Supporting Adoptive Families

Adoption is more than a way of building a family; it is a lifelong process of joys, personal growth and challenges for all involved. We understand that families may need support from time to time. If you are an adoptive parent and have a question or concern, we are a phone call away.

Supporting Relative Guardians

The placement of a child with kin offers the benefit of being raised by familiar people, staying connected to siblings, and supports a sense of identity and belonging. Kinship care also has logistical, financial, and unique social challenges. If you are a relative guardian and need guidance, we are here to help.

Supporting Educators and Community Providers

If you are a teacher, school administrator, therapist, or other professional, we are here to support the work you do with adoptive and guardianship families. We offer informational meetings, training, consultation services, and more.

860.679.4006
In CT call toll free: 877.679.1961
aap.uchc.edu

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Providing assessment, education, brief counseling and referral services to adoptive families and to those formed through guardianship.
Some of the concerns we help families with:

- Birth family connections
- Bonding and attachment
- Child development in the context of adoption
- Childhood trauma
- Difficulties at home, school or among peers
- Grief and loss
- Identifying resources
- Identity and self-esteem
- Navigating new family roles
- Parenting children with social, emotional, and behavioral issues
- Talking with your child about adoption
- Transitioning from foster care to adoption

Our Services Include:

Assessment and Brief Counseling
Recognizing that every family is unique, our assessment process will help us tailor recommendations that are designed to support family functioning and strengthen family bonds.

Referrals
Referrals to professionals and other resources trained to support adoptive and guardianship families.

In-Home Support and Case Management
Case management services connect families to community based resources and provide advocacy and ongoing assessment of need. In-home services provide a personalized care plan designed to empower families to parent with confidence.

Information and Education
Website with related links, workshops and trainings for parents, professionals and educators, and a lending library of resources designed for parents and professionals.

Who is eligible for AAP Services?
The program is designed to meet the needs of families who have adopted children from DCF’s legal custody and relative caregivers of children in DCF’s subsidized guardianship program. On a limited basis, the AAP director may waive eligibility criteria so that additional families may be served.

Who may call the AAP?
Any family member may contact the AAP, no matter how recent or how long ago the adoption or guardianship took place. To speak with a Social Worker, call us at: 860-679-4006.

Is the AAP confidential?
The AAP is a voluntary and confidential service. Information is never released without your written permission or as deemed necessary by law.

What is the cost of the AAP?
There is no cost to you or your family member for AAP services. If you are referred to an outside resource or service, the cost may be offset by your insurance.

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