home and community-based services (HCBS) program (5.3%).

### **Transition Challenge Categories**

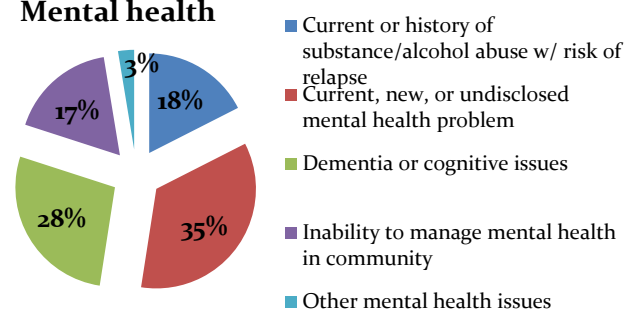


## Types of Challenges

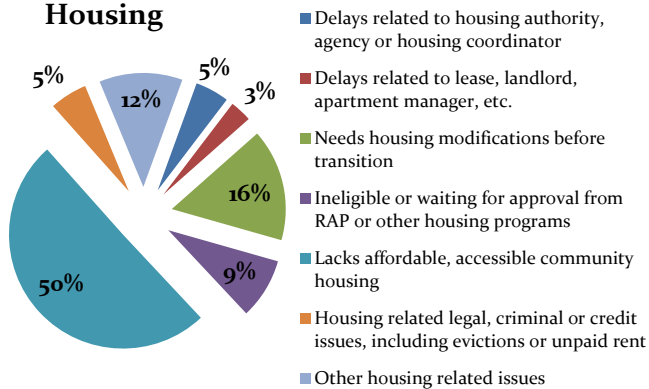
### Physical health



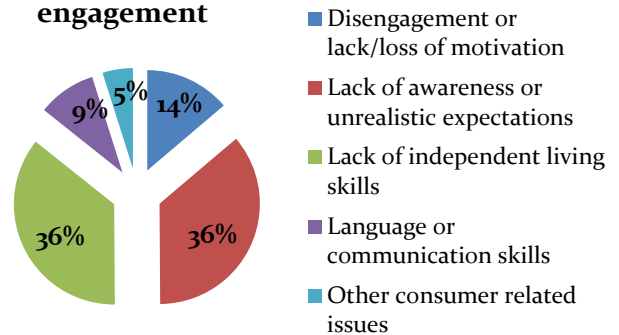
### Mental health



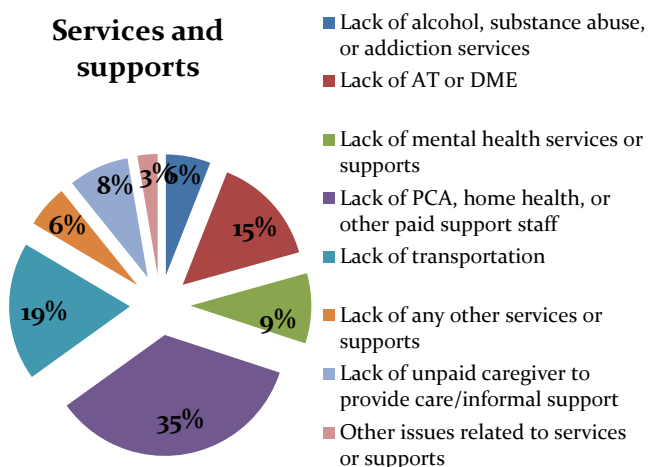
### Housing



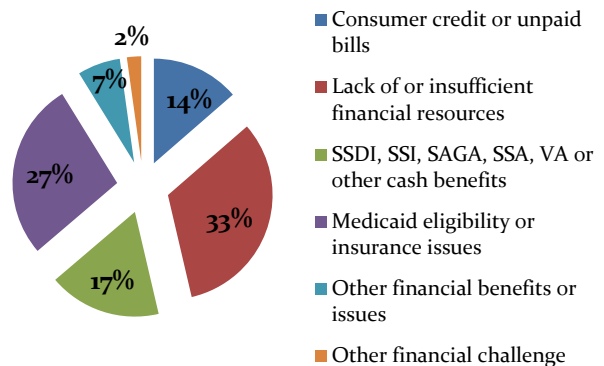
