



Stroke Survivor Group

UConn Health's Stroke Center invites stroke survivors, families, and caregivers to a monthly group meeting to discuss issues surrounding life after having a stroke.

DISCUSSION TOPICS:

- Stroke Prevention
- Coping Methods
- Support Systems
- Rehab Tips
- Resources
- Promoting Independence

MEETING INFORMATION:

Date: Fourth Wednesday of every month

Time: Noon to 1 p.m.

Location: UConn Health, Outpatient Pavilion, Floor 3, Large Conference Room



Directions: From the Farmington Avenue entrance, proceed to the roundabout and follow the signs for the Outpatient Pavilion and Garage 1.

CONTACT INFORMATION:

For further information, contact Jennifer Sposito, R.N., M.S.N., UConn Health Stroke Center Coordinator, at [860.679.4846](tel:860.679.4846).