### Consumer engagement



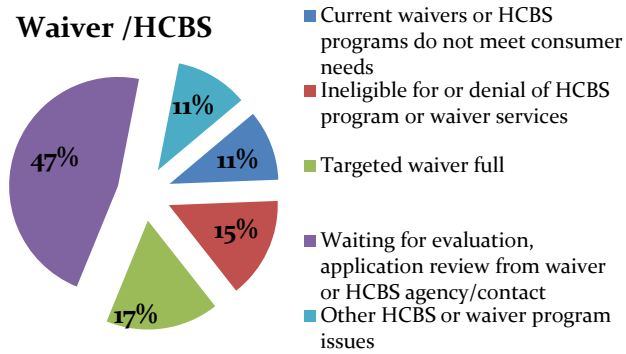
### Services and supports



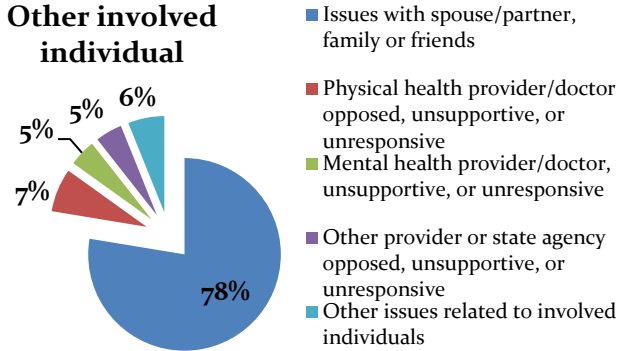
### Financial



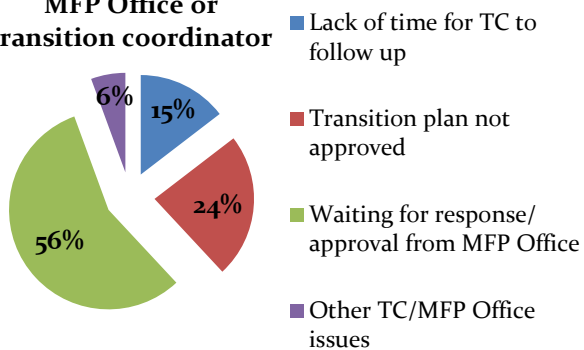
### Waiver /HCBS



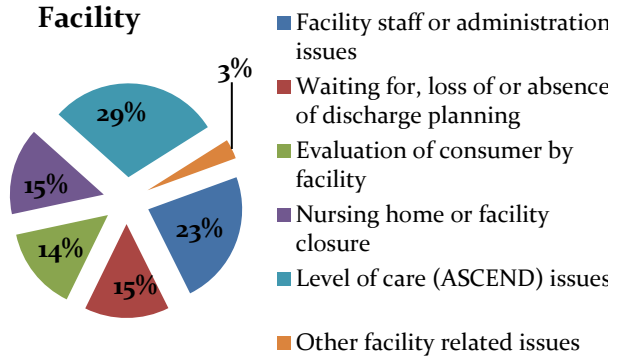
### Other involved individual



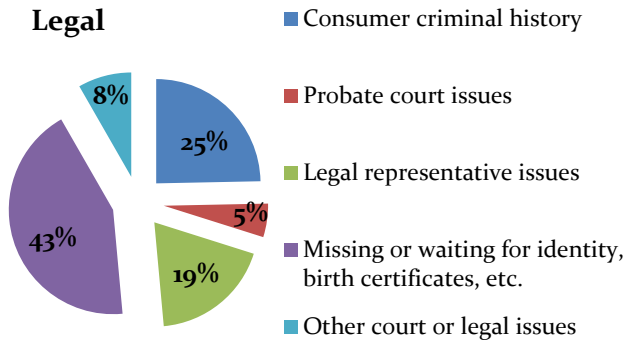
### MFP Office or transition coordinator



### Facility



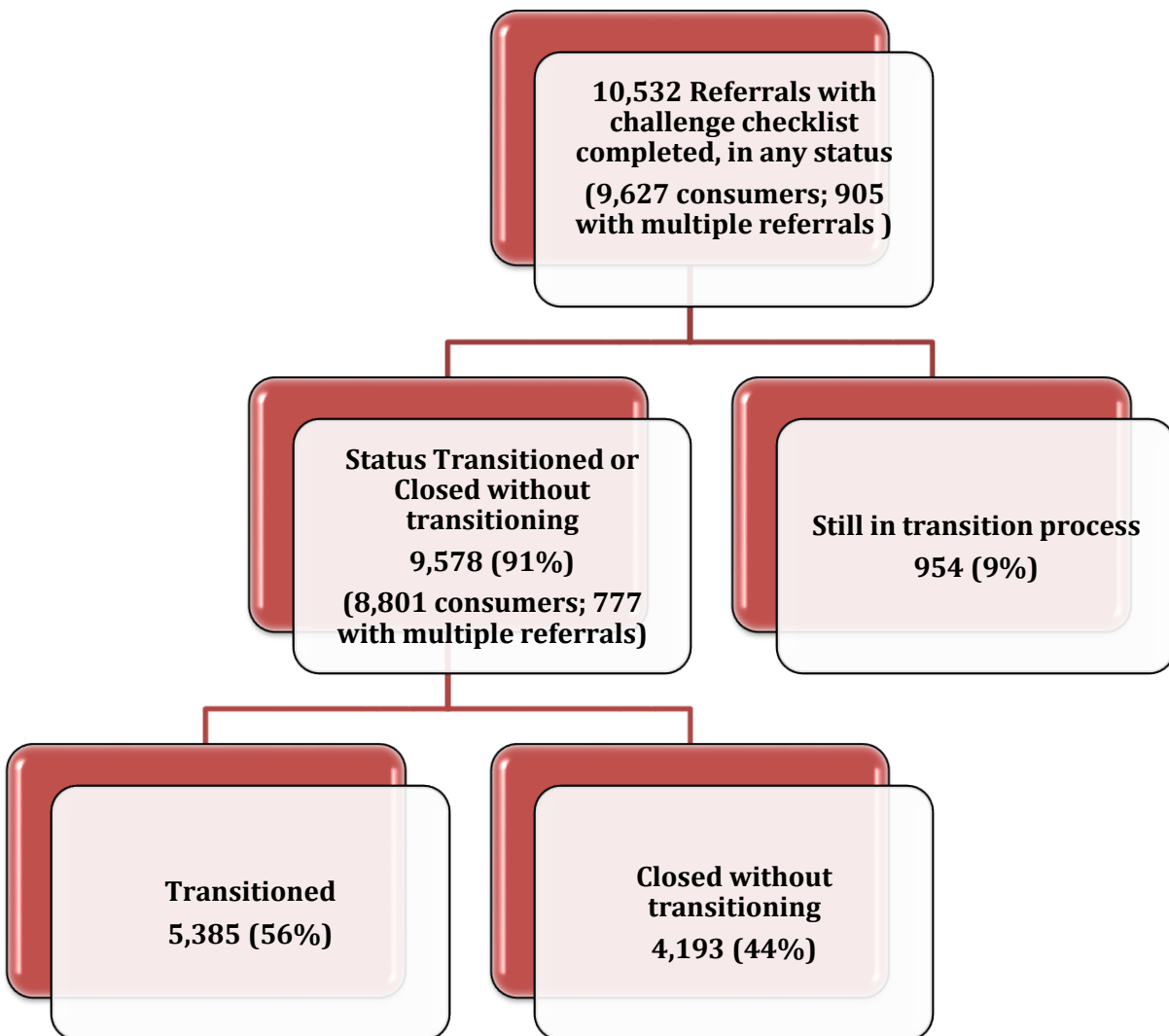
### Legal



### Type of Challenge by Transition Status

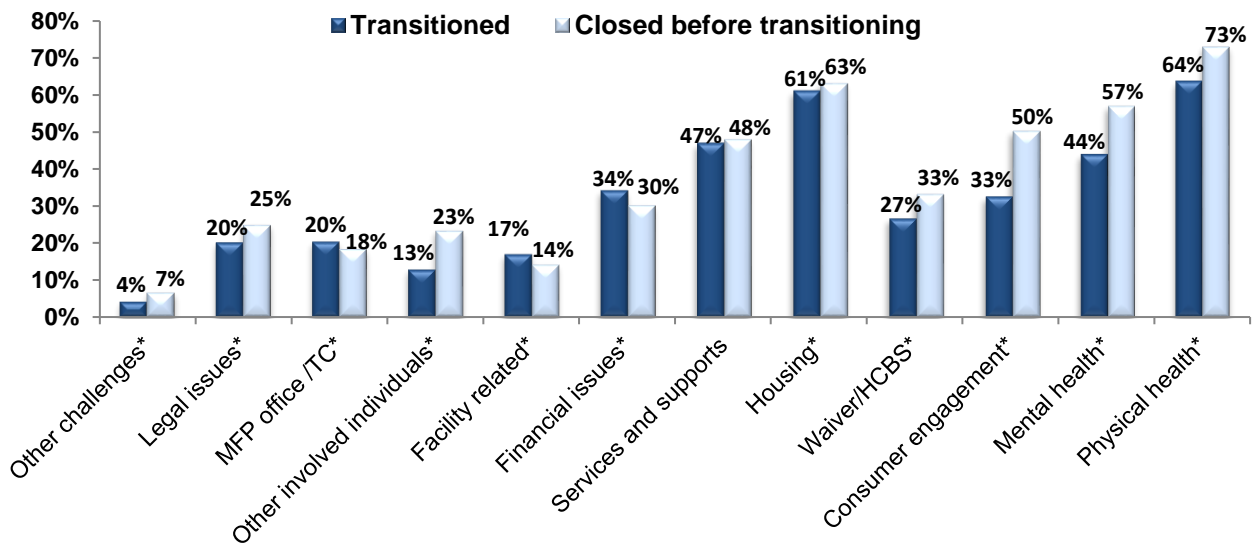
This analysis examines two groups of referrals with completed challenge checklists: those who transitioned and those who closed without transitioning (including recommend closure status), as of December 31, 2018. Of the 10,532 referrals with a completed transition challenges checklist, 9,578 (91%) had either transitioned or closed without transitioning. Of these, 5,385 (56%) had transitioned, while the remaining 4,193 (44%) had closed without transitioning.

#### **Transitioned vs. Closed Prior to Transition with Challenge Checklist Completed**



The transitioned versus closed before transitioning groups showed significant differences in eleven of the twelve challenge categories. A significantly greater percentage of those referrals that closed before transitioning had potential transition challenges related to physical health, housing, mental health, consumer engagement and skills, waiver/HCBS program, legal concerns, other involved individuals, and other challenges. On the other hand, consumers who transitioned faced significantly greater financial, MFP office/TC, and facility related challenges, although these did not prevent the consumer from transitioning. Services and supports challenges had only one percent separating the two groups of referrals and was not significant.

### **Challenges by Transition Status**



\* indicates significance of  $p < 0.05$  using chi square tests

### **Type of Challenge by Disability Type**

In this analysis, potential transition challenges faced by consumers were analyzed by the type of disability listed for each referral: physical health (n=8,361), mental health (n=3,839), cognitive (n=2,992), or sensory (n=931, includes visual or hearing). The following table shows the percent of each disability type that had that particular challenge. For example, physical health was a challenge to transition for 74 percent of referrals with a physical disability, 72 percent with a mental health disability, 71 percent with a cognitive disability, and 76 percent with a sensory disability. Each referral can have more than one disability type.

Seven challenge categories, as well as those with no challenges, were a statistically significant problem for referrals in all of the four disability types: physical health (range 71-76%), mental health (52-78%), services and supports (53-55%), consumer engagement (43-53%), financial (27-36%), MFP office/TC (20-26%), other involved individuals (19-22%), and no challenges (1-2%). Other challenges posed a significant problem for one or more disability types, but not for all four.

Housing was a significant challenge for more than two thirds of those with mental health or physical health disabilities. Housing was also a challenge for 64 percent of people with either cognitive or sensory disabilities, although not statistically significant. Other statistically significant challenges faced by consumers with physical or mental health disabilities comprised legal (25%, 30%, respectively), MFP office/TC (20%, 22% respectively), and other involved individuals (19%, 21% respectively).

Those with sensory disabilities faced additional significant challenges with respect to waiver/HCBS program (33%), MFP office/TC (26%), legal (20%), and other areas (7%). Six percent of consumers with cognitive disabilities also faced significant challenges in other areas.

**Challenges by Disability Type**

<b>Challenge</b>	<b>Physical (%)</b>	<b>Mental (%)</b>	<b>Cognitive (%)</b>	<b>Sensory (%)</b>
<b>Physical health</b>	74.4*	71.7*	70.6*	75.5*
<b>Consumer engagement, awareness, skills</b>	42.8*	51.1*	53.1*	51.2*
<b>Mental health</b>	51.6*	77.9*	68.0*	56.5*
<b>Waiver program</b>	27.7	27.6	29.2	32.7*
<b>Housing</b>	67.6*	70.1*	64.2	63.7
<b>Services and supports</b>	52.9*	53.4*	52.9*	55.2*
<b>Financial issues or insurance benefits</b>	36.0*	35.5*	27.2*	30.1*
<b>Other involved individuals</b>	18.7*	20.6*	21.9*	22.3*
<b>Legal or criminal</b>	25.1*	29.5*	23.0	20.4*
<b>MFP Office or transition coordinator</b>	20.4*	21.5*	20.7*	26.1*
<b>Facility related</b>	17.3*	20.2*	16.4	15.5
<b>Other area</b>	4.7	4.9	5.5*	6.6*
<b>No challenges</b>	2.4*	1.1*	2.2*	1.4*

\* indicates significance of  $p < 0.05$  using chi square tests.